Robert Browning, Snowsfields and Tower Bridge Primary Schools











8th January 2021



@PrimaryRobert @SNSPrimary @tbprimary Find us at: www.bridgesfederation.org.uk

School CLOSURE

As of Tuesday 5th <u>January</u> our schools are closed to all children except for children of key workers and the most vulnerable.

Welcome Back!

We hope you all had a restful break! We wish all our community the best in these challenging times. All the staff at the Bridges Federation are looking forward to welcoming all our pupils back to school as soon as it is possible.

Reception Application From Nursery to Reception Admission 2021/2022

If your child was born between
1st September 2016 and 31st August
2017, now is the time to apply for
full-time school. Don't forget that the
closing date for applications is 15th
January 2020. If you live in Southwark
further details can be found at: https://www.southwark.gov.uk/schools-and-education/school-admissions/primary-admissions/applying-for-a-primary-school

Additional Home learning Resources on CBBC

Starting on Monday 11th
January, each week day on
CBBC there will be a three-hour
block of primary school
programming from 9am,
including BBC Live lessons and
BBC Bitesize Daily, as well as
other educational programming
such as Horrible Histories.

Attending School during Covid-19

<u>Until at least February half-term</u>, attendance at school is only for vulnerable children and the children of critical workers. The majority of our pupils will be learning from home via Google Site and Google Classroom.

For children who are attending school, they must arrive between 8.45am and 9am. The gate will be closed at 9am and any pupil who arrives after this time will be marked in on the register as being late.

Starting on Monday 11th January school will be closing each day at 3pm. Please arrive promptly to collect your child at 3pm.

Please be reminded that <u>only one parent or carer</u> must drop off or pick your child to minimize the number of individuals at the school gate.

Making Contact with School

During this time of COVID-19, we would like to clarify with parents and carers how best to contact your child's class teacher should you ever need to do so.

If your child is at school and you wish to speak to their class teacher, please do so by contacting the school office via email or telephone. Alternatively, you can speak to a member of the leadership team at the gate either in the morning or at home time.

If your child is learning from home you can contact the class teacher through Google Classroom. You can also email the office and the message will be passed on.

Thank you for your cooperation.







The following children received a certificate for their independent learning!

Mathletics

Gold: Isabella(Y3), Christianna(Y6), Baraka(Y4)

Silver: Tomisin(Y1), Adam(Y6), Salma(Y4), Keegan(Y3), Parin(Y5)

Bronze: Emmanuel(Y2), Iltreh(Y1), Casey(Y6), Nahla(Y2), Deetya(Y2), Jayci(Y1), Lilly Rose(Y3), Ellie Rose(Y1) Raphael(Y3), Raven(Y1), Maya(Y1), Nohami(Y1), Val(Y1), Sana(Y5), Angelina(Y5), Trinette(Y5)

Solomon(Y6), Sulayman(Y6), Khaled(Y6), Salem(Y4), Gabriella(Y3), Bethany(Y3), Raila(Y3), Enzo(Y3),

Ava(Y4) Perry(Y4), Laila-Jay(Y4), Fahad(Y4)

Reading Eggs

Gold: Lymas(Y1), Joab(Y1), Nohami(Y1), Iltreh(Y1), Yamin(Y1), Kamil(Y2), Safa(Y2), Oscar(Y1), Meaghan(Y1) Tomisin(Y1)

Reading Eggspress

Bronze: Adam(Y6), Amani(Y4), Iman(Y4), Kianna(Y6), Salma(Y4), Fahad(Y4), Isabella(Y3)

Silver: Kawthar(Y5), Sana(Y5), Salem(Y4)



Mathletics

Gold: Sophia Y6

Silver: Annalisa(Y4), Ephraim(Y5), Tino(Y6), Myrell(Y6), Kiyrah(Y3)

Bronze: Asher(YR), Hamid(YR), Naasir(YR), Maximilian(YR)

Maria(Y1), Ratwan(Y1), Muhammed(Y1), IsaacY2), Maliyah(Y2), Arthur(Y2)

Suraya(Y3), Gibril(Y3), Majed(Y3), Wassim(Y3), Kiyrah(Y3)

YAnnalisa(Y4), Titus(Y4), Iman(Y4), Mohammed(Y4), Neymar(Y4)

Ephraim(Y4), Khaled(Y4), Sumaya(Y4)

Kajus(Y6), Tino(Y6), Moaad(Y6), Nadir(Y6), Lordina(Y6), Malak(Y6), Olivia R(Y6), Blue(Y6) Bella(Y6)

Reading Eggs

Gold: Salwa(Y3), Rudy(Y2), Asher(YR), Maria(Y1), Rakin(Y5), Courtney(Y4), Elizabeth(Y4)Rashed(YN)

Reading Eggspress

Bronze: Isaac(Y2), Annalisa(Y4), Mohammed(Y4), Ephraim(Y5)

Silver: Annalisa(Y4), Ephraim(Y5)



Mathletics

Silver: Meshach(Y3)

Bronze: Era(Y1), Samuel(Y1), Logan(Y1), Amza(Y1), Hamad(Y1), Abbey(Y2), Hibatullah(Y2)

Michael(Y3), Ermal(Y4), Isabelle(Y5)

Reading Eggs

Gold: Aoife(YN), Meshach(Y3), Logan (Y1), Amelia(YR), Livinny(Y2), Samy(Y2)



Remote Learning

How to use Google Classroom on Xbox One & Xbox Series X/S

The Xbox consoles each have access to Microsoft Edge - the web browser that comes preinstalled as part of the Xbox user experience. This can be used to access Google Classroom (or other online education services approved by your child's school).

- 1. Plug a wired keyboard into your Xbox One, Xbox Series X or Xbox Series S via one of the USB ports on the front or back.
- 2. Press the Xbox button top-centre of a game controller and head to "My games & apps" in the side menu.
- 3. Click on "See all", scroll down to "Apps" and you will see Microsoft Edge 🔃 in the icons on the right-hand side. Open it.
- 4. Type <u>classroom.google.com</u> into the URL bar at the top and log in as you would on a PC using your school Gmail account.
- 5. You can either use an Xbox controller to move the cursor or a separate USB mouse plugged into one of the other ports.

How to use Google Classroom on PS4 & PS5

The PlayStation 4 has its own web browser that is easy to find on the PlayStation 4 (in the content menu as an icon with WWW written on it). However, it's currently a bit trickier on PS5, as there is no way to open the browser natively.

Instead, you can open the System Settings, then the User Guide. This will open up an online user manual inside a web browser page so you only have to change the URL at the top. Otherwise, the rest of the steps are the same.

- 1. Plug a wired keyboard and/or mouse into the USB ports on the PS4 or PS5 each console should recognise them.
- 2. In the URL bar of the browser, type classroom.google.com and then log in using the details provided by your child's school.
- 3. You can now access Google Classroom.

In some cases you might not be able to do everything you can on a laptop or PC, but you can, at the very least, access Google Classroom and see what work your teacher has assigned for you to do.

This information can be found on the Home Learning page on the Federation Website:

https://thebridgesfederation.org.uk/home-learning/

Please click on the link for your year group Google class page which your children's teacher will update regularly with activities for your children to complete at home, remember to tweet us all the brilliant work you are doing.

Rainbow Class: https://sites.google.com/view/rainbow-class-home

Nursery Class: https://sites.google.com/view/caterpillarclassathome/home
Reception Class: https://sites.google.com/view/sns-butterfly-class/home

Year 1 – Year 6 now use Google Classroom. Each child has been given their own log in details. Below is a guide on how to use Google Classroom. Please contact the school office if you have any problems.

How to use Google Classroom

To access your Google Classroom please click on the following link and then log in:

classroom.google.com

Here are our remote learning expectation sheets for parents:

KS1 & KS2 Home Learning Expectations

EYFS Home Learning Expectations

Purple Mash link: https://www.purplemash.com/login/ Mathletics link: https://www.mathletics.com/uk/ Reading Eggs link: https://readingeggs.co.uk/ Readiwriter link: https://login.readiwriter.com/ You can also follow your class on Twitter:

Snowsfields Primary: @rainbow_sns @SNSFoundationS @SNSRed1 @SNSOrange2 @SNSYellow_3 @SNSgreen_4 @SNSBlue5g@SNSPurple6

Tower Bridge: @tb_butterfly @CaterpillarTb @TBRedClass @TBOrangeClassY2 @TBYellowClassY3 @TBGreenClassY4 @TBBlueClassY5 @TBPurpleClassY6

Robert Browning: @RBCaterpillar @RBButterfly_ @RBRedClass @RBOrangeClassY2 @RBYellowClass @RBGreenClass @RBTurquoise @RBBlueClass @RBPurpleClass



Well done to all of our children who have shared on Twitter examples of some of the activities they have been completing at home and at school.

Below are the names of those children along with some Twitter posts.

Robert Browning R Novel YR

Sara YR Zarifah YR Franklin YR Sam Y1 Maria Y1 Hamad Y1 Era Y1 Anas Y1 Samara D Y1 Revan Y1 Maksim Y1 Aaron Y2 Adar Y2 Felicia Y2 Joshua Y2 **Kamarley Y2** Rosie Y2 Sayid Y2 Rahi Y3 Lilv Y3 LeRico Y3 Naaim Y3 Michael Y3 George Y3 Amreen Y3 Simon Y3 Maryam Y4 Skye Y4 Aaliyah Y4 Jasmin Y4 **Ermal Y4 Mounir Y4** Roihanna Y4 Lola Y4 Munira Y4 Fawaz Y4 Long Y4 Rayan Y4 Aella Y5 Amila Y5 Aneega Y5 Isabelle Y5 Jayden Y5 **Kelly Y5** Liam Y5 Mohamed M Y5 Nathalia Y5 Ore Y5 Ryaan Y5 Téi Y5 Mohamed J Y5 Mohamed Y6 Timi Y6 Darin Y6

Ethan Y6

Kazuo Y6

Peter Y6

Sian Y6

Tiago Y6

Jamilla YR **Monica YR** Logan Y1 **Awwal Y1** Amza Y1 **Melanie Y1** Samara F Y1 Siham Y1 Kamari Y1 Caleb Y1 Abbey Y2 Angela Y2 Jack Y2 Kaiden Y2 **Livinny Y2** Samy Y2 Thiago Y2 Mason Y3 Raied Y3 Anam Y3 **Austin Y3** Meshach Y3 **Debby Y3** Sana Ý3 Chelsea Y4 **Aamie Y4 Izrael Y4 Enock Y4 Tnok Y4** Kamilah Y4 Fawaz Y4 **Ledion Y4** Aia Y4 Hassan Y4 Monae Y4 Fatouma Y4 Tomiwa Y5 AJ Y5 **Amir Y5** Allie-Rose Y5 Jamal Y5 Jordean Y5 **Kelsey Y5** Mamadou Y5 **Natalie Y5** Olivia Y5 Qi Zong Y5 Sheerin Y5 Teni Y5 Paul Y6 Sara Y6 Ashan Y6 Chloe Y6 Julia Y6 **Matthew Y6**

Shantall Y6

Stefan Y6

Milo Y6

Pixie Y6

Snowsfields

Axel YN Salma YN Alma YR Saroban YR Val YR Janelle YR **Thomas YR** Raf YR Raven Y1 Meaghan Y1 Zavaria Y1 Lymas Y1 **Tomisin Y1** Joab Y1 Azzan Y1 Jayci Y1 Sofia Y1 Nohami Y1 **Emmauel Y2** Anjaneya Y2 Regina Y2 Nia Y2 Raila Y3 Jayden Y3 Rómeo Y3 **Bethany Y3** Mosunmola Y3 **Imran Y3** Keegan Y3 Enzo Y3 Emily Y3 Jaheim Y3 Amani Y4 Fahad Y4 Izzy Y4 Ryan Y4 Lilian Y4 Zahon Y4 **Edward Y4** Ava Y4 Elea Y4 Baraka Y4 Adnan Y5 **Domenico Y5** Fanta Y5 Joannie Y5 Kimora Y5 Param Y5 Philippa Y5 Reem Y5 Sana Y5 Temitayo Y5 Trinette Y5 Zain Y5 **Christianna Y6** Solomon Y6 Kianna Y6 Adam Y6 Ola Y6 **Khaled Y6** Mungiva Y6 Izzy Y6 Farhan Y6

Naylaa YN
Ibrahim YN
Arthur YR
John YR
Noor YR
Siun YR
Alfie YR
Emily Y1
Riley Y1
Oscar Y1

Yamin Y1 Eliana Y1 Iltreh Y1 Rosie Y1 Ellie Rose Y1 Maya Y1 Kyle Y1 **Preston Y2** Deetya Y2 Melat Y2 Nayla Y2 Gabriella Y3 Lilly Rose Y3 Mamadou Y3 Jacob Y3 Leena Y3 Joshua Y3 Isabella Y3 **Benjamin Y3** Sumaiya Y3 Nraeah Y3 **Iman Y4** Al Amin Y4 AnitaY4 Salma Y4 Shem Y4 Salem Y4 Perry Y4 Yousuf Y4 Laila Jay Y4 Chrisamel Y4 **Angelina Y5** Dominika Y5 Hope Y5 Kawthar Y5 Lailaa Y5 Parin Y5 **Princess Y5 Rosie Y5** Sidney Y5 Temidayo Y5 Yaseen Y5 Zoe Y5 Adam Y6 Samira Y6 **Bailey Y6** Khadiia Y6 Casey Y6 Fatima Y6 **Abigail Y6** Sulayman Y6

Natalia Y6

Tommy Y6

Tower Bridge d YN Ksenija YN

Rasheed YN Joel YN **Hamid YR** Daisy YR Isaac YR Sam YR **Bethenny YR** Asher YR Khalil Y1 Daivansh Y1 **Anthony Y1** Isaac Y2 **Amirah Y2** Milan Y2 Maliyah Y2 Rudy Y2 Moussa Y2 **Chinonso Y2** Youcef Y2 Wassim Y3 La'rayah Y3 Kiyrah Y3 Saira Y3 Youcef Y3 Nicole Y3 Reggie Y3 Armani Y5 Zain Y5 **Emily Y5** Saida Y5 **Ephraim Y5** Elijah Y5 Maisie Y5 Mawata Y5 Rachel Y6 Kajus Y6 Tino Y6 Amna Y6 Ruva Y6 Tilly Y6 Lordina Y6 Scarlett Y6 Bella Y6

Isla YR Max YR Yugan YR Freddie YR Peggy YR Jaaziel Y1 **Daniel Y1** Yassine Y1 Leah Y1 Sara Y2 Mia Y2 **Amarion Y2** Shakirah Y2 Kaya Y2 Aliyah Y2 Oscar Y2 **Arthur Y2** Rabia Y3 Xingrui Y3 Vaughan Y3 Hazel Y3 Erik Y3 Joel Y3 Majed Y3 India Y5 **Khaled Y5** Leah Y5 **Armari Y5 Rakin Y5** Jayden Y5 Abubakai Y5 Xingya Y5 Fejiro Y6 Ruby Y6 Moaad Y6 Nadir Y6 Sophia Y6 Sirius Y6 Malak Y6 Olivia Y6

Tweets





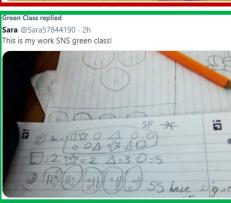


This one is so determined to beat her own score, and was very happy when she done so on Saturday. She got 25/25 on TTRS (Timetable Rock Star). Proud to share with @SNSgreen_4 @SNS_Primary

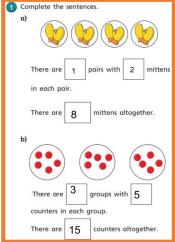




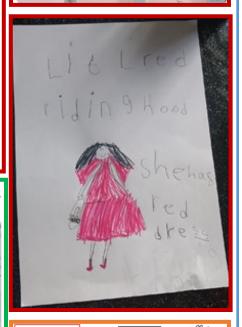














Stem

P



Robert Browning Primary School @PrimaryRobert · 5h

English

A few more shout - outs!

Well done to: Teniola, Isabelle, Kazuo, Jeremy, Matthew, Sara, Amila, Mohammed, Thiago, Rosie, Kamarley, Meshach, Austin, Anam, AJ, Amreen, Adar, Lilv!

Keep going- you are doing brilliantly!

Orkney

000

Challenge: Can you find the tool to draw lines? Match the sentences to the pictures.

There are 3 equal groups with 5 in each group.

There are 4 equal groups with 2 in each group.

There are 2 equal groups with 4 in each group.

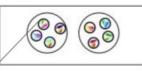
NORTHEAN TRELAND

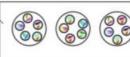
country:

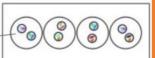
capital city: cardiff

Belfast

* Geography

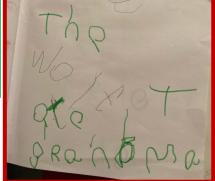




















Transport we use today is more comfortable and more available for the surrunding public. Planes, trains, ships and busses are more powerfull and can carry more people at the same time. They run on petrol, disel or electricity.











Walles



When you multiply by 100, you should add two zeros.

Type here:

No she is incorrect actually what you do if you x by 100 you move each integer 2 to the left and the column that you have left you put a zero there. By that I mean if you have a tens and once with no number you put a zero in that column Example: 286x100=1 will still be 286 because you didn't put on the zeroes so with the zeroes it is 28600. Or if you are doing this 0.54 with decimal just move each integer two to the left so it is \$4 and as you can see no colomn's ection like tens, hundredths have no number so I don't put on a zero.

Do vou agree? Explain your thinking.



Hold up! Hold up! Who would want to miss an opportunity to be a scientist? You MUST take this one chance. This is a great start to your career and promise you it is a positive perfect job. Fulfill your dreams in becoming one of the best scientists in the world!! Wouldn't that just feel great? Don't miss out. Take the opportunity



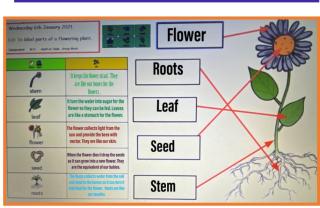




Transport from the Past



The horse carriage was not comfortable and didint have ar conditioning. i was make to carry one or two passangers. This vehicle would only be use on the land. I think the first carriage was use in 1900BC by Egyptians.





ring Parents Empowering Communities (EPEC) Being a Parent n aged 2-11 years)

EPEC are delivering the following, parenting programmes

ng a Parent' virtual Parenting Program Start date: Tuesday 9th February 2021 09:30 – 11:30

Facilitated by Libby Rockson, Kady Channer & Munira

Thursday 11th February 2021

Facilitated by Mena Amnour, Alissa Slaffer & Fumi Ilori

Start date: Tuesday 22nd January 2021 10:00 to 11:30

Facilitated by Ben Campbell & Seher Parnell

For information on either of the two courses, please contact Claire Gager: (M) 07547 659 646

(E) Claire.gager@southwark.gov.uk

Facilitated by Audrey Stapleton Please contact Audrey on: (T) 07599 555 028 or

thening Families, Stren Communities(SFSC) ng Families, Stren mmunities(SFSC)

8 weekly sessions, lasting 2 hours Start Date: Monday 25th January 2021 10:00 - 12:00 8 weekly sessions, lasting 2 hours Start Date: Tuesday 26th January 2021 10:00 - 12:00

> Facilitated by Fidelia McWhinney & Lorna Adebambo
> Please contact Fidelia on:
> (T) 07983 918 337 or
>
> whinnev@southwark.gov.uk (E) fidelia.m

Experienced and trained Parent Champions are parents within our community who work with Family Early Help, including Children and Family Centres, to provide support to parents on a practical level as well as helping signpost to appropriate services.

> Please contact <u>Claire Gager</u>: (M) 07547 659 646 (E) Claire.gager@southwark.gov.uk

> > ing Families, Stren mmunities (SFSC)

Start date: Week beginning 04/01/2021

The Race Equality Foundation (REF) are providing and facilitating a virtual SFSC parenting programme, beginning January 2021. Parents will he given a code in order to access the programme.

Please make referrals to FEH Parenting Service as usual. Contact the parenting service for further information.

s(SFSC) Sp

8 weekly sessions, lasting 2 hours Start Date: Tuesday 26²⁵ January 2021 10:00 - 12:00

Facilitated by Rebecca Arinze & Maria Please contact Rebecca on (T) 07939 635 458 or

The Perinatal Support Service offers support to families where a parent is struggling with their emotional health and wellbeing or where they have been diagnosed with a low to moderate level perinatal mental illness or when their personal circumstances mean they may be vulnerable to developing a perinatal mental illness. The Perinatal service works closely with midwives, health visitors, GPs, Children's Centres and specialist perinatal teams to enhance what is available to families.

Referrals can be made via your GP or other healthcare provider, or directly by calling: 020 3228 2194 or emailing sptsadmin@slam.nhs.uk

Strengthening Families, Streng Communities(SFSC)

8 weekly sessions, lasting 2 hours Start Date: Wednesday 27th January 2021 10:00 - 12:00

Facilitated by Rebecca Arinze Please contact Rebecca on (T) 07939 635 458 or

Children and Family Centres

During this time you may want to reach out and seek advice and support from other services available within Southwark Children's Services. Please see link below for an extensive library of advice and information

https://www.southwark.gov.uk/childcare-and-parenting/children-s-social-care/family-early-help-/children-and-family-centre-s-covid-19-service-update

Empowering Parente, Empowering Communities Being a Parent; Helps parents learn practical communication skills for everyday life and will help to bring up confident, happy and co-operative children

Individual Virtual Parenting Programme apport sessions in conjunction with a Lead

Based on SFSC group work or Father's Group work programmes. This may also include bringing

smaller groups together through video conferencing.

Please make referrals to FEH via email to:

earlyhelp@southwark.gov.uk or contact the Parenting Service for more information on: (T): 0207 525 1932

Southwark Father's Group

8 weekly sessions, lasting 2 hours Start date: Friday 29th January 2021 10:00 - 12:00

Facilitated by Ben Campbell and Alex Francis

Please contact Ben on (T) 07738 860 768 or

onal working with the fa

Empowering Parents, Empowering Communities Being a Parent Together. This course, delivered by parents who have already benefited from this learning with their own children and families, will help you be the best for your children, w together or apart. Topics include: Looking after yourselves as parents, recognising and managing your child's emotions, learning positive parenting strategies as well as working together as a team to support your children. BOTH PARENTS MUST ATTEND

Father's Group: Provides a space for any male with a caring responsibility for a child to discuss their parenting difficulties, strengths & weaknesses in a safe, confidential and encouraging space.

Strengthening Families, Strengthening Communities; An inclusive evidence-based parenting programme, designed to promote protective factors that are associated with good parenting and better outcomes for children. A Spanish group is available for Spanish speaking parents

KEEPING families STRONG

Southwark Council Family Early Help Service Parenting Schedule January to April 2021
There will be no classes running during the week of 15th February 2021, which is half term week



Child to Parent Violence - Who is in Charge?

https://whosincharge.co.uk/wp-content/uploads/WIC-Addressing-Child-to-Parent-Violence-and-Abuse-Information-to-help-parents-V1-2020-3.pdf

Start Date: Thursday 14th January 2021 10:00 - 12:00

A FREE 5-week online course for parents and carers

To book a place please complete the enrolment form at https://www.eventbrite.co.uk/e/reading-with-children-tickets-131593115551 Start Date; Tuesday 26th January 2021 10:00 - 11:30

Facilitators: Bianca Ford & Anna Cullen

Please contact Bianca on (T) 07949 633500 or (E) bforde@ivydale.southwark.sch.uk

Or Anna on (T) 07949 633508

(E) acullen@ivydale.southwark.sch.uk

Pause works with women who have experienced, or are at risk of, repeat removals of children from their care Through an intense programme of support, it aims to break this cycle and give women the opportunity to reflect and tackle destructive patterns of behaviour and to develop new skills and responses that can help them create a more positive

> (T):020 7525 7457. (E):pause@southwark.gov.uk

Resources for Parents/Carers from NSPCC

https://www.thinkuknow.co.uk/parents/supporttools/support-your-child-at-home

Family Lives offer parents a 24hour free helpline number on: 0808 800 2222, or alternatively, email askus@familylives.org.uk for support

Support for Teenage Parents through the Family Nurse Partnership (FNP) Team

FNP is a voluntary home visiting programme for first-time young mums and families, designed to help parents have a healthy pregnancy, improve their child's health and development, plan their own futures and achieve their aspirations

Based at Sunshine House. Please contact Kate Frith, (T) 020 3049 8892. (E) Kate.frith@gtt.nhs.uk

ble Years Autism Su Start Date: Tuesday 26th January 2021 10:00 - 11:30

Facilitators: Susan Spencer & Millie Tabansi

Twice weekly sessions will be held Tuesdays and Thursdays via Zoom

For further information and booking please contact Susan (E) sspencer@ivydale.southwark.sch.uk Or Millie (E) mtabansi@ivydale.southwark.sch.uk

Please call 0203 848 5780

A range of remote support services are being offered for children on the autistic spectrum. Names are being taken for online Cygnet (5-18) and First Steps (Under 5s) parenting courses.

Please email

AutismSupportTeam@southwark.gov.uk with the family details to put their names

Pre-School Immunisations

Routine pre-school immunisations are still on offer and they are as important as ever.

This is a useful parent guide to immunisations and here is immunis information for professionals

Health Visitors have had to change the way they works but support is still available to parents, including for breastfeeding Health Visitor offer during covid 19

This website is a helpful from Public Health colleagues guide for parents on accessing health care during covid 19.

Home Start Southwark's 'e-friending' service

Telephone support service for parents with young children in Southwark. The service is aimed at lower need families with children Under 5, who would benefit from additional support & signposting to local online services.

(W): info@homestartsout (T): 07712 816 391

Guy's & St Thomas' Text a School Nurse

School Nurses can provide help with all sorts of issues including: Emotional Health & Wellbeing, Keeping safe and healthy, Bedwetting, Sleep, Bullying, Support with Medial Conditions in School, Growing Up & Dental Health,

07520 631 130

(Messages of charged at your usual rates)
Messages are monitored between 3am and 5pm Monday to Friday excluding bank
holidays

Gain access to articles, discussion points and videos that may help conversations around relationship difficulties:

https://click.clickrelationships.org/home/parenting-together/

Families Under Pressure

Eight short films offering parenting tips, launched by Kings College London and the Maudsley, Hospital. Featuring the recognisable voices of a host of well-known parents including Olivia Coleman, Rob Brydon, Holly Willoughby, Danny Dyer, Sharon Horgan, Dame Jessica Ennis-Hill, Romesh Ranganathan and Shappi, Khorsandi

TIP 1: Keeping positive and motivated. TIP 2: Making sure everyone knows what's expected of them. TIP 3: Building your child's self-confidence and trust in you. TIP 4: Getting your child to follow instructions. TIP 5: Promoting better behaviour. TIP 6: How to limit conflict. TIP 7: Keeping calm when your kids act up. TIP 8: Using sanctions carefully. Please go to: www.familiesunderpressure.org

Incredibla Years (1 - 3 years): Improve Parent's understanding of how to develop positive attachment and responsive parenting & increase parent's positive relationships and bonding with their toddlers through child-directed play times. The course also aims to Increase support

Incredible Years Autism Programme (2 – 5 years): To support parents and carers to interactive with their children in ways that promote their language skills, school readiness, emotional self-regulation, social skills, empathy and positive relationships. The course will also provide evidence based strategies for parents and carers to enhance their parenting confidence and understanding of the valuable role that they play in promoting their children's development

If you have any enquiries or would like to discuss access to any of the parenting support as outlined above, please contact a member of the team:

Vivian Blake, Southwark Parenting Programme Lead (E): vivian.blake@southwark.gov.uk

Rebecca Arinze – Parenting Practitioner (T) 07939 635 458 (E) rebecca.arinze@southwark.gov.uk

Ben Campbell - Parenting Practitioner (T) 07738 860 768
(E) ben.campbell@southwark.gov.uk

Fidelia McWhinney - Parenting Practitioner (T) 07983 918 337 (E) fidelia.mcwhinney@southwark.gov.uk

Claire Gager - EPEC Hub & Parent Champion Lead (T) 07547 659 646 (E) claire.gager@southwark.gov.uk

For information on making a referral, please go to the Family Early Help webpage: https://www.southwark.gov.uk/childcare-and-parenting/children-s-social-care/family-early-help-feh

Twitter

Please continue to share with us videos and pictures of your children working but do not name children in the posts if their image is tweeted.

Requesting Support from the Local Community To our lovely community

Our children are in need of devices to access their online learning. If you have a spare laptop or tablet in good working condition and would like to send it our way, we would be extremely grateful for your donation.



REMOTE EDUCATION 10 TOP TIPS FOR CHILDREN

Remote education ensures continuous learning outside the classroom. For students, it's the perfect way to ensure they still get the education they need, despite not being at school. However, it also requires a level of discipline and careful planning. That's why we've created this guide to help pupils understand different aspects of remote education and to support them in ensuring their experience is as safe and secure as it can be.

1. TREAT REMOTE EDUCATION THE SAME AS CLASSROOM LEARNING

Despite being at home, it's important to remember the same rules apply as being in the classroom, particularly in respect of behavior and conduct. Focus on learning and don't get distracted by your surroundings.



2. USE CLASSROOM LANGUAGE

If you are encouraged to communicate through emails and online messages, don't use shorthand text speak and write as though you would speak in class. Remember to be respectful and polite and avoid positing negative comments or spamming the chat.



LOL!

3. TAKE REGULAR SCREEN BREAKS

Whilst remote education might be an exciting experience to begin with, having prolonged periods of time in front of a screen isn't always healthy. Remember to have regular screen breaks where possible and in your spare time, try to get some fresh air and enjoy other activities away from electronic devices.



4. ALWAYS CONDUCT VIDEO LEARNING IN AN OPEN SPACE AT HOME

To get the best experience from remote education, it's important to create the right environment around you. Try to set up a mock 'classroom desk' at home in an open space so parents can supervise if necessary. Avoid bedrooms as this could be considered inappropriate.











7. DRESS IN SCHOOL UNIFORM

As part of your learning environment, try to maintain school uniform/dress. This will help as part of replicating classroom learning in the home. Try to avoid wearing anything too casual as this could be deemed inappropriate for school.



8. DON'T SHARE PASSWORDS OR OTHER SENSITIVE INFORMATION

In order to begin your online lessons or to gain access to learning materials, you may be provided with login details and passwords. In the same way you keep your personal details private, always keep these safe and never share them with others.



DON'T USE SCHOOL PLATFORMS TO DISCUSS PERSONAL MATTERS.

It's important to keep your school communication channels separate from your own personal communication with friends and family. Don't be tempted to engage in casual discussions or send images, videos or links via official school apps or platforms that aren't associated with your learning.



10. LOOK AFTER YOUR MENTAL HEALTH AND WELLBEING.

Remote education ultimately means working alone and missing out on daily social interaction with your friends. If you ever feel frustrated, low or sad, it's important to discuss how you feel with your parents or your teacher. Keeping in touch with friends over the phone or on social media can also help to keep your spirits up.









REMOTE EDUCATION **10 TOP TIPS FOR PARENTS**

Remote education ensures continuous learning outside the classroom. For parents and carers, remote education isn't always straightforward and there can be a number of factors they need to consider, especially around ensuring their children feel comfortable and are familiar with the whole concept. That's why we've created this guide to help parents and carers support their child in getting the most out of their remote education experience.

1. TAKE AN ACTIVE INTEREST IN YOUR CHILD'S LEARNING

As a parent or carer, your school may have explained how remote education works already, but children may still need help. Take an active nterest in their learning and help support them whenever they need a helping hand.



2. MONITOR YOUR CHILD'S COMMUNICATION AND ONLINE ACTIVITY

It's important to remind your child that despite being at home, the same level of behaviour and conduct exists as if they were at school. Encourage them to remain polite, remember their manners and not to post or send any negative comments just because they are behind a computer.



3. ESTABLISH A DAILY SCHEDULE AND ROUTINE

Working from home and trying to learn in a more casual setting that children might associate more with play and a degree of freedom might take a bit of getting used to. Try to stick to a daily routine and use the timetable/schedule that schools have sent home to help children keep on



Remote learning will inevitably require more interaction with computers, laptops and tablets. Teachers will invariably advise on screen breaks: however, it doesn't hurt to keep a check on their time online or encourage them to get some fresh air/exercise.



5. ENSURE YOUR LEARNING DEVICE IS IN PUBLIC SPACE IN THE HOME

It's important to consider where your PC or laptop is placed if live video is being used. Try to keep the background neutral, with no personal information visible and move learning devices out of the bedroom as this could be deemed inappropriate.



6. IMPLEMENT SAFETY CONTROLS AND PRIVACY RESTRICTIONS ON APPS AND SOFTWARE

Dependant on how your school implements remote education, your child may be required to download certain software or apps. Whilst these are likely to be relatively safe to use, like any other new app or platform, parents should still implement safety controls as a precaution.



7. ENSURE YOUR CHILD ONLY USES OFFICIAL SCHOOL COMMUNICATION CHANNELS

It's important that all communication with teachers and school staff is directed through approved school channels, whether that be through the school's online portal or the relevant secure messaging site.



8. FAMILIARISE YOURSELF WITH RELEVANT SCHOOL POLICIES

Schools should have a policy on remote education that they can share with parents. Familiarise yourself with this and ensure you know what is expected of teachers and your child during lessons, both online and



9. MAINTAIN FEEDBACK WITH TEACHERS

Engage in communication with teachers where possible, and try to feed back progress and development as well as any helpful suggestions around the learning process. Be transparent but remain professional and only use official channels to communicate.



10. MONITOR YOUR CHILD'S WELLBEING AND MENTAL HEALTH

Remote education will likely mean that your child won't get the same level of social interaction and might not see their friends for a while. Keep a check on their wellbeing and try to encourage them to get out as much as they can. Whilst learning from home might seem fun and exciting to start to with, missing out on seeing their friends every day might take its toll.





