



PE AND SPORT PREMIUM PLAN



Funding for 2018-19 –Tower Bridge

Total number of eligible pupils on roll	162
Total amount of premium	TOTAL: £17,620

PE and Sport Priorities for 2018-19

Conditions of grant: The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils

It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Review: This plan will be evaluated termly by the Healthy Schools Leader working alongside the Leadership Team. The evaluated plan will be published each academic year. Evaluation will be through measuring participation, CPD evaluations, interviews with pupils and sports leaders, questionnaires with parents, staff and pupils.

Identified Priority	Actions	Planned Cost
Increased confidence, knowledge and skills of all staff in teaching PE and sport	<p>Participation in the LPSSN</p> <p>CPD for staff including:</p> <ul style="list-style-type: none"> • bespoke 1-1 sessions with staff- team teaching and feedback • CPD sessions for NQTs and PGCEs 	<p>Cost of LPSSN:</p> <p>£5,500</p> <p>Supply cover for</p>

<p>Broader experience of a range of sports and activities offered to all pupils</p> <p>Increased participation in competitive sport</p> <p>The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</p>	<ul style="list-style-type: none"> • Termly support sessions for PE leader <p>Broader experiences for pupils including:</p> <ul style="list-style-type: none"> • Playmaker sessions for sports leaders • Special events such as 'mental health week' • SEN sport festival KS1 • SEN identification package • MAT identification package <p>Competitions including:</p> <ul style="list-style-type: none"> • Cross country running • Tournaments • KS1 experiences • KS2 challenge days • Leagues <p>Healthy Eating Workshops</p> <p>Health Week</p>	<p>PE leader (6 half days): £770</p> <p>Additional adult costs to take children to sports tournaments:</p> <p>Approximately 12 events over the year with 2 adults to take the children:</p> <p>£2,448</p> <p>Additional adult to support workshops: (2 half days) £248</p>
<p>The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</p> <p>Broader experience of a range of sports and activities offered to all pupils</p>	<p>Wide range of After School Clubs on offer each term:</p> <p>Including :Dance, Fitness Club, Football Club, Basketball Club (Autumn 18)</p> <p>With further clubs to be planned over the year based on children's needs and interests to maximize take up.</p>	<p>Cost of Adults to run after school clubs: £17.85 per session per adult for 32 weeks:</p> <p>£4,569.60</p>
<p>The profile of PE and sport being raised across the school as a tool for whole school improvement</p>	<p>Daily running introduced and high profile</p> <p>Regular discussion in assembly – links to organisations such as Parkrun</p> <p>Rewards and recognition</p> <p>Sports leaders monitoring and supporting the provision – acting as role models and encouraging others</p> <p>Equipment for playtimes and PE lessons</p> <p>Regular meetings with subject leader and sports</p>	<p>Release for PE leader (3 half days): £385</p> <p>Equipment for PE and Playtimes £1,000</p>

	leader	
The profile of PE and sport being raised across the school as a tool for whole school improvement	Annual health week linked to school identified priorities: Increase access and uptake of physical activity across the school to improve health and wellbeing	Workshops, events and resources for Health Week: £1,000
The profile of PE and sport being raised across the school as a tool for whole school improvement	Healthy School Action Plan Implementation and evaluation (see plan)	Release for subject leader 1 half day per term: £768.24
Broader experience of a range of sports and activities offered to all pupils	Provision of swimming for an additional two terms in Year 4 Provision of swimming for an additional half term in Year 6	Cost of swimming pool and instructor: £4,290
Total Cost		£20,978.84

Evaluation and Review- July 2019

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles

The school was awarded the Healthy Schools Award GOLD in July 2017. The school has continued to build on this and PE and Sport have remained high profile within the school. The school has also applied to maintain their School Games Award and applied for a higher classification from TfL's STARS School Travel Plan Award.

From closely working with Southwark council and TfL, the school conducted a 'Hands-Up' survey to assess how many children actively travel to school. After our installation of a new bike and scooter rack, we have seen the number of children actively travelling to school has increased. Feedback from Y3 child: 'I really like the bike and scooter rack as I can now leave my scooter somewhere safe. It makes me feel good when I travel to school as I am doing exercise'.

In addition to more children actively travelling to school, the school has placed a large emphasise on promoting the importance of sustainable travel: all local school trips use either TfL public transport or walking as their physical mode of travel. All staff promote sustainable and safe travel every time, which in turn promotes the importance of a healthy active lifestyle to our children.

We have done a lot of work with Southwark council on TfL's STARS accreditation scheme which 'inspires young Londoners to think differently about travel and its impact on their health, wellbeing and the environment'. We actively promote walking as a way to travel around the city, and local area, when on extra-curricular activities. This, therefore, has allowed us to apply for a higher accreditation award for Tower Bridge School.

During Health Week, our school's focus was on mental health, working closely with LPESSN to deliver high quality sessions. Each class researched a famous person who has publically spoken out regarding their mental health and how they overcome it to live a happy and successful life. We believe, from high quality resources and staff CPD, we have equipped our children with the knowledge and understanding of how to manage and overcome many pressures of living in a modern and cosmopolitan city like London.

In addition to working closely with our partner LPESSN, we also follow The Christopher Winter Project and resources from Southwark Council which promotes physical activities for healthy active lifestyles such as yoga and sensory breaks.

Following on from Sport Leader feedback, we have re-promoted the Daily Mile in school and rescheduled the timetable to re-engage all children in living healthy active lifestyles. Each week, a child is awarded a Daily Mile certificate for the person who has shown one of our school values that week. Overall, the profile of the Daily Mile has increased and we have seen more children actively running laps of the playground. For next year, we would like to monitor perhaps a focus class or children (using step-monitors) to see if their physical fitness increases over the course of a term/year.

2. The profile of PE and sport being raised across the school as a tool for whole school improvement

This year, we have actively raised the profile of PE across the school with the introduction of our PE Learning Journeys. The Learning Journeys allow the children to reflect on each PE lesson, writing what skills they have learnt within each lesson and showing progression, leading to a competition at the end of each half-term. In moving forward next year, we would like to continue to utilise intra-competitions, especially with our partner schools at the Bridges Federation. The Learning Journeys also show the children's learning in practice, through QR codes and photographs. Key vocabulary, the learning objective of each week and 'What Makes Good' are all included as a tool to support the learning in that specific sport.

In school, we now have PE displays in both of our halls, displaying key sports, famous athletes, inspiration quotes and our new Premier League values. We have worked closely with the Primary League this year as a way to raise the profile of PE and link each value to our PE lessons: teamwork, consideration, ambition and be inspiring. Children can be awarded stickers or certificates which relate to each value as positive reinforcement and promotes the values throughout school.

This year, we wanted each PE lesson to have more of a formal approach. To this end, we have whiteboards in each hall which teachers can write key vocabulary on which helps support the children's learning. A child in Year 6 said, "The new PE displays really help me when giving feedback to my friends as I can use the correct words to them."

3. Increased confidence, knowledge and skills of all staff in teaching PE and sport

The physical education (PE) and sports funding is used to improve teachers' skills in delivering PE lessons and to increase pupils' fitness. A new member of teaching staff this year received bespoke PE training via the PESSN. The training was run for 6 consecutive weeks which involved team teaching, observations and independent teaching, building on skills. It was very successful and the final observation was graded to have 'outstanding features'. 'Joe supported my PE teaching to ensure I was really challenging the children and developing their skills. Each week I was able to build on my skills and it really improved my pedagogy.'

A student teacher attended CPD sessions externally with the PESSN and had bespoke training in school with the sports leader. Feedback was that the sessions were excellent and helped her understand the new multi-skills planning and behaviour management in PE lessons.

In the summer term, all teachers had CPD within school, led by the PE leader. The aim of the session was to deliver the new planning and objectives from the PESSN. The teachers were shown how to deliver new 'modified games' which focuses on developing the children's agility, balance and coordination. Furthermore, during the CPD session, all staff were given training in mental health and anxiety in children; a focus for Health Week 2019 to help improve children's health and wellbeing.

In the spring term, all support staff/teaching assistants were given CPD training within school, led by the PE leader, to deliver 'modified games' to children during playtimes and lunchtimes. These games link to the new PESSN planning and therefore will help the children access their PE lessons while building on their skills.

Each year, during Sports Day, the children run Race for Life to help raise money for cancer research. In addition to the children running, we also had a separate staff race. Next year, we would like to enter more children into local London running events, such as The Vitality Big Half to support The Daily Mile and give the children a purpose for learning.

4. Broader experience of a range of sports and activities offered to all pupils

Most events were whole class, such as: Y4 benchball and KS2 Challenge Day. This allowed more children to participate and therefore develop their social skills while also developing their PE skills. In October, Y5&6 children won a certificate for passion from LPESSN at a Challenge Day.

We had a range of our SEN children being able to access extra-curricular sporting events such as: SEN Multi-skills with Y3 and a Disability Cricket Activity for LKS2.

Furthermore, a wide range of After School Clubs were on offer each term this year, including :Dance, Fitness Club, Football Club, Basketball Club (Autumn 18)

After school clubs, such as football and basketball, allowed the children to play competitively against each other. Feedback from Y5 child, "I learnt how to communicate with my team. I could practise my football skills which helped me to be successful in the game. I found it really fun".

In addition, the number of children taking part in extra-curricular sporting clubs increased from 127 accessing last year to 181 this year:

Autumn 2018:

6 clubs offered and 65 children accessing

Spring 2019:

4 clubs offered and 65 children accessing

Summer 2019:

3 clubs offered and 51 children accessing

The sport clubs allow opportunity for children to compete against children in both schools in our Federation but also across year groups.

As part of the Sports Premium, the Year 4 have gone swimming for two terms, while the Year 6 have gone for a term. The data for each year group against the National Curriculum for swimming is as follows:

Year 6

- Can Swim 25m - 46%
- Use a range of strokes - 54%
- Perform self-rescue - 39%

Year 4

- Can Swim 25m - 28%
- Use a range of strokes - 80%

- Perform self-rescue - 16%

From providing extra provision for our Y4 and Y6 children, you can see a significant increase in the percentage of children leaving school being able to swim 25m and perform self-recue.

5. Increased participation in competitive sport

The primary physical education and Sport Premium enables the school to provide specialist equipment and some teaching experiences which the pupils asked for, including, for instance, lunchtime club in dodge ball. Pupils benefit from a good range of clubs and extra-curricular activities, such as competitive sporting events. These opportunities are effective in promoting pupils' fitness and enjoyment of physical activity. Leaders use the funding to support staff training and to expose pupils to a wide range of sporting activities. As a result, teachers have improved their own skills, and pupils participate in competitions and learn a variety of sporting skills. Through our partner, LPESSN, the number of children attending sporting events has increased this year from 15 to 16, including seated volleyball, bench ball, cross country and dance.

We want to increase the number of children participating in competitive sport next year. In order for this to happen, we have a PE teacher across the Federation to help staff develop the children's skills and take groups to more competitive events across the borough and continued work with our partner, LPESSN. A factor that prevented us from attending as many sporting competitions as we'd like was the LPESSN competitions not being whole class. Furthermore, there was a significant lack of competitions for KS1 children. All this data was fed back the Network in developing this for the next academic year.