

Robert Browning, Snowfields and Tower Bridge Primary Schools

We learn and succeed together



24th April 2020



@PrimaryRobert @SNSPrimary @tbprimary Find us at: www.bridgesfederation.org.uk

CLOSURE

As of Friday **20th March** our schools are closed to all children except for children of key workers and the most vulnerable.

Home Learning

While at home during the Coronavirus outbreak, please remember to use our school e-learning platforms such as: Mathletics, Reading Eggs and Spellodrome to continue learning throughout your time at home.

Remember to also follow your class twitter handle for daily updates, ideas and activities that can be completed daily. Below, you will find the links to your class google site and Twitter handle.

There are so many lovely videos and pictures of children working! Parents, please continue to share, but do not name children in the posts if their image is tweeted.

Please also be reminded that

Children should not have their own twitter accounts. As a federation, we have decided to use Twitter to communicate resources to parents for children to complete at home. Not all content on twitter is appropriate for children. The minimum age for a Twitter account is 13 years old.

Welcome Back

We hope you had a restful Easter break and welcome to the summer term even though slightly different from the usual! We have all had to adapt to new ways of working and so we want to take this opportunity to say what an amazing job you are doing supporting your child's wellbeing and learning during this unprecedented time. The government have released guidance to support parents/carers with continuing your child's education during the coronavirus, which can be found on the link below.

<https://www.gov.uk/guidance/help-primary-school-children-continue-their-education-during-coronavirus-covid-19>

We hope you are all safe and well. However, if your circumstances have changed or you just need to speak to someone please call the school on **02075259065**.

We are here to help.

Twitter Handles for all three Schools

Snowfields Primary

@rainbow_sns
@SNSFoundations
@SNSRed1
@SNSOrange2
@SNSYellow_3
@SNSgreen_4
@SNSBlue5g
@SNSPurple6

Robert Browning

@RBCaterpillar
@RBButterfly_
@RBRedClass
@RBOrangeClassY2
@RBYellowClass
@RBGreenClass
@RBTurquoise
@RBBlueClass
@RBPurpleClass

Tower Bridge

@tb_butterfly
@CaterpillarTb
@TBRedClass
@TBOrangeClassY2
@TBYellowClassY3
@TBGreenClassY4
@TBBlueClassY5
@TBPurpleClassY6



Learning at home



Please click on the links below for your year group Google class page which your children's teacher will update regularly with activities for your children to complete at home, remember to tweet us all the brilliant work you are doing.

Rainbow Class: <https://sites.google.com/view/rainbow-class-home>

Nursery Class: <https://sites.google.com/view/caterpillarclassathome/home>

Reception Class: <https://sites.google.com/view/sns-butterfly-class/home>

Year 1: <http://sites.google.com/view/thebridgesy1/>

Year 2: <https://sites.google.com/view/thebridgesy2/home...>

Year 3: <https://sites.google.com/view/yellowclassyear3/home>

Year 4: <https://sites.google.com/view/greenclasshome/home>

Year 5: <https://sites.google.com/view/blue-class-home/home>

Year 6: <https://sites.google.com/view/purple-class-home/home>

Useful Contacts for Parents

Solace 0808 802 5565

<https://www.solacewomensaid.org/>

Southwark Local Offer

<https://localoffer.southwark.gov.uk/>

Samaritans

<https://www.samaritans.org/how-we-can-help/contact-samaritan/>

Guidance on closure of educational setting

<https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers>

Southwark Food Bank

<https://southwark.foodbank.org.uk/>

Financial advice and support for Southwark residents

<https://www.southwark.gov.uk/health-and-wellbeing/public-health/for-the-public/coronavirus/financial-support-for-residents>

Coronavirus and mental wellbeing

<https://www.nhs.uk/oneyou/every-mind-matters>

Keeping in Touch

Teachers have been working hard behind the scenes to be able to set weekly English-writing, reading, phonics (where appropriate) and maths activities on Mathletics, Reading Eggs and Purple Mash. Please ensure that your child is accessing these activities. The children should all know their login details but if they are unable to access the activities because they have forgotten their personal details, please do not hesitate to contact the school on: 020 7525 9065

Sharing Children's Work on Twitter

Thank you for sharing your lovely videos and photos on Twitter. In accordance with our schools e-safety and safeguarding policy, please avoid including your child's name in your post.

Well done to all of our children who have shared on Twitter examples of some of the activities they have been completing at home. Below are the names of those children along with some Twitter posts.

HOME LEARNING



Robert Browning

- | | |
|---------------|-------------|
| Hibatullah Y1 | Faisal Y1 |
| Liviny Y1 | Sayid Y1 |
| George Y2 | Elijah Y2 |
| Anum Y2 | Teddy Y2 |
| Kara Y2 | Austin Y2 |
| Mohammed Y2 | Rahi Y2 |
| Naaim Y2 | Olivia Y4 |
| Isabelle Y4 | Aneeqa Y4 |
| Luke Y4 | Sheerin Y4 |
| Amila Y4 | Liam Y4 |
| Ellie-Rose Y4 | Betsy Y4 |
| Anthony Y4 | Kelly Y4 |
| Qi Zong Y4 | Sara Y4/5 |
| Temi Y5 | Tiago Y5 |
| Aminata Y5 | Jeremy Y5 |
| Ethan Y5 | Luca Y5 |
| Chloe Y5 | Soriyah Y5 |
| Diego Y5 | Sian Y5 |
| Adam Y6 | Abdoul Y6 |
| Mohammed Y5 | Henry Y6 |
| Dara Y6 | Leoander Y6 |
| Hamirah Y6 | Bola Y6 |
| Michael Y6 | Kimberly Y6 |

Snowsfields

- | | |
|--------------|--------------|
| Maisie YR | Ted YR |
| Eliana YR | Azzan YR |
| Joab YR | Maya YR |
| Jayci YR | Eva YR |
| Camilla YR | Meagan YR |
| Francis Y1 | Lily Jean Y1 |
| Kareem Y1 | Preston Y1 |
| Nia Y1 | Melat Y1 |
| Eugenio Y1 | Regina Y1 |
| Rayaana Y1 | Emmanuel Y1 |
| Nahla Y1 | Caleb Y6 |
| Bethany Y2 | Raila Y2 |
| Jayden Y2 | Oumeira Y2 |
| Lily Rose Y2 | Romeo Y2 |
| Mosunmola Y2 | Leena Y2 |
| Imran Y2 | Keegan Y2 |
| Isabella Y2 | Enzo Y2 |
| Jason Y2 | Raphael Y2 |
| Ilthre Y2 | Amani Y3 |
| Imani Y3 | Salem Y3 |
| Braydon Y4 | Sidney Y4 |
| Rosie Y4 | Angelina Y4 |
| Dominika Y4 | Ava Y4 |
| Joannie Y4 | Dom Y4 |
| Soriyah Y4 | Param Y4 |
| Ilham Y4 | Parin Y4 |
| Zoe Y4 | Phillippa Y4 |
| Lailaa Y4 | Maisha Y6 |
| Safaa Y6 | Susan Y6 |
| Chloe Y6 | Iftola Y6 |
| Busrena Y6 | |

Tower Bridge

- | | |
|-------------|--------------|
| Daniel YN | Bethenny YN |
| Leora YR | Poppy YR |
| Leah YR | Daivansh YR |
| Maria YR | Chiara YR |
| Ratwan YR | Olive YR |
| Janayah YR | Muhammed YR |
| Elsa YR | Nafissah YR |
| Ella YR | Yousef Y2 |
| Suraya Y2 | Jasmine Y2 |
| Gibril Y2 | La'rayah Y2 |
| Xingrui Y2 | Reggie Y2 |
| Kiryah Y2 | Joel Y2 |
| Mohammed Y2 | Rabia Y2 |
| Saira Y2 | Salwa Y2 |
| Majed Y2 | Wassim Y2 |
| Ameerat Y2 | Shebaniah Y2 |
| Chase Y2 | Amani Y2 |
| Nicole Y2 | Vaughan Y2 |
| Annalisa Y3 | Titus Y3 |
| Lola Y3 | Sabrina Y3 |
| CourtneyY3 | Scarlett Y3 |
| Belle Y3 | Amerahn Y3 |
| Zain Y4 | Ephraim Y4 |
| Xingya Y4 | Elijah Y4 |
| Jayden Y4 | Maisie Y4 |
| Sumaya Y4 | Armani Y4 |
| Leah Y4 | Khaled Y4 |
| India Y4 | Rakin Y4 |
| Charlie Y4 | Demi Y4 |
| Shayne Y4 | Kajus Y5 |
| Beatriz Y5 | Amna Y5 |
| Malak Y5 | Isi Y5 |
| Sophia Y5 | Ruby Y5 |

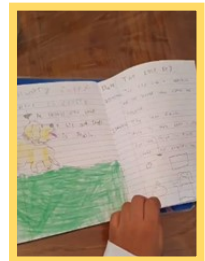
Tity @Tity36875833 · 31 Mar
Doing spellodrome this afternoon. How are you Camila and priti? Miss you.



Green Class @SNSgreen_4 · 7 Apr
Loving this world! Maths, Art and English combined! Well done, keep it up! PS. Happy birthday :)



ShineStar @ShineStar15 · 21 Apr
Big shout out to Beatriz, Amna, Malak, Sophia, Ruby, Isi, Kajus, Moaad and Lily for some brilliant online learning tasks!



Red Class @SNSRed1 · 21h
Arrrrrr! Super shout out to Preston for his brilliant imaginative writing!



Isabel David @IsabelD46824778 · 15h
Replying to @SNSRed1 and @TBRedClass
We have started our Science project today! Amanda loved it!

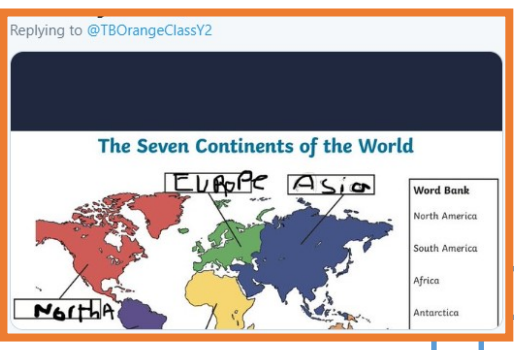
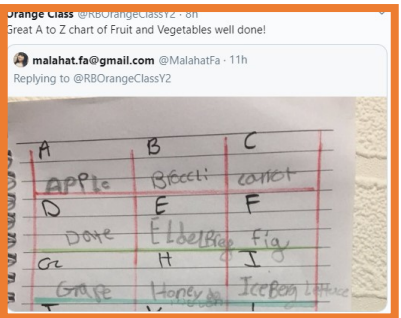
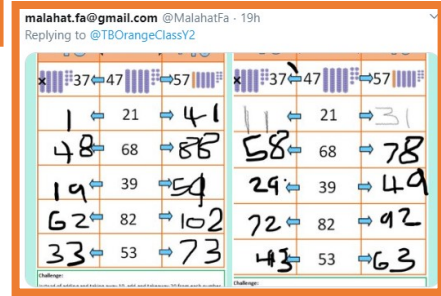
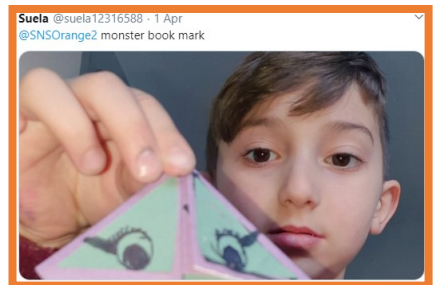
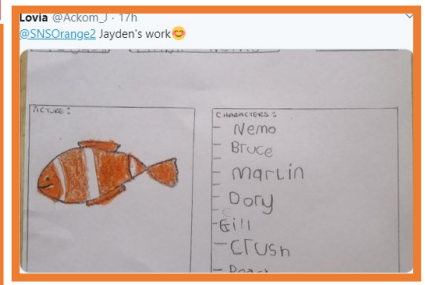
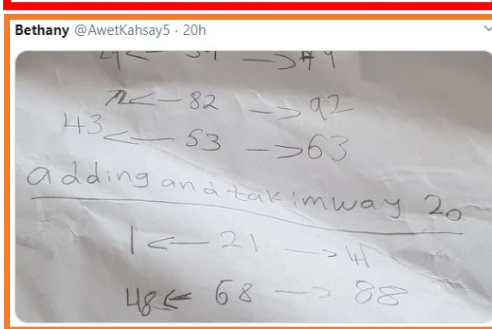
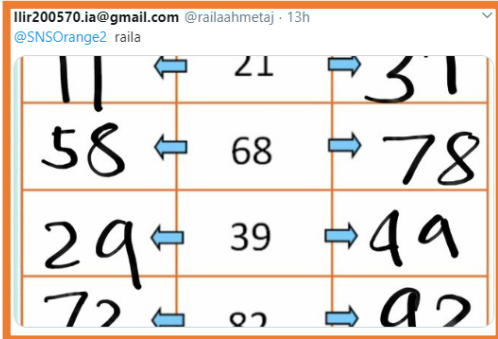
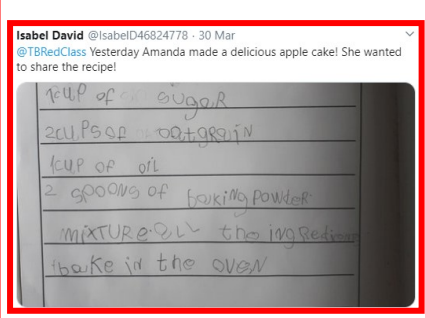
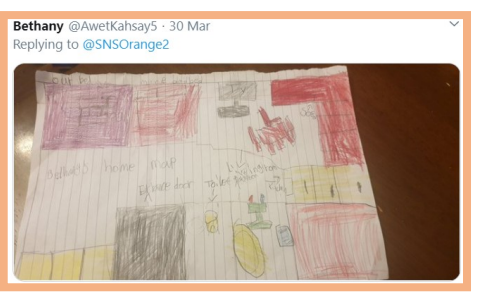
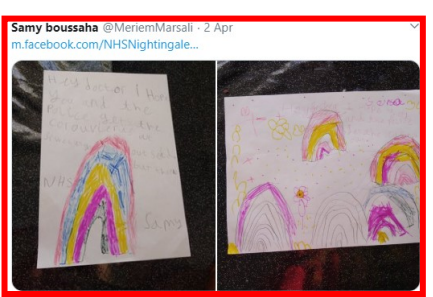
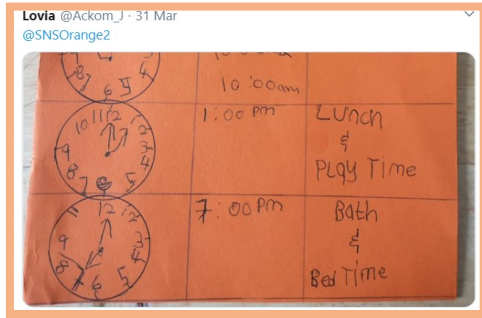
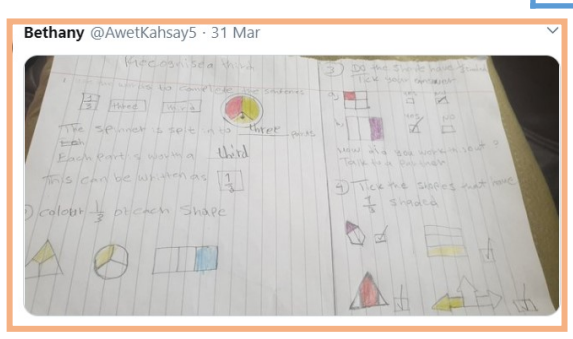
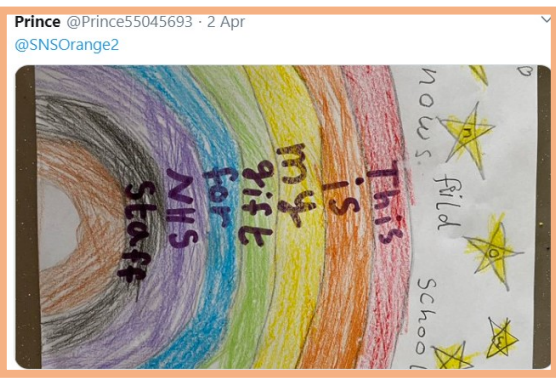


Green Class @SNSgreen_4 · 22h
Wow! This looks like a lot of fun, I might have to make one myself! Thanks for sharing, hope you had a great Easter!



tweets

tweets



LIVE



AGE RESTRICTION
13+

WHAT IS HOUSEPARTY?

Houseparty is a live streaming app described as a face-to-face social network where people 'drop in' on each other to video chat, leave messages and hang out in groups. The app is available for iOS, Android, macOS and Google Chrome and has tens of millions of users worldwide. It's important to note that children under the age of 13 must have a parent's permission to access the services, however, no proof of age is required to create an account.

HOW DO YOUNG PEOPLE USE IT?

Each time the app is opened, your child will be instantly connected to other users who are also on the app. Users can create group conversations of up to eight people at one time. Each time a person joins, the screen splits to show everyone who is part of the conversation. Your child can add contacts via phone numbers, search for their usernames, and share a link to their profile. They can have as many rooms as they want and move from chat to chat by swiping across the screen. Along with this functionality comes a few associated risks to be aware of...



What parents need to know about HOUSEPARTY

"STRANGER DANGER"

Friends of friends can join conversations on the platform without the need to be connected or known to all the other users in the chat. Houseparty calls this feature 'Stranger Danger'. While it does alert users when individuals they may not know enter their chat room, it also suggests strangers might be a reason for 'party time'. There's also the danger of people attempting to deliberately mislead others by using false names or usernames.

SEXUALISED MESSAGES

People may use live streaming apps such as Houseparty to engage in inappropriate or illegal activities. There have been concerning reports directly linked to Houseparty, including one incident where two Mancunian children aged 11 and 12 were reportedly targeted by men exposing themselves back in 2017. Outside of their close friendship group, it's also important to note that friends of friends can also connect with your child via the app, which may include people with this intention.

CONTENT BEING SHARED

The 'facemall' feature lets users share moments from their Houseparty conversations by recording and sharing 15-second snippets of chats. They also have the option to save these moments to their gallery. For privacy purposes, every member of the group will see a notification if another member is recording - this could be a concern if your child shares something in the live chat they may later regret. Once recorded, they lose control over the video and how it is used. Screenshots of live streams and private messages can also be taken which could be shared widely and embarrass users.

CYBERBULLYING

Cyberbullying is when people use technology to harass, threaten, embarrass, or target another person. Group chats can be used by bullies to make negative or hurtful comments which may cause offence or be harmful to others in the group. Exclusion from friendship groups within the platform may make your child feel sad and left out/socially excluded.

OVERSHARING PERSONAL INFORMATION

Children often don't understand the risks involved in giving out too much personal information in a live stream or within their profile. They may also be less protective of personal details during online conversations. One example of this within a live chat could be their background revealing information about where they live or go to school without realising.

IN-APP PURCHASES

By tapping on the dice icon your child can play a game called 'Heads Up!' where one person gives clues to describe someone or something and the other players guess. Three cards are included for free but additional decks cost real money. There's the potential for your child to get carried away playing the game while working up a small fortune.



Top Tips for Parents



SOURCES:
<https://www.thetimes.co.uk/article/houseparty-the-chat-app-thats-tak-ing-over-facebook-mkmp3c3n>
<https://www.livf.org.uk/>
<https://www.houseparty.com>



TURN ON PRIVATE MODE

One additional tip is to use the app settings to turn on 'Private Mode' which automatically locks the room, instead of doing it manually. Parents with questions can always email us at hello@houseparty.com



SAFER CONVERSATIONS

With live streaming being such a popular feature on apps, it is important that you are aware of the dangers associated with it in order to protect your child effectively. Have regular and honest conversations with your child about what apps they are using and how they are using them. It may be a good idea to have your child show you how they use Houseparty and how to navigate through the platform so you are aware of how it works.

CHECK COMMUNICATIONS

Also, it's important to be aware of who is on their friends list and who they are communicating with. Remind your child to not communicate with people they do not know and trust. If they experience something on the app that makes them feel uncomfortable then they should tell a trusted adult immediately. Remind your child that if they get an invite to join a Houseparty room from someone they don't recognise, then they should ignore the request.

'LOCK' ROOMS

In regards to communicating with users on the platform, we advise that your child uses the 'lock' feature to make their conversations private. This means that other users, especially strangers, can't join their conversations.

PROTECT THEIR PRIVACY

Your child may unknowingly give away personal information during a live stream, including their location. Talk to them about what constitutes 'personal information' and make sure they do not disclose anything to anyone during a live stream, even to their friends. Advise them to remove any items in their live stream (school uniform, street name, posters etc.) that could potentially expose their location or personal information. Check your child's privacy settings thoroughly. You have the option to opt out of certain uses and disclosures of personal information, such as turning off the app's location sharing option.

PROTECTING YOUR CHILD'S DIGITAL FOOTPRINT

As the videos are live, it may lead to the misconception that whatever happens in the video will disappear once the live stream ends. All content shared on the app can be recorded or screenshotted and shared to a wider community. It is important that your child knows that what they do now may affect their future opportunities. In addition to this, the video chats can't be reviewed later which means unless a parent or carer is sitting nearby during a call, they won't know what has been said. It's worth bearing in mind that parents can see when their child has last communicated with someone and for how long for under the 'We Time' feature.

REMOVE LINKS TO OTHER APPS

Users can link their account to both Facebook and Snapchat, or can simply share a link to their profile. We advise that you remove these links and remind your child not to publicly share access to their online profiles as there is the potential for strangers to get hold of your child's information or communicate with them.

BE PRESENT

A study conducted by the Internet Watch Foundation (IWF) found that 96% of streams showed a child on their own, often in their bedroom or bathroom. If your child is going to conduct a live stream, ask them if you could be present for it. This will give you a greater understanding of what your child is doing during their live streams and who they are streaming to.

REPORTING AND BLOCKING

If your child faces a problem while using the app they can report direct to the platform by shaking their phone. A prompt will pop up allowing you to report issues immediately by clicking on the 'report now' button. They also have the option to report and block users directly on the user's profile.

Welcome to our first newsletter from Southwark's Autism Support Team. During this time of school closures, we are all still available to offer our support to parents/carers and educational staff.

We have set up a telephone support service from Monday – Friday, 9am-5pm.

Please refer to the full details on this link: [here](#)

We aim to bring to you a fortnightly newsletter, inclusive of ideas, helpful links and possible resources. We invite you to share your own ideas and raise questions with us too, so that we can include these and offer a response.

To be added to our newsletter mailing list or to contact the team with a question/request for a forthcoming newsletter please contact us on:

AutismSupportTeam@southwark.gov.uk

Clicking on links in this document take you to google drive where the resources can be downloaded. If you would like us to email you any of the resources, these can be requested at the email address above.

Question Corner...

Q. How do I motivate my child to read more and complete home work set by school?

A: Offer your child the choice of the order in which, or time at which, tasks are completed.

For more information about this please read our guide to getting your children to complete work help sheet [here](#)



Games Corner

Each newsletter will provide simplified instructions to a game you might have at home.

This week's game is UNO.

Visual rules can be found [here](#)



Visual supports

Visual instruction to help teach learning to wait [here](#)

Visual instructions to support learning to take turns [here](#)

Social Stories

Some children might find it difficult to lose a game; a Social Story could help teach them that it is okay to lose. There are three different stories below about learning to lose, they are at different levels, choose the one that is right for your child.

It's OK to Lose 1 [here](#)

It's Ok to Lose 2 [here](#)

It's Ok to Lose 3 [here](#)

Please email us if you would like to suggest a game for the newsletter.

SUPER SEVEN



Here are some daily suggestions for fun activities to play at home

1. Have a birthday party for a pet or a cuddly toy, make invitations, birthday cards, wrap a gift, play party games
2. Get all the chairs / cushions together and make a bus! Sing 'wheels on the bus'!
3. Inside/ outside treasure hunt –draw a treasure map, write clues
4. Play a game of musical statues (visual rules [here](#)).
5. Plan a house expedition -fill a backpack, go up and down the stairs, find landmarks and things of interest around the home, take photos in different places, send a postcard!
6. Build a den with blankets/sheets/cushions, use a torch, make shadow puppets!
7. Go on a shape hunt at home- find everything that looks like a circle, square, triangle.

Resource and Website Share

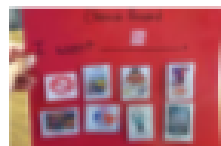
Resources about Covid19 / Coronavirus

- School closure pack toolkit [here](#)
- Free children's book about covid19 [here](#)
- Social story about Coronavirus [here](#)

Choosing An Activity - Supporting choice with visuals can help with requesting, understanding and reducing anxiety. Using symbols or written words can be more concrete than offering verbal choices or saying 'choose something to do'. Some children can choose between 2 options, others will manage more options.

Choosing symbols with board [here](#)

Extra choosing symbols [here](#)



Training

Coming soon! We are in the process of adapting our training so we can bring it to you as an online option.

If you wish to register your interest or find out more about any of the below courses please email:

AutismSupportTeam@southwark.gov.uk

- **Cygnets** –aimed at parents/carers of children with autism aged 5-18 years
- **Next Steps** – aimed at parents/carers of recently diagnosed pre –school children with Autism
- **Toileting workshop**- aimed at parents/carers who have a child or young person with Autism who may be ready to start toilet training, or are having difficulties with a current routine.

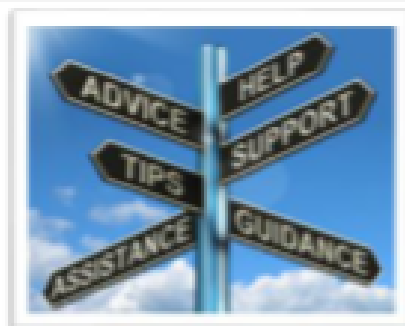
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More information can be found: [here](#)

Free trials of websites with education and visual resources

Wigit- [here](#) offers a 21 day free trial.
Boardmaker-[here](#) offer a 90 day free trial
Twinkl are an online resource for learning activities and visuals, many schools use them. They are offering free access to their resources for a limited period [here](#), the offer code is CVDTWINKLHELPS



Question Corner...

Q: My child is struggling with increased anxiety at this time; some of it seems to be related to COVID 19, what can I do to help them?

A: Acknowledge that your child feels anxious and try to provide them with age appropriate factual information to help support their understanding of the situation. You can support the spoken word with visuals

[Here](#) is a video by Dr Tony Attwood about supporting children with autism who have anxiety. Notes to accompany this video can be found [here](#).

Strategies that can help include:

- A-Z of coping, [here](#)
- The Incredible 5 point scale, [here](#)

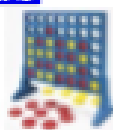
[Here](#) is a helpful podcast you can listen to about supporting your child with autism at this time.

[Here](#) is a child friendly book explaining the Coronavirus – illustrated by Alex Scheffler

Games Corner

Each week we provide simplified instructions to a game you might have at home.

This week's game is Connect 4 [here](#)



Visual supports

Visual instructions to help teach learning to wait [here](#), to support learning to take turns [here](#)

Social Stories to support with losing a game

There are three different stories below about learning to lose, they are at different levels, choose the one that is right for your child.

It's OK to Lose 1 [here](#)

It's Ok to Lose 2 [here](#)

It's Ok to Lose 3 [here](#)

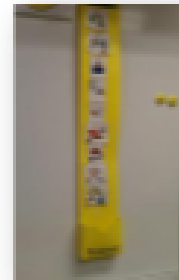
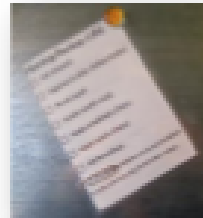
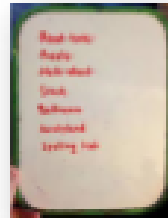
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Routines and structure

We all like routines and structure in our lives and many of us are struggling with getting used to this new 'normal'. For many children with autism, to help make things run smoother at home it's important to have structure and a predictable routine, if not for the whole day for certain parts of the day. Schools will often use symbols to support a child to know what is happening using a 'now and next' board. An example with some symbols that you can select from can be found [here](#). (See newsletter 1 for more home based choice symbols)



It doesn't have to be fancy; hand drawn pictures are good too! For some children it may be more appropriate to use a written list of the daily routine, they could be supported to write it themselves and cross off as they go through the day.

- To support daily routines around mornings and bed time, some helpful visuals can be found [here](#), you can personalise them to your own child's routine

Super Seven



Here are some fun activities to try at home

- Set a dance alarm every 30 mins; some learning action songs online can be found [here](#) and [here](#)
- Make greeting cards for everyone at home, to email or post to a friend
- Make a number mural to decorate the wall
- Do coin rubbing with paper and crayons, find other textures around the house to make rubbings of
- Make yoghurt pot telephones
- Play pass the parcel –surprises can be actions to perform / or items from around the home these could link to a prize (ice cream scoop for ice cream, DVD case for film etc)
- Home made jigsaw puzzle – find an image in a magazine and cut into appropriate number of pieces for your child, place or stick onto a blank piece of paper to complete

Training

We are in the process of adapting our training so we can bring it to you as an online option.

If you wish to register your interest or find out more about any of the below courses please email:

AutismSupportTeam@southwark.gov.uk

- **Cygnets** –aimed at parents/carers of children with autism aged 5-18 years
- **Next Steps** – aimed at parents/carers of recently diagnosed pre –school children with Autism
- **Toileting workshop**- aimed at parents/carers who have a child or young person with Autism who may be ready to start toilet training, or are having difficulties with a current routine.