



PE AND SPORT PREMIUM PLAN



Funding for 2020-21 – Tower Bridge Primary		
Total number of eligible pupils on roll	151	
Total amount of premium	TOTAL: £17,690	
PE and Sport Priorities for 2020-21		
<p>Conditions of grant: The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils</p> <p>It is expected that schools will see an improvement against the following 5 key indicators:</p> <ol style="list-style-type: none"> 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles 2. The profile of PE and sport being raised across the school as a tool for whole school improvement 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport 4. Broader experience of a range of sports and activities offered to all pupils 5. Increased participation in competitive sport 		
<p>Review: This plan will be evaluated termly by the Healthy Schools Leader working alongside the Leadership Team. The evaluated plan will be published each academic year. Evaluation will be through measuring participation, CPD evaluations, interviews with pupils and sports leaders, questionnaires with parents, staff and pupils.</p>		
Identified Priority	Actions	Planned Cost
<p>1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles</p>	<p>Commitment to 2 hours PE each week</p> <p>Daily mile embedded in structure of school day throughout the school from Reception to Year 6 daily. Every child running, jogging or walking continuously for designated amount of time, daily.</p> <p>Equipment for playtimes and PE lessons</p>	<p>Additional adult to support workshops: (2 half days) £248</p> <p>Workshops, events and resources for Health Week:</p>

	<p>Active learning in the curriculum</p> <p>Promote walk to school – TFL STARS</p> <p>Active playgrounds – children to be provided with activities to use during playtimes to engage body and mind. Specific playground equipment, play-leaders to encourage and support games and inclusion</p> <p>Physically active after school clubs</p> <p>Physically active breakfast club</p> <p>'Fizz Free February' – Southwark initiative to combat childhood obesity issues in borough</p> <p>Children identified as 'talented' in sport to be supported and challenged – MAT register with Danny at PESSN.</p> <p>To promote Health and Wellbeing throughout the school (KS1 and KS2) through workshops in the Autumn and Spring terms (PESSN)</p> <p>To take part in the PESSN offer of a whole day Yoga and Mindfulness workshop;</p> <p>To complete a Healthy Living Week in the summer term;</p> <p>To promote above to parents through parent workshops.</p>	<p>Equipment for PE and Playtimes</p> <p>£1,000</p>
<p>2. The profile of PE and sport being raised across the school as a tool for whole school improvement</p>	<p>Regular discussion in assembly – links to organisations such as Parkrun. Assemblies celebrating our core values through our physical activities – Daily Mile Runner, resilience through sport/PA etc, league accomplishment and class participation and experience. Rewards and recognition for participation, personal achievements and demonstrating sporting values. Start our high profile days/week with a launch assembly.</p> <p>Regular updates on school newsletter and website – sporting achievements</p> <p>Sports leaders monitoring and supporting the provision – acting as role models and encouraging others</p> <p>Regular meetings with subject leader and sports leaders</p> <p>Carry out a pupil survey</p> <p>Healthy schools award - Healthy School Action Plan - Implementation and evaluation (see plan)</p> <p>To achieve 'Bronze' in the School Games Mark Award</p> <p>Premier League – display, certificates</p> <p>Southwark initiative 'Fizz Free February' to raise the profile of healthy eating and exercise.</p>	<p>Release for PE Leader (3 half days):</p> <p>£395</p> <p>Release for PE leader 1 half day per term:</p> <p>£789.37</p>

	<p>Sharing good practice across other curriculum areas:</p> <ul style="list-style-type: none"> • Does your PE teaching enable the development of life skills that are transferred to other curriculum areas, wider school and beyond? • Does your PE teaching develop the whole person including thinking, social and personal skills? • Do you have external recognition for PE and the impact it has on the schools priorities, values and ethos? • Does your PE teaching aid fine and gross motor skill development? • Are sporting role models used to engage and raise achievement? • Is PE and school sport visible in the school (assemblies, notice boards, school website, local press, pupil reward and recognition of pupils) 	
<p>3. Increased confidence, knowledge and skills of all staff in teaching PE and sport</p>	<p>PESSN CPD for staff including:</p> <ul style="list-style-type: none"> • bespoke 1-1 sessions with staff- team teaching and feedback • CPD sessions for NQTs • Termly support sessions for PE leader • CPD 6 week block for support staff (TAs) working with SEND – in school support • Attend SEND festivals/events <p>Other planned CPD :</p> <ul style="list-style-type: none"> • Training for lunchtime supervisors supervising activities • Sports coach delivering high quality PE sessions – modelling/support for teachers 	<p>Supply cover for PE leader (6 half days): £791.18</p>
<p>4. Broader experience of a range of sports and activities offered to all pupils</p>	<p>Use of PESSN lesson plans as a starting point for broad use of skills. Class teacher led P.E sessions to focus on broader skills beyond physical</p> <p>Wide range of After School Clubs on offer each term based on children’s needs and interests to maximize up take: Autumn Term: Spring Term: Summer Term:</p> <p>Sports coach: Run ‘move to learn’ fitness sessions before school during ‘Healthy Mind, Healthy Body Week Children signposted to external clubs where appropriate and identified as being gifted and talented within specific areas Gross motor skills support given in small groups during curriculum to help bridge gap in access to full P.E curriculum. Run after school clubs</p> <p>PESSN Broader experiences for pupils including:</p>	<p>Cost of Adults to run after school clubs: £17.85 per session per adult for 32 weeks: £4,660.90</p>

	<ul style="list-style-type: none"> • A focus on mental health and wellbeing for Autumn term 2020 post lockdown. • SEN sport festival KS1 • SEN identification package • MAT identification package • Other sporting/physical activity opportunities such as badminton, ice-skating, trampoline, seated volleyball • Opportunities to watch professional sports matches • Aim to attend 3 leagues per year with a range of children and including both boys and girls • Each year group in KS2 to attend at least 2 competitions throughout the year. This can include in-school intra and virtual events <p>Our aim to engage more girls in sport. To this end, the PESSN are offering a FA girls program: a 6-week taster session with up to 60 girls and then offer pathways to play football out of school.</p> <p>Y5 (2 day) and Y6 (3 day) residential activity centre</p> <ul style="list-style-type: none"> • Rock climbing • Abseiling • Zip wire • Orienteering 	
5. Increased participation in competitive sport	<p>LPSSN Competitions including:</p> <ul style="list-style-type: none"> • Cross country running • Tournaments • KS1 experiences • KS2 challenge days • Leagues try to attend 3 per year • Virtual competitions <p>Sports coach to train/prepare teams for participation</p>	<p>Additional adult costs to take children to sports tournaments:</p> <p>Approximately 12 events over the year with 2 adults to take the children:</p> <p>£2,496.96</p>
6. Swimming	<p>Provision of swimming for an additional two terms in Year 4</p> <p>Provision of swimming for an additional half term in Year 6</p>	<p>Cost of swimming pool and instructor:</p> <p>£4,290</p>
7. PSHE	<p>Whole school implementation of YALE University's RULER Emotion Boards for children to understand and regulate their emotions to be emotionally intelligent learners.</p> <p>School Nurse from Southwark to aid in the delivery of SRE sessions.</p>	<p>£1,000</p>

	A new SRE policy 'Relationships and PSHE' implemented for September 2020. Teachers and staff to be supported in delivering this.				
	Cost of LPESSN				£5,500
	Cost of Sports Coach 1 day a week				£3,510
	Total Cost				£24,681.41
Evaluation and Impact- July 2021					
1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles					
2. The profile of PE and sport being raised across the school as a tool for whole school improvement (awards achieved)					
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport					
4. Broader experience of a range of sports and activities offered to all pupils					
Clubs	Autumn	Spring	Summer	Total 20-21	Total 19-20
Number of sport and physical activity clubs offered					12
Number of pupils participating in sport and physical activity clubs					113
Number of girls/boys participating in sport and physical activity clubs					33 / 80
5. Increased participation in competitive sport (Competitions entered, where placed)					
6. Swimming					
Meeting national curriculum requirements for swimming and water safety	Year 4 19-20	Year 4 20-21	Year 6 19-20	Year 6 20-21	
Swim competently, confidently and proficiently over a distance of at least 25 metres?	21 %		N/A		
Use a range of strokes effectively ?	13 %		N/A		
Perform safe self-rescue in different water-based situations?	13 %		N/A		