

Friars, Robert Browning, Snowsfields and Tower Bridge Primary Schools



We learn and succeed together



@FriarsSE1 @PrimaryRobert @SNSPrimary @TBPrimary

Find us at: WWW.bridgesfederation.org.uk

Newsletter 13th May 2022

Dear Parents,

We are so proud of all of our year six children who sat their SATs this week, they all worked incredibly hard and showed such resilience.

Thank you to all the children, to you their parents and all the year 6 staff who were with the children every step of the way.

We are so excited to see you in our schools over the next two weeks for our reading cafes.

Please look on twitter for photos after the sessions.

Please remember that our gates open between 8:45 and 9am and children are marked as late if they arrive after 9am.

Have a lovely weekend and see you on Monday between 8:45 and 9am.

Term Dates 2021 - 2022

Summer term

Wednesday 20th April 2022 – Friday 27th May 2022

Half Term: 30th May 2022 – 3rd June 2022

Monday 6th June – Wednesday 20th July 2022

Robert Browning, Snowsfields and Tower Bridge SCHOLARPACK APP

Do you have access to the scholarpack App? If not, please contact your school office for an access code. **From 1st April 2022 we will only be using the App to communicate with parents, we will no longer be sending texts.** If you need help to download and access the app, please come and speak to a member of the office team who will be happy to assist.

Reading Cafes -Dates for your diary

We are very happy that reading cafes will be taking place in our schools. This will give you the opportunity to read to your child or a group of children in school. These will take place from 8:45-9:15 am on the dates listed below. EYFS reading cafes will be on the day of stay and play.

Tower Bridge - Reading Cafes

Monday 16th May - Year 2

Thursday 19th May - Year 1

Tuesday 24th May - Year 4

Wednesday 25th May - Year 5

Thursday 26th May - Year 3

Friday 27th May - Year 6

Robert Browning- Reading Cafes

Y1 Thursday 19th May

Y2 Friday 20th May

Y3 Tuesday 24th May

Y4 Wednesday 25th May

Y5 Thursday 26th May

Y6 Friday 27th May

Snowsfields - Reading Cafes

Y1 Thursday 19th May

Y2 Monday 16th May

Y3 Thursday 26th May

Y4 Tuesday 24th May

Y5 Wednesday 25th May

Y6 Friday 27th May

Rainbow Wednesday 18th May at 3pm.

Friars - Reading Cafes

Y1 Thursday 19th May

Y2 Monday 16th May

Y3 Thursday 26th May

Y4 Tuesday 24th May

Y5 Wednesday 25th May

Y6 Friday 27th May

Term Dates - Planning Ahead

2022 - 2023

Autumn term

Monday 5 September 2022 - Friday 21 October 2022

Half Term Monday 24 October 2022 - Friday 28 October 2022

Monday 31 October 2022 - Friday 16 December 2022

Spring term

Wednesday 4 January 2023 - Friday 10 February 2023

Half Term Monday 13 February 2023 - Friday 17 February 2023

Monday 20 February 2023 – Friday 31 March 2023

Summer term

Tuesday 18 April 2023 - Friday 26 May 2023

Half Term Monday 29 May 2023 - Friday 2 June 2023

Monday 5 June 2023 - Friday 21 July 2023

Mobile Phones

If your child walks to or from school on their own and you would like them to carry their mobile phone, please remind them that they must hand in their phone every morning to the school office and collect it every evening. It must not be left in their school bag.

Social Media App Age Restrictions

We know many of our children in year 6 have a mobile phone. However please be aware of the age restrictions on common apps and please support your child to stay within these age restrictions.

Facebook 13+

Instagram 13+

Snapchat 13+

Toktok 13+

Twitter 13+

Wink 13+

There is more information on the NSPCC website:

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/social-media/>

Nursery and Reception Stay and Play

Weekly stay and play sessions for Nursery and Reception parents have started.

At Robert Browning and Snowsfields it is on Wednesday mornings for Nursery and on Friday mornings for reception. At Friars both sessions will be on Thursdays. For Tower Bridge it is on Wednesday mornings for Nursery and Reception. Stay and play will run from 8:45am-9:15am, these sessions will be in the outside area.

You will have seen from our newsletter that there are some events we do at all our schools across the federation and some that happen in individual schools. Every year each school gets to choose which charity events they wish to support.

Events happening across the Federation this term to look out for:

Reading Cafe - see page 1

Sports Day and Race for Life

Summer Fair

School Uniform for Robert Browning, Snowsfields and Tower Bridge - Deadline for orders information from Price and Buckland

Please order by **1ST OF AUGUST 2022** for delivery before the start of the Autumn term 2022.

<https://price-buckland.co.uk/>

Late collection of children from school

We understand that parents are occasionally late to collect their children. However some children are regularly collected after 3:30pm. Please be aware that **we may charge a late collection fee of £25.00** if your child is collected after 3:30pm. Playshelter's new late collection charge is £25.00 per child.

Southwark swim and gym for free

All **Southwark residents** are able to use the swim and gym facilities for free in six of the borough's leisure centres.

Sign up now <http://ow.ly/PPC450HnpZR>
You can follow @ActiveSouthwark on twitter.



Tower Bridge Primary School

Reading Cafe - Dates for your diary

Monday 16th May - Year 2
 Thursday 19th May - Year 1
 Tuesday 24th May - Year 4
 Wednesday 25th May - Year 5
 Thursday 26th May - Year 3
 Friday 27th May - Year 6



Well done!

This week was "The Return of the SATs" as Year 6 took the first KS2 tests since 2019. They have been working so hard towards these, we made sure their brains were fuelled each day by baking healthy treats, pastries and providing juice. Well done Purple Class! We couldn't be prouder! Thank you Kate and Mohammed for baking for the children each day.



TBYellowClass @TBYellowClassY3 · 15h
 We are just loving our swimming lessons! 🏊‍♂️

Today we began to swim on our back. 🐬 @tbprimary



Yellow Class have been enjoying their swimming lessons. This week they began to learn to swim on their backs. Well done Yellow Class for your enthusiasm and resilience!

Do you follow your child's class Twitter page? It's a great way to see what has been going on in your child's class.

CLASS TWITTER PAGES

[@CaterpillarTb](#)
[@tb_butterfly](#)
[@TBRedClass](#)
[@TBOrangeClassY2](#)
[@TBYellowClassY3](#)
[@TBGreenClassY4](#)
[@TBBlueClassY5](#)
[@TBPurpleClassY6](#)



UNIFORM REMINDERS

Please remember all children should be wearing school uniform, including navy jumpers everyday, even with their PE kits. PE kits should be clothing to exercise in: leggings, shorts, tracksuit bottoms and full length t-shirts.

Jeans and skirts are not suitable for PE.

School jumpers can be purchased online (see link on the first page of this newsletter).



My favourite thing is the rolling pin and underneath the stairs.

I like watching the whales, I like the stars under the stairs.

The Chill Out Room

Over the Spring holiday we had our Sensory room installed - as you can see the children are really enjoying it!

Robert Browning



We were delighted to welcome the team from TCS London Marathon to school to take some pictures of our children to help promote the mini marathon. They were really grateful and are using the photos to promote the event that takes place in the Autumn Term. The photos were taken by Ernest Simons

(<https://ernestsimons.co.uk/>) who has photographed lots of famous sports stars!
Here is a sneak peak of the photos on the website:



Look out for more photos on twitter and their website over the coming months!



<https://www.tcslondonmarathon.com/the-event/TCS-Mini-London-Marathon-in-schools>

Robert Browning- Reading Cafes

Y1 Thursday 19th May

Y2 Friday 20th May

Y3 Tuesday 24th May

Y4 Wednesday 25th May

Y5 Thursday 26th May

Y6 Friday 27th May

We look forward to our parents joining us on these dates!

A huge well done to Purple Class (Year 6)- we are so proud of you for tackling your SATs tests brilliantly this week. You showed resilience, determination and positivity throughout the challenging tests! Thank you to all the staff that have prepared them on their journey through Robert Browning!



Butterfly Class made lemonade- they are always grateful for donations of food for baking and cooking!





We are so proud of the children in Caterpillar and Butterfly classes who were awarded certificates this week.

School Food Matters Honeybee Programme

Snowsfields entered an application into the Honeybee Programme run by School Food Matters. Out of 60 schools that entered, our application won! Therefore, this week, two beekeepers came into our school to run workshops with the children all day. The children learnt about the lifecycle of a bee, tasted local honey, saw real honey bees in their hive and learnt the importance of bees in the world, including their role in food production.



Green Class
@SNSgreen_4

We have finally reinstated reading with our little buddies from @SNSRed1 and had missed each other so much. What a lovely reading session.



We are super proud of **Purple class** for their effort and resilience all this week during their tests. Well done!



Friars Primary School



Every Thursday we read with our buddy class.
Year 1 and Year 4
Year 2 and Year 5
Year 3 and Year 6
We really enjoy sharing books together.

Year 5 Unicorn Theatre Project



Year 5 are taking part in a project with Unicorn Theatre. We are currently learning different drama techniques.



In Year 4 we have been practising different throwing and catching techniques in preparation for Kwik Cricket.

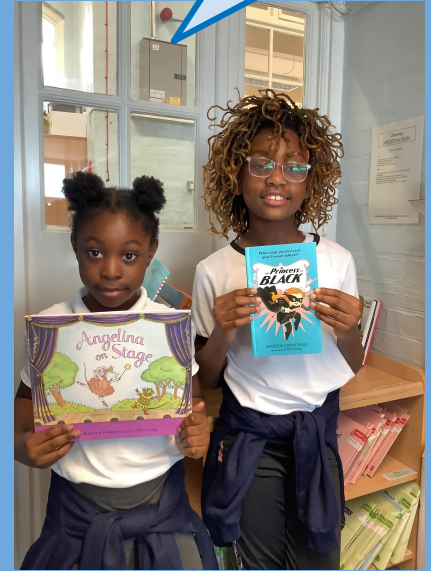
Friars - Reading Cafes
Y1 Thursday 19th May
Y2 Monday 16th May
Y3 Thursday 26th May
Y4 Tuesday 24th May
Y5 Wednesday 25th May
Y6 Friday 27th May

Well done to our Year 6 class for working so hard during SATs this week. We are

Certificate Winners at Tower Bridge

*E - Excellence,
enjoyment and
effort*

**We won the
Reading Raffle
at Tower
Bridge this
week!**



Certificate Winners at Robert Browning



Our Super Stars of the week at Friars and children showing our values.



Snowsfields Certificate Winners: I - Inclusive and Inspirational



**Snowsfields
Reading
Raffle
winners!**





Attendance and Punctuality

Overall whole school attendance for week beginning: 03/05/2022 : **91.95%**

1st Place Attendance: Y3,Y4,Y5,Y6 1st Place Punctuality: Y1, Y4

Classes	Absences	Lates	Points
Year 1	17	4	175
Year 2	29	6	350
Year 3	21	11	100
Year 4	9	4	650
Year 5	8	17	375
Year 6	22	5	650



Attendance and Punctuality

Overall whole school attendance for week beginning 03/05/2022: **93.30%**

1st Place Attendance: Y4 1st Place Punctuality: Y4

Classes	Absences	Lates	Points
Year 1—Red Class	21	27	50
Year 2—Orange Class	17	13	125
Year 3—Yellow Class	12	8	200
Year 4 - Green Class	3	5	325
Year 5—Blue Class	15	15	125
Year 6—Purple Class	5	8	275



Attendance and Punctuality

Overall whole school attendance for week beginning: 03/05/2022: **92.80%**

1st Place Attendance: Y4 1st Place Punctuality: Y5

Classes	Absences	Lates	Points
Year 1—Red Class	35	5	75
Year 2—Orange Class	10	10	250
Year 3—Yellow Class	11	14	100
Year 4 - Green Class	10	8	200
Year 5—Blue Class	27	4	175
Year 6—Purple Class	15	5	300

Attendance and Punctuality

Overall whole school attendance for week beginning: 03/05/2022 : **94.84%**

1st Place Attendance: Year 2

1st Place Punctuality: Year 5



Classes	Absences	Lates	Total Attendance
Year 1—Red Class	14	5	89.06%
Year 2—Orange Class	4	2	98.008%
Year 3—Yellow Class	8	4	96.15%
Year 4 - Green Class	12	4	92.86%
Year 5—Blue Class	13	1	93.75%
Year 6—Purple Class	8	4	96.43%

THE PE & SCHOOL SPORTS NETWORK

GIRLS SUMMER ACTIVITY CAMP

FOOTBALL ENDBALL/BENCHBALL VOGA
CRICKET/ROUNDERS BASKETBALL DANCE
MULTISKILLS TRAMPOLINING
CAPOEIRA TENNIS

09:30 - 15:30

25TH JUL - 29TH JUL

£20.00 PER DAY

OR BOOK FIVE DAYS FOR £80.00

LIMITED SPACES AVAILABLE. ADVANCED BOOKING IS ADVISED.

HOW TO BOOK:

EMAIL: GEORGE@LPSSSA.ORG.UK

TEL: 0207 227 3328 EXT: 4006

WEBSITE: WWW.LPSSSA.ORG.UK

HOW TO PAY:

BANK TRANSFER OR CHEQUE

(PAYMENT DETAILS WILL BE SENT TO YOU ONCE ENQUIRY EMAIL HAS BEEN RECEIVED)

Inclusive Beach Tennis



Free inclusive beach tennis for D/deaf, disabled and neurodivergent children

Information

When: Mondays

Time: 4:30pm - 5:15pm

Where: Marlborough Sports Gardens, SE1 1SD

Age: 6 - 11 (siblings welcome to join in)

Cost: Free

*Starts Monday 16th May 2022



Register here:

<https://bit.ly/InclusiveBeachTennis>



Got a question?

 020 7993 9883

 Disability.Inclusion@AccessSport.co.uk

Supported by:



Ignite
LONDON

BANKSIDE
OPEN SPACES
TRUST

MARLBOROUGH
SPORTS GARDEN



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Cost: Free

Starts Monday 16th May 2022

Register here: <https://bit.ly/InclusiveBeachTennis>

Got a question?

Call 020 7993 9883

Email: Disability.Inclusion@AccessSport.co.uk

In partnership with Access Sport, Deuce Beach Tennis, Bankside Open Spaces Trust and Ignite London.



May Half-Term
Tues 31st May &
Wed 1st June

FUN ACTIVITIES SUCH AS:

- Art & Craft
- Music
- Drama
- Fitness
- Story Telling
- Board Games
- Cooking



**OUR ACTIVITIES ARE
ONLINE AND IN PERSON**

OUR CENTERS

ST GEORGE'S C of E PRIMARY SCHOOL
Coleman Rd, SE5 7TF

ST GILES & ST GILES SEND
St Giles Parish Hall,
161 Benhill Road SE5 7LL

TEENS
Camberwell College of Arts Foundation -
Modular Building 1, Wilson Rd, SE5 8LU

ST PAUL'S CHURCH HALL
Lorrimore Square,
Lorrimore Rd, SE17 3QU

THE CLUBROOM
Samuel Lewis Trust Estate,
Warner Rd, SE5 9NE

DAWSON'S HEIGHTS ESTATE LADLANDS
Overhill Rd, SE22 0PW

**FREE FOR
AGES 0-16**

Funded By



Book your place today!

holidayclub@springcommunityhub.org.uk

WhatsApp/call/text

07988138997

Nature Mix



A free two day course for families living in Southwark in the May Half Term to discover edible and medicinal plants, make potions and lotions in our lovely wildlife garden. Suitable for families with children of any age.

Monday 30th and Tuesday 31st May
10 am till 3pm
Centre for Wildlife Gardening,
28 Marsden Road, SE15 4EE



Funded by



Further information and booking visit www.wildlondon.org.uk/events

Sunday 15th May 10am till 3pm

At the Centre for Wildlife Gardening
28 Marsden Road SE15 4EE

Reduce, Reuse and Recycle

A fun, family day to explore ways to reduce your footprint on the earth with composting, recycling, planting, crafts and cooking in our lovely wildlife garden and classroom. Suitable for families with children of any age. Places are limited so book by visiting www.wildlondon.org.uk/events



Funded by



To find out more and for booking visit www.wildlondon.org.uk/events or contact Diana.dwallace@wildlondon.org.uk



Kids Cricket in Southwark Park

Southwark Park Cricket Club is your local community cricket club, dedicated to bringing the nation's summer sport back to the historic Southwark Park Oval

This year we will be running the ECB's fun introduction to cricket, the **All Stars** programme for girls and boys 5-8, and the ~~matchplay~~ **Dynamos** programme for 8-11s

Sessions will be held on the cricket pitch every Saturday morning from 28 May until 23 July. The children receive their own kitbag and other goodies. There are **Free Places** for those on low income.

For more information, visit our website

https://southwarkpark.play-cricket.com/web_pages/kids_cricket
or email southwarkparkcc@gmail.com

Youth Coaching

Free cricket coaching for Boys and Girls 12-18 years.

Led by a professional coach, we are running hardball coaching on Friday evenings 5.30 – 7.00pm from May at the cricket pitch.

Equipment is provided, but you must be willing to play with a hard ball in full kit.



<https://southwarkpark.play-cricket.com>
southwarkparkcc@gmail.com

Dear Parents,

Bankside Open Spaces after-school sports activities kick off again soon on 25 April - join our partners for free, fun and active sessions Tue-Thur at Marlborough Sports Garden.

Sessions run weekly from **25 April to 22 July**, with a week break for half term.

This year we prepared many attractions so everyone can find something for themselves!

For registration please follow the link below:

<https://www.tfaforms.com/4972851?msgprogramme=a1R4J000004MSVB>

And here is the list of upcoming activities:

Tuesdays:

- Touch Rugby with [London Irish](#), 3.45-5.15pm for ages 8-11
- [Wildcats Girls' Football with the FA](#), 3.45-5pm for ages 5-11

Wednesdays:

- Beach Tennis with [Deuce Beach Tennis](#), 3.45-4.30pm (ages 5-7) and 4.30-5.30pm (ages 8-11)
- Netball with [Netball Coach UK](#), 3.45-4.30pm (ages 5-7) and 4.30-5.30pm (ages 8-11)
- [Samba Soccer School](#), 3.45-4.30pm (ages 4-7) and 4.30-5.30pm (ages 8-11)
- Street Dance/Gymnastics with [SuperArts Academy](#), 3.45-4.30pm and 4.30-5.30pm, both sessions for ages 8-11

Thursdays:

- Beach volleyball with [SideOut](#), 3.45-5pm for ages 8-11
- Rollerskating to music with [School of Skater Hockey](#), 3.45-5pm for ages 5-11
- Cricket with [Surrey Cricket Club](#), 3.45-4.30pm for ages 8-11
- Wall Ball with [Wall Ball UK](#), 3.45-4.30pm for ages 8-11

For more details you can check our website:

<https://www.bost.org.uk/news/2022/3/23/free-after-school-sports-at-marlborough-sports-garden>

Jack Harrison

Head of Sport and Development

020 7403 3393

www.bost.org.uk [Twitter](#) | [Instagram](#) | [Facebook](#) | [LinkedIn](#)



**DO YOU HAVE
CHILDREN
UNDER THE AGE OF 11?**

**WOULD YOU LIKE SUPPORT
AND ADVICE ON FINDING
PAID EMPLOYMENT?**

**DO YOU NEED HELP WITH
YOUR CV AND GETTING
INTO EMPLOYMENT?**

WELCOME TO *STEPS TO SUCCESS*

We offer an employment programme to help parents of children under 11 years to get back into paid employment. A dedicated advisor will support you with matters around childcare and work and help you to build your confidence and grow your skills to get you work-ready in a way that suits you!

Get in touch with Georgina on 0207 732 0007 or 07939 033 538
Or email us at employment.support@pecan.org.uk

**ARE YOU AN EX-OFFENDER?
DO YOU NEED HELP TO FIND A JOB?**

POSITIVE TURNAROUND

Positive TurnAround can help with



Creating CVs



Free Training



Access to jobs



**Interview
Techniques**



**Work
Experience**



**One-to-one
Advice**

ARE YOU ELIGIBLE?

To be eligible for the Positive TurnAround project, you need to be:

- an ex-offender with one or more criminal convictions or cautions who has completed all supervisions and license requirements

AND

- 18+ living in London and not on any other employment programmes

AND

- from one of the following groups:

Unemployed

Long-term unemployed

OR

Economically inactive, which includes looking after family/home or be retired.

Interested?

For more information, please contact:

Pecan

Tel: 0207 732 0007

Email: employment.support@pecan.org.uk

What Parents & Carers Need to Know about YOUTUBE KIDS

YouTube Kids is a child-friendly version of YouTube which offers a colourful and easy-to-navigate environment that's suitable for young children. This app is easily accessible and available for mobile devices, which can be downloaded without needing the YouTube app on the device. Despite YouTube Kids seeming like a very child-friendly platform, it has raised concerns over its advertising and inappropriate content seeping through the curation process.

SETTING UP

1 Download the YouTube Kids app and connect your own YouTube channel.

2 Input your child's name, age and birth month.

3 Select the types of videos you want to include for your child based on their age and your own personal choice.

4 If you decide to approve the content yourself, the app will present you with sample videos for you to accept and reject.

5 Once you've made your choice, you're ready to use the app!

Advice for Parents & Carers

REMOVE ADVERTISEMENTS

Like YouTube, adverts on YouTube Kids are also quite pervasive. If you decide you don't want your child being exposed to adverts, you can subscribe to YouTube Premium which will remove adverts on YouTube Kids. However, it's worth remembering that this doesn't block adverts that content creators decide to make as part of their content, and children are still able to access channels from branded fast food or toy companies.

BE WARY OF UNSUITABLE CONTENT

YouTube Kids has a far lower chance of showing unsuitable material than YouTube, but there are still reports of malicious users deliberately uploading inappropriate content. It's important that your child feels able to talk to you if they were ever exposed to upsetting content in the future. It's also safest to report inappropriate videos: tap the three dots in the corner of the video and select 'Report'.

DISABLE SEARCH OPTION

YouTube Kids allows you to disable the search feature, which you may find useful in preventing your child from unintentionally finding age-inappropriate content. Doing this will also give you more control over what your child is watching. It's also worth noting that setting an age limit will ensure that your child is only exposed to recommended videos that are deemed suitable for their age group.

RESTRICT VIEWING TIME

The YouTube Kids app provides you with the option of setting up a timer to monitor and limit your child's daily usage, which automatically stops the video when it reaches the set time. It may be best to make use of this feature to prevent screen addiction - which can potentially lead to children staying up too late, affecting their mood and concentration the following day.

MONITOR WATCH HISTORY

YouTube Kids has also made it possible for parents and carers to see what their children are watching on the app by clicking on the 'Recommended' icon on the top right of the home screen. It may also be worth having a look at what your child has recently watched by clicking on their history tab. The red bar on the video shows how much of the video has been watched.

WATCH TOGETHER

It's important to make YouTube Kids a fun and positive experience for your child. This may require spending time finding channels and content that you and your child will enjoy and benefit from. Try introducing family sessions where you can share the most enjoyable videos that you and your child have recently watched. This can be a great way of giving you and your child many new things to talk about with each other.

Meet Our Expert

Claire Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.



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ONLINE SAFETY FOR UNDER 5s

10 Top Tips for Parents and Carers

According to Ofcom's most recent research, a significant proportion of children are already online by the time they start school, with 17% of 5-year-olds owning their own mobile phone and 50% using messaging platforms. As becoming familiar with technology is generally encouraged in younger children – and has been essential for education during the pandemic – it is crucial that trusted adults recognise both the benefits and the risks of infants and toddlers using digital devices. We've compiled our top tips to help the under-5s start their online safety journey.

1 USE DEVICES TOGETHER

This lets you monitor and control what your child is using the device for. It also provides the interaction that supports children's understanding of what they're seeing – allowing them to ask you questions, and so on.

PARENT CODE:

6 BLOCK IN-APP PURCHASES

If your child uses a device that's linked to a payment method (such as a bank card), use the parental controls to block buys from app stores, as well as in-app purchases. That will prevent your child from accidentally spending money while on your device.

2 ACTIVATE PARENTAL CONTROLS

Most digital devices have built-in parental controls that can limit the type of content children have access to. If your little one uses any device (even borrowing yours), it's a good idea to explore what controls the device has and enable them whenever they have access to it.

7 CHOOSE SAFE APPS AND SITES

There are some fantastic apps and platforms that are specifically designed to be safer for children. Always check the PEGI age rating before downloading an app, and test it yourself before allowing your child to use it.

3 MANAGE SCREEN TIME

This can be tricky, especially if your child is interested in a certain video, app or game. Try to agree on some ground rules and get your child into a routine which includes certain times of the day when they go without devices.

8 INVOLVE THE FAMILY

If your toddler has older siblings, it's likely that their rules for device use will be different – and that they'll access content that isn't appropriate for younger ones (a particular worry if they share devices). Encourage the whole family to be good role models and help little ones stay safe online.

4 TALK ABOUT BEING SAFE ONLINE

Just like we teach children about being safe in the real world, we need to educate them about how to stay safe online. Use age-appropriate language to help them understand, and plenty of hand gestures can reinforce what you're telling them.

9 IF IN DOUBT, ASK

The easiest way to find out what your child is doing online is usually just to talk about it with them. Developing an open dialogue at an early age helps them grow up feeling able to talk to you about their digital life – providing opportunities to intervene if you're concerned.

5 SET A GOOD EXAMPLE

Children often learn by watching and copying those around them, and using digital devices is no exception. When you're around your child, try to follow the same rules that you've set for them. Let them see you balancing your time online with interacting with people in real life, too.

10 SUPPORT CREATIVE & ACTIVE PLAY

Physical and creative activities are important for a child's wellbeing, and there are plenty of ways to incorporate technology into that. For example, you could encourage games that require physical movement; dance and sing along to songs your child loves; and follow step-by-step crafting videos.

Meet Our Expert

Konstantina Moustaka is a professional development and EYF5 coordinator at an 'outstanding' nursery school in London. She has been working as a nursery and early years practitioner, both in the UK and internationally, for the past 16 years.



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#WakeUpWednesday

Source: <https://www.ofcom.gov.uk/consult/condocs/children/children-media-use-and-attitudes-report-2020.pdf>



www.nationalonlinesafety.com



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