

Useful websites and organisations

www.babycentre.co.uk - parents can sign up for a weekly email newsletter personalised to their baby's age

www.babylifecheck.co.uk - this free online advice service from the Department of Health helps first-time parents care for their babies

www.bbc.co.uk/parenting - information for parents across an extensive range of topics

www.bookstart.org.uk - recommends books for babies (look under parents and carers - recommended books)

www.bounty.com - provides pregnancy and baby information

www.busylittleones.co.uk - helping parents to find local beneficial baby and toddler activities

www.childdevelopmentinfo.com - includes a section for parents on understanding and supporting their child's language development

www.downrightexcellent.org - a group, based in London, for under fives with Down's Syndrome that offers support and activities and an early development communication programme

www.parentlineplus.org.uk - offers support to anyone parenting a child through a freephone helpline

www.parentscentre.gov.uk - for all parents and carers who want to help their child or children to learn

www.peep.org.uk - the Peers Early Education Partnership (PEEP) offers ideas and activities for parents to support children's learning at home

www.signedstories.com - A website aiming to help improve the literacy of deaf children nationwide by enabling them to share in the joy of storytelling. It is also designed to provide useful advice and guidance for the parents, carers and teachers of deaf children; and for the deaf parents of hearing children.

www.talkingpoint.org.uk - a 'first stop' for parents for information on speech and language difficulties in children

www.youngminds.org.uk - the children's mental health charity. Runs a helpline for parents or carers worried about the mental health of a child or young person.

www.yourfamily.org.uk - the NSPCC online magazine for parents with young children with ideas and advice

www.zerotothree.org/healthyminds - downloadable handouts to help parents support their child's health development and growing brain