

Robert Browning, Snowfields and Tower Bridge Primary Schools

We learn and succeed together



[@PrimaryRobert](#) [@SNSPrimary](#) [@TBPrimary](#)

Find us at: www.thebridgesfederation.org.uk

Newsletter 31st March 2023

Dear Parents,

It has been wonderful to see you enjoying your children's class assemblies this term, we had three more amazing assemblies this week from our year 1 classes.

The children thoroughly enjoyed their Easter Egg events this week, Thank you for your generous donations.

As always we love the last week of term when we see the homework projects arrive! The time, effort and creativity involved is really appreciated. Please find photos on your school page and also on your class twitter.

We want to wish you all a very happy and restful break. Please see further through the newsletter for activities that are on offer in the local area. If your children are going online please remember that they can continue to access the online platforms through the holiday:

Google Classroom, Mathletics, Reading Eggs, Times Tables Rockstars, Purple Mash and Collins ebooks (Early years and KS1).



We look forward to welcoming the children back to school on Tuesday 18th April, our gates open at 8:45am.

Healthy Start and Rose Vouchers

Please see page 7 of the newsletter for more information regarding vouchers that can be applied for if you are pregnant or have a child under 5 until August 2023. Please find the links here:

[How to apply for the Healthy Start Scheme](#)

<https://www.1stplace.uk.com/rosevouchers>

Dates For Your Diary

Tower Bridge

31st March - Break Up (1pm)
18th April- Back to school
1st May- Bank Holiday
8th May- Bank Holiday (King's Coronation)
9th May- 12th May- Year 6 TEST WEEK

Robert Browning

31st March- Break Up (1pm)
18th April- Back to school
1st May- Bank Holiday
8th May- Bank Holiday (King's Coronation)
9th May- 12th May- Year 6 TEST WEEK

Snowfields

31st March- Break Up at 1pm
18th April- Back to school
1st May- Bank Holiday
8th May- Bank Holiday (King's Coronation)
9th May- 12th May- Year 6 TEST WEEK

Term Dates - 2022 - 2023

Spring term

Wednesday 4 January - Friday 10 February 2023

Half Term Monday 13 February - Friday 17 February 2023

Monday 20 February – Friday 31 March 2023

Summer term

Tuesday 18 April - Friday 26 May 2023

Half Term Monday 29 May - Friday 2 June 2023

Monday 5 June - Friday 21 July 2023

Term Dates for 2023-2024 are now on the school website

<https://thebridgesfederation.org.uk/home/term-dates/>

Term time holidays will not be authorised.

National Online Safety Guides

Please find the latest guide on the back page of our newsletter each week. This week's guide looks at 'MANAGING DEVICE STRESS AND ANXIETY'. You can also follow them on twitter @natonlinesafety

Thank you to all the parents and children for the hard work this term. We hope you have a lovely break. See you from 8.45am on Tuesday 18th April.



excellence
enjoyment
effort

[letter of the week]
T O W E R B R I D G E



SCIENCE LEADERS



We've learnt many more things to make the school's air cleaner.

The Science Leaders presented at a clean air conference at City Hall this week to share the work they have been doing in school.

I enjoyed it because I learnt many more ideas from schools, and the drink were very nice.



DIGITAL LEADERS

On Wednesday the Digital Leaders headed to the Bett Exhibition to explore new products to enhance learning in Computing and STEM subjects. They investigated new ways of coding and how technology can make learning fun.



Thank you to all the families who donated and purchased cakes from Green Class this week.

REWARD SHOP

Thank you to our Learning Mentors Sophia and Tony for organising Reward Shop this week. The children had so much fun choosing prizes for all their hard work and good behaviour.



It was meaningful - there were so many different technologies and new ideas, like colour sensors.

We were exploring how things work. We looked at robots using code to move it in different directions.

HOMEWORK PROJECTS

Huge congratulations to all the children who completed and brought in their homework projects this week. Such a lovely array of creativity and passion for learning and finding out more. Well done everyone!



Thank you Red Class for your wonderful assembly!

Please remember to close gates and doors in school to help keep the children safe.



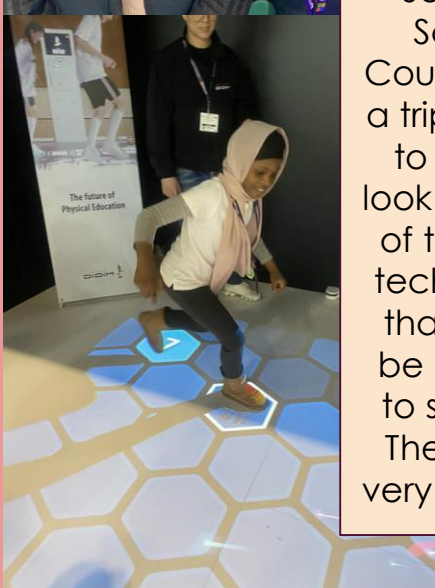
On Thursday our Digital Leaders and Some of School Council took a trip to BETT to take a look at some of the new technology that might be coming to schools! They were very excited!



Spring Fundraiser!

On Wednesday 29th March we held a Spring and Easter fundraiser after school.

Thank you to the parents who helped to organise this and thank you to everyone who donated cakes and sweets!



Look at our amazing **Homework projects!** Well done to everyone who has completed them this term. Look out for the new homework projects after the Easter break.

Snowsfields Primary School

Look At Our Amazing Homework Projects!



Gardening with Food School Matters

We had a great time learning about plants and how to grow and nurture our own fruit and vegetables. We have planted some tomatoes, courgettes, beetroot and lettuce. We loved our time in the garden!

Red Class' Assembly

Red class presented a fantastic assembly. The children were so confident speaking their lines, the singing, dancing and acting was fabulous! Thank you to the year 1 team and all the parents who came into school to support their children.

The **Digital Leaders** had so much fun at Bett on Thursday. They tried a range of new technology and tested out new games for our school.



Thank you for all your kind Easter Egg donations. We had so much fun this morning playing Bingo and enjoying being part of the Snowsfields community.





E - Excellence, Enjoyment, Effort



Reading Raffle Winners



Our Value this week is: respect



Reading Raffle Winners



Reading Raffle Winners

O - Outstanding Learning

Times Tables Rock Stars!





	Absence	Lates	Total
Year 1	2	19	525
Year 2	11.5	15	200
Year 3	6	10	450
Year 4	3	7	650
Year 5	4.5	4	1300
Year 6	7	8	1000

Overall whole school attendance for week beginning 20/3/2023: 94.7%

1st Place Attendance: Y1

1st Place Punctuality: Y5



Overall whole school attendance for week beginning: 20/3/2023: 95.5%

1st Place Attendance: Y1

1st Place Punctuality: Y3

	Absence	Lates	Total
Year 1	6	5	98.00%
Year 2	6	10	97.00%
Year 3	10	3	96.67%
Year 4	13	5	95.36%
Year 5	17	8	93.20%
Year 6	21	4	93.00%



	Absence	Lates	Total
Year 1	10	2	900
Year 2	13	10	375
Year 3	19	6	525
Year 4	10	2	450
Year 5	16	0	1125
Year 6	13	2	925

Overall whole school attendance for week beginning: 20/3/2023: 94.41%

1st Place Attendance: Y1 & Y4

1st Place Punctuality: Y5

Healthy eating

Help for families to buy healthy food



Get help to buy healthy food and milk (Healthy Start scheme)

[Healthy Start is a national scheme.](#) It provides money for healthy food and milk to pregnant women and families with children under four who get certain benefits. If you claimed it from pregnancy to your child's fourth birthday, you could get over £1,000 per child to cover the cost of healthy food and milk.

Our aim is to get 85% of residents who are eligible to apply for Healthy Start

Find out if you're eligible for the healthy food and milk scheme

If you're 18 years or older, you may be eligible if you:

- are pregnant
- have children under four years old and you get certain benefits
- get Rose Vouchers

[How to apply for the Healthy Start Scheme](#)

Fruit and vegetable vouchers for people in SE1, SE5, SE15 and SE17 (Rose Vouchers)

Rose Vouchers are available for residents living in SE1, SE5, SE15 and SE17. Find [free vouchers to use on fruit and vegetables](#) at local markets such as:

- [East Street Market in SE17](#)
- some stalls in Peckham

<https://www.1stplace.uk.com/rosevouchers>



Activity programme for
children and young people

3 April to 6 April 2023

www.southwark.gov.uk/foodandfun

Funded by



Department
for Education

Please click on the link here to find out more information:
[Southwark's Easter of Food and Fun](http://www.southwark.gov.uk/foodandfun)

Easter Holiday Family Activities

at the Centre for Wildlife Gardening

28 Marsden Road, SE15 4EE

*Have fun on these on one of these courses for dads, mums and children of any age with the London Wildlife Trust. **Southwark residents only.** Free but booking essential. www.wildlondon.org.uk/events*

Beautiful Birds

Monday 3rd and Tuesday 4th April

10am till 3pm

Come for a day or stay for both days, a fun two day course discovering our garden birds. Learn how to recognise birds by sight and song through fun activities and games. Take part in the nest challenge and find out about birds nests and their eggs.

Fantastic Minibeasts and Where to Find Them

Thursday 13th and Friday 14th April

10am till 3pm

Come for a day or stay for both days, a fun two day course discovering minibeasts. Finding, sorting, games, activities, crafts. For all the family.

To find out more and for booking visit
www.wildlondon.org.uk/events or contact
Diana dwallace@wildlondon.org.uk
07740717930 for any queries.



Funded by



EASTER HOLIDAY CYCLING COURSES



“ The training instructors were amazing. Even continued in the rain. Amazing service and advice. Thank you!

”

Southwark parent

Southwark Council with Cycle Confident are providing FREE cycle skills courses for children over the Easter holidays.

Complete beginner courses, intermediate off-road courses and on-road courses are available and booking up fast! Training is in small groups with two fully qualified instructors.

All courses take place on Burgess Park (where limited bikes are available to borrow) and Dulwich Park (where bikes are not supplied).

BOOK NOW

Places are limited so for more info or to book, visit

www.cycleconfident.com/southwark

or call **020 303 16730**



**CYCLE
CONFIDENT**





EASTER AT 1ST PLACE

Easter Bunny Hunt

Wednesday April 5th 10pm - 11.30pm

Victory Children and Family Centre Elba Place SE171PT

Join us for Easter songs and rhymes and find a bunny to exchange for a small Easter egg.

Baby Arts & Crafts Session

Thursday 6th April 1.30 pm - 3pm

1st Place Children and Family Centre Chumleigh Street SE50RN

An arts and crafts baby stay and play session, we will be painting and making daffodil pictures.

Healthy Movers

Wednesday April 12th 10am -11.30am

Victory Children and Family Centre Elba Place SE171PT

This lively session will get your little ones moving, and we will be making Easter bunny hats too!

Make and Easter Chick

Thursday April 13th 1.30 pm - 3pm

1st Place Children and Family Centre Chumleigh Street SE50RN

On this Baby session we will be playing with feathers and making an Easter chick.

Easter Chick Hunt

Friday April 14th 1.30pm - 3pm

1st Place Children and Family Centre Chumleigh Street SE50RN

Find an Easter chicks to exchange for a raffle ticket to win an Easter egg.





APRIL CAMP

ACTIVITIES 4U

MULTI SPORTS & ARTS CAMP

11AM-3PM

**FREE FOR THOSE IN RECEIPT OF
FREE SCHOOL MEALS, LUNCH INCLUDED!
OR £23 PER DAY/ £85 FOR 4 DAYS**

**SOUTHBANK UNIVERSITY ACADEMY
TRAFALGAR STREET
SE17 2TP**

**AGE:
7-16YRS**

3RD-6TH APRIL



0207 735 8181/ 07538 521 864

www.activities4u.org.uk

admin@activities4u.org.uk

LED by fully qualified and DBS checked industry leaders

Save

A space for families to
meet an artist and
get drawing!

ROCK • PAPER
SCISSORS

FAMILY



STUDIO

First Sunday of the month
5th March, 2nd April, 7th May, 4th June, 2nd July
Charlotte Sharman Primary School
West Square, SE11 4SN

Drop-in
10.30 – 3.00pm
All Free!
All Welcome!

Bus Routes 12, 33, 148, 344,
360, 455, C10
Stations: Elephant & Castle,
Woolwich or Lambeth North

07456 277 020
getnew@drawingroom.org.uk
www.drawingroom.org.uk
@drawingroom_uk

Supported by
Freelands
Foundation

DRAWING ROOM

Follow us @Soccer_Techniques1



SOCCER TECHNIQUES

DULWICH

SMALL GROUP FOOTBALL SESSIONS

Term Time Only

EVERY FRIDAY

6:30PM - 8:00PM

DULWICH COLLEGE SPORTS CLUB
POND COTTAGES
SE21 7LE



BOOK NOW

07533 934314 / @Instagram

smt @ SOCCER-TECHNIQUES.CO.UK

Home Fire Safety Checker/Home Fire Safety Visits

A fire can start in any room and the effects can be devastating, even a small fire in your home can lead to substantial damage and expensive repairs. The LFB want to stop fires from happening and that is why we offer our on-line Home Fire Safety Checker/free Home Fire Safety Visits to help keep you and your loved ones safe. |

Home Fire Safety Checker

If you just want to check the fire safety of your home, our new Home Fire Safety Checker tool allows you to carry out a thorough check of your home in only a few minutes – so there's no need to wait for a visit. Go to:

<https://www.london-fire.gov.uk/home-fire-safety-checker>

What happens during a Home Fire Safety Visit?

Our firefighters or trained staff will visit you at home, at a time that suits you and carry out a risk assessment. They will give you advice based on your home and individual needs, this includes; information on how to prevent fires, the importance of smoke alarms to detect a fire and your escape plan in the event of a fire.

A visit can take up to 90 minutes or longer if needed and we will fit free smoke alarms if required.

Specialist alarms can be fitted for people who may have a delayed response to escape for example, strobe light and vibrating pad alarms for those who are deaf or hard of hearing.

How to book a Home Fire Safety Visit:

Freephone: 0800 028 4428

Email: smokealarms@london-fire.gov.uk

Text /SMS: 07960 021 819

Worried about a relative, friend or neighbour? Although everyone is eligible for a free home fire safety visit, some people with health problems or lifestyle behaviours can have an increased chance of a fire happening. To help you we have listed some of these examples below:

- **Increased risk factors can include:**
Anyone that smokes; overloaded electrical sockets or poor wiring; unsafe use of candles or naked flames; previous fires or near misses; cooking left unattended; hoarding of any kind or someone who lives alone.
- **They are less able to react because of:**
Mental health conditions such as dementia or learning difficulties; no smoke alarms are fitted or they don't work; alcohol dependency or drug misuse (prescribed or recreational); physical health issues including sensory impairments e.g. [hearing](#) or sight.
- **They have a reduced ability to escape:**
Mobility issues due to a physical disability; age-related problems or as a result of a long-term illness; escape routes are not kept clear or are blocked due to actions such as hoarding or conditions that affect decision making.

If you know anyone who has *any combination of these risk factors*, give them our details to arrange a free home fire safety visit or simply ask them if they would like you to book a visit for them.

Remember -This is not an exhaustive list, if you are unsure please contact us for extra advice.

Helping children and young people with MANAGING DEVICE STRESS AND ANXIETY

WHAT ARE THE RISKS?

The internet and advances in the capability of digital devices have afforded us arguably the fastest period of technological and social evolution in living memory: creating opportunities for us to interact with people anywhere in the world, 24 hours a day. It's also, however, blurred safety boundaries and added new stresses for young people, who are often less aware of the hidden hazards. With almost half of 10-15-year-olds experiencing bullying online and algorithms pushing content in front of our children every day, it's important to know how to address some of these challenges.

LIVING ONLINE

The internet is awash with sophisticated algorithms that learn from our online behaviour and try to predict our wants and needs. That's very helpful in some respects, but it can make the online world difficult for children and young people to negotiate. Content can be brought to them at any time – it may not always be appropriate, and children may not have the ability or the support to deal with it.

PUSHY NOTIFICATIONS

Content is also directed at us through notifications from our apps: letting us know we have a new message or social post to read, for example. While that's useful in some circumstances, it conditions us to keep going back online (and is designed to do so) and can be a near-constant demand on your child's attention. As such alerts become more common, are we experiencing an 'attack of the pings'?

BLURRED BOUNDARIES

There are now so many ways we can communicate online in real time (like instant messaging apps) or with a delay (such as on social media) that it's possible to be constantly in conversation. Young people often prefer quickfire exchanges of text – but using fewer words can cause distressing miscommunications through the lack of non-verbal cues like facial expressions or tone of voice.

DIGITAL DEPENDENCY

As devices allow access to immediate external help in challenging situations, it's a concern that children may not be developing the inner confidence to work things out for themselves. Likewise, group membership is hugely important to young people – both in digital and 'real' life – and being excluded from online conversations can cause damaging feelings of loneliness and isolation.

DISGUISED DISTRESS

Children often haven't yet developed the emotional resources to deal with many of the setbacks of everyday life, so identifying when it's specifically something online that's worried them can be tricky. A certain level of stress is a normal response to a problem: it spurs us into action to keep ourselves safe. If the stress is excessive, though, it can feel overwhelming and potentially lead to anxiety or depression.

ANTI-SOCIAL SOCIALS

Social media can bring people together in hugely positive ways. Sadly, it does also have a darker side, including 'flame war' arguments which can escalate quickly and have harmful consequences. With so many people looking on, 'group shaming' situations are also common – while there are continual opportunities for young people to compare themselves negatively with other social media users.

Advice for Parents & Carers

LEARN THE BASICS

It's impossible to keep up with every online change or every new app. The best option is to make yourself aware of the fundamentals of how the internet operates, so you can help your child to grasp how – and why – content reaches them. Devices and the digital world can be confusing, so learning to understand them better will give you the confidence to talk to your child about them.

TALK IT OUT

If a child mentions a comment that's been directed at them in a text chat or on social media, it may sound minor but can actually have a much bigger effect than we realise. In our evolved brains, any perceived threat can get internalised while our body reacts as if we were in physical danger – raising stress levels. It's always worth encouraging your child to get any concerns out in the open.

PUSH DISTRACTIONS AWAY

Notifications to our phones and tablets can be helpful, but they sometimes make one wonder who's really in charge: the person or the device? Checking our phone as soon as it goes off is an easy habit to fall into – especially for young people. Try switching off non-essential alerts on your devices and encourage your child to do the same: you should both feel less triggered and more in control.

LOOK FOR THE SIGNS

This is tricky – and may depend on the child's age – but any sudden change in behaviour is worth looking out for. If your child seems to be checking their phone or tablet more, doesn't want to be parted from them, or appears unusually secretive, anxious or withdrawn, it could be a sign that something is amiss in relation to their device – and, possibly, that they're in need of extra support.

KEEP CHECKING IN

Healthy emotional regulation balances three systems: threat, drive and grounding. Down the various rabbit holes of the internet, however, that balance can easily slip away – so it's important to help your child manage their emotions when they're online. Check in with them regularly when they're on their device, and remember that 'distraction' and 'relaxation' aren't always the same thing.

BE KIND: UNWIND

Be kind to yourselves as parents and carers. Remember that we're all in the same boat, trying to safely guide our children through this complex, fast-moving digital environment. Getting into the habit of having natural, relaxed conversations with your child about their online life (and yours) can level the playing field and make it far easier for them to open up to you about any concerns.

Meet Our Expert

Dr Carole Francis-Smith is an experienced counselling psychologist who specialises in promoting safe and ethical online communications. She consults with and offers bespoke training to businesses and organisations, supporting positive and effective online communications – often by considering some of the more hidden aspects of the various mediums.



Source: <https://www.childrenscommissioner.gov.uk/report/the-big-ask-big-answers/>
<https://www.ons.gov.uk/peoplepopulationandcommunity/crimeandjustice/bulletins/childrenonlinebehaviourinenglandandwales/yearendingmarch2020>

NOS
National
Online
Safety®
#WakeUpWednesday