

Friars, Robert Browning, Snowfields and Tower Bridge Primary Schools

We learn and succeed together



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Find us at: www.bridgesfederation.org.uk

Newsletter 2nd December 2022

Dear Parents,

As many of you are aware, Snowfields experienced the devastating loss of one of our year one pupils on Friday evening. Our deepest condolences and love go to his family and friends. The Snowfields page remembers Fareed, sharing messages from the book of condolences.

PLACES

Please note that for each pupil there are **ONLY TWO** adult places available to watch the Early Years and Key Stage One Concerts/ Performances.

NURSERY PARENTS

If your child was born between 1st September 2018 and 31st August 2019 they are due to start in Reception class in September 2023. You must complete the online application process by midnight on Sunday 15th January 2023. **Please speak to a member of the leadership team if you require any support with this. Here is the link to the eadmissions website**

<https://www.eadmissions.org.uk/>

Parents, please add the 2022-2023 term dates to your diaries. Term time holidays will not be authorised.

Term Dates - 2022 - 2023

Autumn term

Monday 5 September 2022 - Friday 21 October 2022

Half Term Monday 24 October 2022 - Friday 28 October 2022

Monday 31 October 2022 - Friday 16 December 2022

Spring term

Wednesday 4 January 2023 - Friday 10 February 2023

Half Term Monday 13 February 2023 - Friday 17 February 2023

Monday 20 February 2023 - Friday 31 March 2023

Summer term

Tuesday 18 April 2023 - Friday 26 May 2023

Half Term Monday 29 May 2023 - Friday 2 June 2023

Monday 5 June 2023 - Friday 21 July 2023

Dates For Your Diary

Tower Bridge

7th Dec - Lantern Parade - Blue Class and Choir (after school)

9th Dec - KS1 Show (2pm)

13th Dec - EYFS Show (9.30am) Class Parties pm (wear your own clothes with school shoes)

14th Dec - Christmas Dinner, KS2 Talent Show

16th Dec - Christmas Jumper Day - break up at 1pm

Robert Browning

7th Dec - Lantern Parade - Blue Class and Choir (after school)

9th Dec - KS1 Performance 2pm

13th Dec - EYFS Performance - 9.30am

13th Dec - Class Parties

14th Dec - Christmas Dinner, KS2 Talent Show

16th Dec - Christmas Jumper Day - break up at 1pm

Snowfields

7th December - Lantern Parade - Blue class and The Choir (after school)

9th December - Year 1 & Year 2 Christmas Concert 2pm

12th December - Nursery and Reception Winter Concert 2pm

13th December - Class parties - wear your own clothes

14th December - Christmas Dinner & KS2 Talent Show

16th December - Wear a Christmas Jumper Day - 1pm Finish

Friars

9th December Christmas Dinner and Christmas Jumper Day

13th December at 9:30 Winter Performance EYFS & KS1

14th December at 2:00 pm KS2 Winter Performance

15th December Class parties pm

16th December last day of term - 1pm finish

SCHOLARPACK APP

From 1st April 2022 we will **only** be using the App to communicate with parents, we will no longer be sending texts. **When you set this up or update your phone, you will need to contact the school office for a new access code.**



it's beginning to feel a lot like

Christmas!

DATES:

7th December - 4pm

Lantern Parade from Potter's Fields

9th December - 2pm

KS1 - A Jolly Christmas Postman

13th December - 9.30am

EYFS Winter Concert

13th December - 2pm

Class Parties (own clothes and school shoes)

14th December -

Christmas Dinner

16th December -

Christmas Jumper Day
school closes at 1pm

RAFFLE!



We will be selling raffle tickets from Monday on the school gate (or in the office if it is raining).

Tickets cost £1 a strip.

Prizes include:

Unicorn Theatre Tickets
Chocolate
Toiletries

(The draw will take place on 16/12/22 in assembly.)



bus causes class chaos



NEWS FROM RED CLASS



The infamous toy, known as "Naughty Bus" has been causing chaos around the school recently. Luckily Red Class have been investigating and put a stop to his mischief.



Download the free
NHS Food Scanner
app

With a speedy scan of your family's favourite foods, you can find healthier swaps for next time you shop.



Thank you to all the parents who attended the NHS dental workshop this week. The dental team shared this app to use to assess how much sugar and salt are found in foods to support healthy choices.

Raffle Donations

We will be holding a raffle at the KS1 and EYFS performances- please donate any prizes to the school office! Thank you.

Blue Class have been busy making lanterns ready for the lantern parade. This takes place next Wednesday 7th December, along the South Bank, near Tower Bridge and Hays Galleria- do come along and support our Year 5 children!



Some children in Green Class and Yellow Class attend a weekly Gardening Club with Shanaz. This week they learned about the environment, foxes and habitats. As a team, they made a collage using natural materials.



Butterfly Class made Gruffalo Crumble- it looked delicious!





Snowsfields Primary School



I am so sorry for your loss!
I always used to see Fareed on my way to school. I remember him always smiling at me or asking me what my name is.

May the Lord console you all. This would be hard for you. Please don't blame yourself for this.
R.I.P Fareed

Dear parents of Fareed,
We are all very sad about this tragic event and I don't doubt you are too. We are all extremely sorry for your loss and wish your family peace and prosperity.



Fareed was always happy, playful and always had a smile on his face. He will always be remembered.

We are all very sad about the loss of your son. He was such a joyful boy who was kind to everyone. He will be missed. I can't imagine how you are feeling about this tragic event. Fareed will be missed!

Fareed was always a good kid that smiled all the time making my sister very happy all the time too. I will never forget you and Allah will keep you safe.

Dear Fareed's parents,
I am so sorry for your loss. He was such a joyful boy. There is not one day I have seen him sad. I know it is sad losing someone especially your son so I will let you in on a secret that helps me: Know that he is in a place where no one can hurt him and whenever you are down, look in the stars to remember his sweet smile which shines so bright.

I am really sorry for your loss but he will always be in our hearts. Peace be upon him. He always had a big smile. :-)



Fareed's Fundraising Page

https://www.justgiving.com/crowdfunding/farid?utm_id=1&utm_term=399bkdEPd

Resources you may wish to share at home
Winston's Wish:

<https://www.winstonswish.org/supporting-you/supporting-a-bereaved-child/>

Child Bereavement UK:

<https://www.childbereavementuk.org/supporting-bereaved-children-and-young-people>



Friars Primary School



This week the year 4 class took part in a fitness workshop. We were really impressed with their resilience and stamina!



The children in Y1 have been very busy. They took part in a drama workshop organised by the Unicorn Theatre and went on a geography fieldwork trip around the local area.





E - Engaging Everyone Everyday



Reading Raffle Winners



Our Value this week is: kindness

Reading Raffle Winners



S - Sharing ideas, skills and knowledge!

Reading Raffle Winners!



Our value this week is responsibility.

Reading Raffle Winners





	Absence	Lates	Total Points
Year 1	25	20	200
Year 2	46	20	100
Year 3	10	29	500
Year 4	9	18	950
Year 5	15	9	1375
Year 6	2	14	975

Overall whole school attendance for week beginning 21/11/2022: 91.7%

1st Place Attendance: Y6

1st Place Punctuality: Y4



Overall whole school attendance for week beginning: 21/11/2022: 90.06%

1st Place Attendance: Y5

1st Place Punctuality: Y5

	Absence	Lates	Total
Year 1	64	7	78.67%
Year 2	36	10	81.05%
Year 3	15	11	94.64%
Year 4	17	11	93.70%
Year 5	0	3	100%
Year 6	23	9	92.33%



	Absence	Lates	Total Points
Year 1	9	7	700
Year 2	34	8	150
Year 3	13	6	1150
Year 4	18	6	550
Year 5	9	3	675
Year 6	4	4	1150

Overall whole school attendance for week beginning: 21/11/2022: 93.96%

1st Place Attendance: Y6

1st Place Punctuality: Y5



Overall whole school attendance for week beginning: 21/11/2022 92.48%

1st Place Attendance: Y5

1st Place Punctuality: Y5

	Absence	Lates	Total Points
Year 1	12	15	200
Year 2	24	17	125
Year 3	25	11	50
Year 4	28	14	150
Year 5	3	3	625
Year 6	14	7	525



Introducing free - funded service for Southwark residents

Worried about the rising cost-of-living? Get into work with our support

Access part-time vacancies, get paid the London Living Wage or above, get trained, and grow in your career while supporting your family during the cost-of-living crisis.

Find out how by getting in touch with us. Email your full name, phone number, and postcode to Sahan@stepahead.co.uk or call **0745 814 3136**



Winter Family Activities at the Centre for Wildlife Gardening 28 Marsden Road, SE15 4EE

Have fun on these one day courses for dads, mums and children of any age with the London Wildlife Trust. Southwark residents only. Free but £3 refundable deposit required.



Saturday 10th December 10am till 3pm Evergreens and Wreaths

Get to know your garden evergreens, find out how they are good for wildlife and make a winter wreath and other decorations using natural materials.

Tuesday 20th December 10am till 3pm Winter Wildlife Helpers

Discover what's living in our garden in winter and how you can help. Make a ladybird hotel, a mouse house, food for birds and plant up a pot for bees.



Funded by



To find out more and for booking visit www.wildlondon.org.uk/events or contact Diana dwallace@wildlondon.org.uk



December Holiday Club Activities

FUN ACTIVITIES SUCH AS:

- Art & Craft
- Music
- Drama
- Fitness
- Story Telling
- Board Games
- Cooking



Activities Dates

 **Christmas Party: Mon, 19th Dec @
St Giles Parish Hall, 161 Benhill Road, SE5 7LL from 12noon - 3pm**

**Centre-based activities across various centres :
Thurs 22nd Dec from 10am to 2pm**

Online-based activities: Weds 28th & Thurs 29th Dec

OUR CENTERS

ST GEORGE'S CofE PRIMARY SCHOOL
Coleman Rd, SE5 7TF

ST GILES
St Giles Parish Hall,
161 Benhill Road. SE5 7LL

SPECIAL NEEDS & DISABILITIES (SEND)
PROGRAMME
Camberwell College of Arts Foundation -
Modular Building, 1 Wilson Rd, SE5 8LU

TEENS CENTRE @ UNITED REFORMED CHURCH
Love Walk, Camberwell, SE5 8AE

THE CLUB ROOM
Samuel Lewis Trust Estate,
Warner Road, SE5 9NE

AMOTT ROAD BAPTIST CHURCH
Amott Road, SE15 4HU

ST PAUL'S CHURCH HALL
Lorimore Square,
Lorimore Rd, SE17 3QU

DAWSON HEIGHTS ESTATE
Community Centre
Overhill Road, SE22 0PW

**FREE FOR
AGES 0-16**



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WhatsApp/call/text

07988138997

What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so enthralls young people, but we can still help children to be aware of their mental wellness: recognising when something isn't OK – and knowing what to do about content that upsets them.

1. UNDERSTAND THE ALGORITHM

Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone who's had a bad day and looks for posts which reflect their mood will find similar content being suggested to them more and more.

2. AVOID THE MAIN FEEDS

Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.

3. DISCUSS WHAT THEY'VE SEEN

Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds: if alarm bells ring, it could be time for a more in-depth talk or to seek support.

4. LEARN HOW TO HIDE CONTENT

If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.

5. SET DAILY LIMITS

Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces: involving your child in creating this agreement makes them more likely to stick to it.

6. MONITOR THEIR ACTIVITY

Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.

7. TURN OFF PUSH NOTIFICATIONS

Even for adults, it's tempting to check an email or message as soon as the alert sound pings. Push notifications encourage people to open their apps and spend time on their device, so turning them off will help your child to practise mindful use of tech. Most of us have other things that we need to focus on as a priority – and those notifications will still be there later, when we have more time.

8. USE DEVICES TOGETHER

Giving children internet-enabled devices and complete freedom to explore platforms on their own can result in exposure to hugely damaging content. You could consider making a particular area at home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and (if necessary) steer them away from any potentially harmful paths.

9. ENCOURAGE OTHER ACTIVITIES

Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental wellbeing. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to put down their phone and enjoy something that doesn't involve a screen can be immensely beneficial.

10. TALK ABOUT PEER PRESSURE

Most platforms default children's accounts to private, so only people they've accepted as friends can see their posts. This reduces the risk of bullying or unkind comments, but – just like offline life – the digital world can still make children feel as if they need to act or look a certain way to fit in. Talk to your child about peer pressure, and listen to any concerns so you can provide the support they need.

Meet Our Expert

Shazia Sarwar-Azmi is executive headteacher at a specialist primary school and, as an emotional therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a Fellow of the Chartered College of Teaching and the author of *The Rainbow Within*, a book which supports children with SEMH needs.



Sources: <https://www.bbc.com/news/technology-63248605>
<https://proudsocial.com/insights/social-media-algorithms/>

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 #WakeUpWednesday



www.nationalonlinesafety.com



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