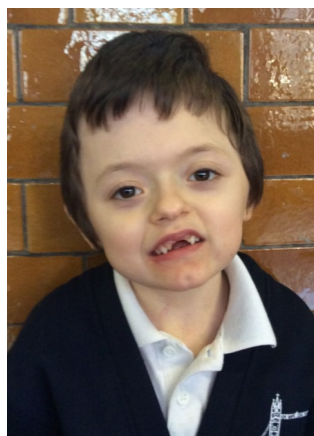




Postcard winners this week!



Tell A Good Tale

This week's Tell A Good Tale was awarded for sharing things with others during playtime and lunch.

Important Dates This Term

- 25/1—Speech and Language Parent Workshop
- 30/1—KS2 Reading Comprehension and Phonics and Literacy in EYFS Parent workshops
- 2/2— Orange Class Assembly
- 5/2—Pupil/Parent Review Day
- 6/2—Safer Internet Day
- 7/2—E-safety Parent workshop
- 1/3—World Book Day
- 16/3—Yellow Class Assembly
- 23/3—Green Class Assembly
- 26/3—29/3—Enterprise Week
- 27/3—Spring Fair

Free Drama for 6-11 year –olds

The playful theatre company Coney are looking for 20 young people with passion for drama! The selected young people will take part in a week of drama workshops across February half term and then perform at Colab Factory near London Bridge. If you would like your child to take part why not attend the greet and meet session on Saturday 20th January (tomorrow) at 11:00-15:00 at 74 Long Lane SE1 4AU? You can also call the organisers on 020 7377 0088.

Term dates for 2017-2018

Spring Term

Thursday 4th January—Friday 9th February 2018 (School closes at 3.30pm)

Monday 12th February—Friday 16th February 2018 – Half Term

Monday 19th February—Thursday 29th March 2018 (School closes at 1.00pm)

Summer Term

Tuesday 17th April - Friday 25th May 2018

(Monday 28th May—Friday 1st June 2018 – Half Term)

Monday 4th June—Friday 20th July

INSET DAYS (School closed to pupils)

- Wednesday 20th December 2017
- Tuesday 2nd January 2018
- Wednesday 3rd January 2018
- Monday 16th April 2018



Thank you PC Chris for coming in to see Caterpillar and Butterfly Classes this week as part of their learning about "People who help us." The children were very excited and asked many important questions.

Attendance and Punctuality

Week beginning 4th January: 95%

Termly totals	Absences	Lates	Points
Year 1—Red Class	9	14	50
Year 2—Orange Class	7	21	75
Year 3—Yellow Class	6	16	75
Year 4 - Green Class	2	5	225
Year 5—Blue Class	7.5	12	50
Year 6—Purple Class	7	9	150

Attendance Winners Green Class—Year 4

Punctuality Winner Green Class—Year 4

Packed Lunches

A recent survey by the Food Standards Agency, found that nine out of ten children take packed lunches to school that contain too much saturated fat, sugar and salt.

In addition, we request that parents do not include the following items in packed lunches:

- Fried food
- Sweets (including Winders), chocolate
- Crisps or any packet savoury snacks high in salt and fat
- Fizzy drinks/sugary drinks
- Sweet cakes, e.g. sugary cakes, doughnuts



Here are some ideas and tips to help provide your children with a healthy packed lunch:

Try to include a variety of food from the four main food groups e.g.

- ⇒ one portion of vegetables or salad and a portion of fruit
- ⇒ one portion of milk and dairy (yoghurt, cheese etc.)
- ⇒ one portion of meat, chicken, fish, eggs, peanut butter or beans
- ⇒ one portion of starchy food such as bread, rice, pasta or potatoes
- ⇒ Always include a bottle of water to help your child concentrate..
- ⇒ Cook some extra pasta, rice or potatoes with dinner the night before to make into an effortless and tasty salad for lunch the next day.

A Guide to Building...

Healthy Snacks & Lunchbox

P2/P

Bring
WATER
everyday!

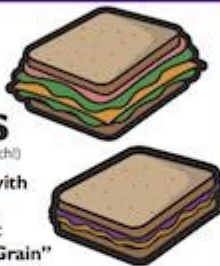
Putting tap water
in a reusable
bottle is FREE and
will help keep
your child
hydrated all day!



Whole Grains

(Great for Snack or Lunch!)

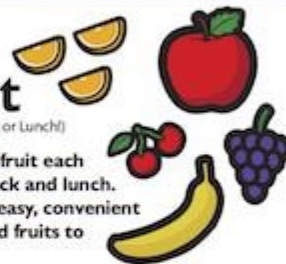
Make sandwiches with whole grain bread. Look for labels that say "100% Whole Grain"



Fruit

(Great for Snack or Lunch!)

Pack fresh fruit each day for snack and lunch. These are easy, convenient ways to add fruits to your day



Pack healthy snacks each day. Add a healthy sweet or savory treat. Try whole grain crackers and pretzels for savory snacks or dried fruits for sweet treats.

Snacks



Add veggies in your child's lunch. They add a healthy crunch instead of chips.

Veggies

(Great for Snack or Lunch!)

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The School Council will be carrying out 'lunch-box looks' and will award certificates and stickers to children who have healthy packed lunches.