



Funding for 2020-21 – Tower Bridge Primary

Total number of eligible pupils on roll	151
Total amount of premium	TOTAL: £17,569

PE and Sport Priorities for 2020-21

Conditions of grant: The premium must be used to fund additional and sustainable improvements to the provision of PE and sport, for the benefit of primary-aged pupils

It is expected that schools will see an improvement against the following 5 key indicators:

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. The profile of PE and sport being raised across the school as a tool for whole school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Review: This plan will be evaluated termly by the Healthy Schools Leader working alongside the Leadership Team. The evaluated plan will be published each academic year. Evaluation will be through measuring participation, CPD evaluations, interviews with pupils and sports leaders, questionnaires with parents, staff and pupils.

Identified Priority	Actions	Planned Cost
1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles	Commitment to 2 hours PE each week Daily mile embedded in structure of school day throughout the school from Reception to Year 6 daily. Every child running, jogging or walking continuously for designated amount of time, daily. Equipment for playtimes and PE lessons Active learning in the curriculum Promote walk to school – TFL STARS Active playgrounds – children to be provided with activities to use during playtimes to engage body and mind. Specific playground equipment, play-leaders to encourage and support games and inclusion	Additional adult to support workshops: (2 half days) £248 Due to Covid workshops did not run -£248 Workshops, events and resources:

	<p>Physically active after school clubs</p> <p>Physically active breakfast club</p> <p>'Fizz Free February' – Southwark initiative to combat childhood obesity issues in borough</p> <p>Children identified as 'talented' in sport to be supported and challenged – MAT register with Danny at PESSN.</p> <p>To promote Health and Wellbeing throughout the school (KS1 and KS2) through workshops in the Autumn and Spring terms (PESSN)</p> <p>To take part in the PESSN offer of a whole day Yoga and Mindfulness workshop;</p> <p>To complete a Sports Day/Week in the summer term and running Race for Life;</p> <p>To promote above to parents through parent workshops.</p>	<p>Equipment for PE and Playtimes</p> <p>£1,000</p> <p>-£500</p>
<p>2. The profile of PE and sport being raised across the school as a tool for whole school improvement</p>	<p>Regular discussion in assembly – links to organisations such as Parkrun. Assemblies celebrating our core values through our physical activities – Daily Mile Runner, resilience through sport, league accomplishment and class participation and experience. Rewards and recognition for participation, personal achievements and demonstrating sporting values. Start our high profile days/week with a launch assembly.</p> <p>Regular updates on school newsletter and website – sporting achievements</p> <p>Sports leaders monitoring and supporting the provision – acting as role models and encouraging others</p> <p>Regular meetings with subject leader and sports leaders</p> <p>Carry out a pupil survey</p> <p>Healthy schools award - Healthy School Action Plan - Implementation and evaluation (see plan)</p> <p>To achieve 'Bronze' in the School Games Mark Award</p> <p>Premier League – display, certificates</p> <p>Southwark initiative 'Fizz Free February' to raise the profile of healthy eating and exercise.</p> <p>Sharing good practice across other curriculum areas:</p> <ul style="list-style-type: none"> • Does your PE teaching enable the development of life skills that are transferred to other curriculum areas, wider school and beyond? • Does your PE teaching develop the whole person including thinking, social and personal skills? • Do you have external recognition for PE and the impact it has on the schools priorities, values and ethos? • Does your PE teaching aid fine and gross motor skill development? 	<p>Release for PE Leader (3 half days):</p> <p>£395</p> <p>Additional 3 half days release due to Covid</p> <p>+£395</p> <p>Release for PE leader 1 day per term:</p> <p>£789.37</p>

	<ul style="list-style-type: none"> • Are sporting role models used to engage and raise achievement? • Is PE and school sport visible in the school (assemblies, notice boards, school website, local press, pupil reward and recognition of pupils) 	
<p>3. Increased confidence, knowledge and skills of all staff in teaching PE and sport</p>	<p>PESSN CPD for staff including:</p> <ul style="list-style-type: none"> • bespoke 1-1 sessions with staff- team teaching and feedback • CPD sessions for NQTs • Half Termly support sessions for PE leader • CPD support staff (TAs) working with SEND – in school support • Attend SEND festivals/events. <p>Other planned CPD :</p> <ul style="list-style-type: none"> • Training for lunchtime supervisors supervising activities • Sports coach delivering high quality PE sessions – modelling/support for teachers • Lockdown online workshops and support for children and families 	<p>Supply cover for PE leader (6 half days): £791.18</p>
<p>4. Broader experience of a range of sports and activities offered to all pupils</p>	<p>Use of PESSN lesson plans as a starting point for broad use of skills. Class teacher led P.E sessions to focus on broader skills beyond physical</p> <p>Wide range of After School Clubs on offer each term based on children’s needs and interests to maximize up take: Autumn Term: N/A due to COVID pandemic Spring Term: N/A due to COVID pandemic Summer Term: N/A due to COVID pandemic</p> <p>Sports coach: Run ‘move to learn’ fitness sessions before school during ‘Healthy Mind, Healthy Body Week Children signposted to external clubs where appropriate and identified as being gifted and talented within specific areas Gross motor skills support given in small groups during curriculum to help bridge gap in access to full P.E curriculum. Run after school clubs</p> <p>PESSN Broader experiences for pupils including:</p> <ul style="list-style-type: none"> • A focus on mental health and wellbeing for Autumn term 2020 post lockdown. • SEN sport festival KS1 	<p>Cost of Adults to run after school clubs: £17.85 per session per adult for 32 weeks: £4,660.90 No clubs due to Covid -£4,660.90</p>

	<ul style="list-style-type: none"> ● SEN identification package ● MAT identification package ● Other sporting/physical activity opportunities such as badminton, ice-skating, trampoline, seated volleyball ● Opportunities to watch professional sports matches ● Aim to attend 3 leagues per year with a range of children and including both boys and girls ● Each year group in KS2 to attend at least 2 competitions throughout the year. This can include in-school intra and virtual events <p>Our aim to engage more girls in sport. To this end, the PESSN are offering a FA girls program: a 6-week taster session with up to 60 girls and then offer pathways to play football out of school.</p> <p>Y5 (2 day) and Y6 (3 day) residential activity centre</p> <ul style="list-style-type: none"> ● Rock climbing ● Abseiling ● Zip wire ● Orienteering 	
<p>5. Increased participation in competitive sport</p>	<p>LPSSN Competitions including:</p> <ul style="list-style-type: none"> ● Cross country running ● Tournaments ● KS1 experiences ● KS2 challenge days ● Leagues – try to attend 3 per year ● Virtual competitions <p>Sports coach to train/prepare teams for participation</p>	<p>Additional adult costs to take children to sports tournaments:</p> <p>Approximately 12 events over the year with 2 adults to take the children:</p> <p>£2,496.96</p> <p>No tournaments due to Covid</p> <p>-£2,496.96</p>
<p>6. Swimming</p>	<p>Provision of swimming for an additional two terms in Year 4</p> <p>Provision of swimming for an additional half term in Year 6</p>	<p>Cost of swimming pool and instructor:</p> <p>£4,290</p>

7. PSHE	<p>Whole school implementation of YALE University's RULER Emotion Boards for children to understand and regulate their emotions to be emotionally intelligent learners.</p> <p>School Nurse from Southwark to aid in the delivery of SRE sessions.</p> <p>A new SRE policy 'Relationships and PSHE' implemented for September 2020. Teachers and staff to be supported in delivering this.</p> <p>Mental health lessons in school to raise awareness of mental health and wellbeing.</p>	<p>£1,000</p> <p>+£2,000 additional spend due to Covid</p>
Cost of LPESSN		£5,500
Cost of Sports Coach 1 day a week		£3,510
Total Cost		<p>£24,681.41</p> <p>Actual Spend</p> <p>£17,880.55</p>

Evaluation and Impact- July 2021

1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles

The Daily Mile continues to be integral part of our school day. To continue to raise the profile of all pupils in regular physical activity, we have taken part in Daily Miles initiatives, such as 'England does the Daily Mile' to get a million children in England running on the same day. In addition to this activity, we also took part in a mini-London marathon, in partnership with Virgin Money, for the children to run 2.6 miles in a week. This was a huge success in the children's confidence and they earned a medal for their effort. One child said, "I enjoyed the running because we supported each other to run and at the end we got a medal. Our TA tweeted pictures and videos of us running with our back stickers". A current Sports Leader in Year 6 said, "When we run, it helps us to concentrate when we are back in the classroom. It makes us feel good and we can earn certificates for running well".

As part of our on-going Healthy Schools Award, we are constantly mindful of how we travel and the impact regular physical activity can have on our health. While we could not go on trips this year due to COVID, we managed to run this year's Race for Life to raise money for cancer research in our local area. All children wore pink (or red) and ran knowing their fund raising was going to make a difference to others. This year we held sports day activities in the playground which was a lovely opportunity for children to compete competitively. This allowed the children to apply their athletic learning to practice.

We work closely with School Travel Plan at Southwark council and TFL STARS to promote children travelling to school responsibly. We have held assemblies on the benefits of being active, as well as linking responsible travel to Clean Air Day and Science - discussing pollution and the environment. We monitor how children travel to school through our 'Hands-Up survey' which is reported to Southwark council and forms part of our accreditation.

2. The profile of PE and sport being raised across the school as a tool for whole school improvement (awards achieved)

- Currently Bronze Healthy Schools London;
- Bronze TfL's STARS Award;
- Bronze School Games Mark.

Due to the Coronavirus, we were unable to apply for grading for this academic year. For the academic year 2020/21, the School Games Mark Framework will be positioned as a self-review tool to support schools and other educational establishments to reflect on their involvement in the School Games in light of the country's ongoing plight with COVID-19. The current application window for the School Games Mark is paused this academic year.

We are currently working closely with a representative from TFL STARS (Healthy Schools) to gather data to apply for accreditation this year. In addition, we also had a Clean Air Audit in the Summer term to measure our air quality which taught the children how clean air can directly be related to our fitness levels.

Next year, we hope to participate in more initiatives and sporting events to increase our accreditation. In recent years, we introduced a whole school 'PE Learning Journey' for each class to raise the profile and formality of PE lessons. The PE journeys have increased the accuracy in teacher assessments in PE as they have more evidence of each lesson and children's progression. Moving forward, we are keen to develop these PE Learning Journeys online, such as Google Classroom using Jam boards, to capture more reflections and pupil voice.

Our data shows how our children are improving in PE:

(Summer) Y1 - 79% ARE or above; Y2 - 88% ARE or above; Y3 - 95% ARE or above; Y4 - 85% ARE or above; Y5 - 92% ARE or above; Y6 - 87% ARE or above.

We did not report on Spring data due to the lockdown at the start of 2021.

3. Increased confidence, knowledge and skills of all staff in teaching PE and sport

Due to the pandemic, the PESSN network have provided a plethora of resources, support and ideas to support teachers, children and families while learning from home and returning back to school. Daily videos were uploaded to their website, YouTube channel and daily updates to their Twitter feed. This allowed teachers to provide provision to those who were learning from home while supporting those children in school. There was a focus on mental health and wellbeing this year. We held a mental health and wellbeing focus week in the Spring term to allow children to reflect and talk about their experiences. The PESSN further helped support staff by providing yoga, mindfulness and resources on their website and YouTube channel to support teachers CPD.

A KS2 teacher said, "The PE Network was great as it helped parents to support their children at home during remote learning. They really had a strong emphasis on mental health and wellbeing as well as showing creative ways for the children to be active".

Due to the pandemic, next year we would like to have more bespoke CPD opportunities from the PESSN, including CPD for support staff working with SEND as this was not covered this academic year.

4. Broader experience of a range of sports and activities offered to all pupils

This year it was not possible to deliver clubs to the children. We did not allow external agencies on site to deliver sessions and we did not allow children to mix bubbles.

Clubs	Autumn	Spring	Summer	Total 19-20	Total 20-21
Number of sport and physical activity clubs offered	0	0	0	12	0

Number of pupils participating in sport and physical activity clubs	0	0	0	113	0
Number of girls/boys participating in sport and physical activity clubs	0	0	0	33 / 80	0

5. Increased participation in competitive sport (Competitions entered, where placed)

All competitive sport this year was done within bubbles and year groups, usually during PE lessons. We did hold a competitive sports day, in school, which allowed mixed ability groups to compete in several activities as well as individual competitive races.

Our aim for the next academic year is to increase the number of events children participate in. Our girls' football was cancelled in the Autumn term. We are hoping to give the same offer next Autumn term to Year 5 and 6 children.

6. Swimming

The Year 6 class was timetabled to go swimming during the Summer term as part of the Sports Premium funding, however this was unable to happen. Our Year 4 class was also timetabled to go swimming during the Autumn term but, again, this was unable to happen. These children will be given the opportunity of more swimming lessons when they reach Year 6 as part of the funding.

No classes took part in swimming lessons therefore we do not hold data on this.

Meeting national curriculum requirements for swimming and water safety	Year 4 19-20	Year 4 20-21	Year 6 19-20	Year 6 20-21
Swim competently, confidently and proficiently over a distance of at least 25 metres?	21 %	N/A	N/A	N/A
Use a range of strokes effectively ?	13 %	N/A	N/A	N/A
Perform safe self-rescue in different water-based situations?	13 %	N/A	N/A	N/A