

Robert Browning, Snowfields and Tower Bridge Primary Schools

We learn and succeed together



[@PrimaryRobert](#) [@SNSPrimary](#) [@TBPrimary](#)

Find us at: www.thebridgesfederation.org.uk

Newsletter 29th September 2023

Dear Parents,

Please continue to check the dates for your diary box, each week new events are added, including the date for the school photographer in each of our schools next week.

We always save fliers of family events and courses for parents in our newsletter, information this week includes an open day to the Old Kent Road fire station on 30th September (page 8) and free family cycle sessions (page 11).

A reminder to parents of children in year 6 that you must log in to <https://www.eadmissions.org.uk/> to apply for a secondary school place the deadline for the application to be made is 31st October 2023.

We are busily planning for International Week which will take place between 16th and 20th October. The children will be enjoying a range of cross curricular activities including art, music and drama, and a performance to parents in the playground.

If your child is going on a trip please make sure that you complete the outings/trips google form as soon as possible, so that the office staff can complete the administration before the date of the outing/trip.

Have a lovely weekend, we look forward to seeing you on Monday, gates open at 8:45am.

Scholarpack App

Please check that you are using the Scholarpack App to receive messages and information from school. You can message school through the app and check your child's attendance. Please speak to the school office if you need a new code to access Scholarpack.

Online Safety- The Dangers of Vaping

This week's National College information on the last page of the newsletter focuses on the dangers of vaping. Data from ASH shows an increase in 11-17 year olds experimenting with vaping. Please read the information on the back page which you can use to talk with your child, especially if they are in year 6 with the increased independence that travelling to secondary school brings.

Dates For Your Diary

Tower Bridge

Wednesday 4th October - School Photographer in
Monday 16th - 20th October - International Week
Friday 20th October- Break Up for Half Term
Wednesday 8th November- School Closed- Parent and Pupil Review meetings
13th - 24th November - Maths Cafes take place in class
Friday 15th December - KS1 Christmas Performance
Tuesday 19th December - EYFS Winter Concert

Robert Browning

Monday 2nd October- School Photographer in
Monday 16th - 20th October - International Week
Thursday 5th October - Secondary Transfer Meeting
Friday 20th October- Break Up for Half Term
Monday 30th October - Back to school
Wednesday 8th November- School Closed- Parent and Pupil Review meetings

Snowfields

Tuesday 3rd October - School photographer in
Friday 6th October 9:30am - Secondary Transfer Workshop
Monday 16th - 20th October - International Week
Thursday 19th October pm - International week performance
Friday 20th October- Break Up for Half Term
Monday 30th October - Back to school
13th - 24th November - Maths Cafes take place in class
Wednesday 8th November - School Closed- Parent and Pupil Review meetings

Term Dates for 2023-2024 are on the school website

[Term Dates – The Bridges Federation](#)

Term time holidays will not be authorised.

Other important dates for this year can also be found on the school website here:

[Diary – The Bridges Federation](#)

Community and Cost of Living Support available to parents and families living in Southwark

Southwark council have created a guide to the various forms of support available to individuals who are encountering financial difficulties. For more information click on the link below:

<https://communitysouthwark.org/wp-content/uploads/2022/07/Cost-of-Living-Guide-to-Support-in-Southwark-V1-002.pdf>



SCHOOL PHOTOGRAPHS: A photographer will be in school on Wednesday 4th October to take photographs of the children.

YEAR 6 PARENTS:

The deadline to complete your E-Admissions form is 31/10/23. Late applications may result in your child not being offered a place at your preferred school. If you need help to do this, please let Laura know ASAP.

e Admissions



SPORTS LEADERS



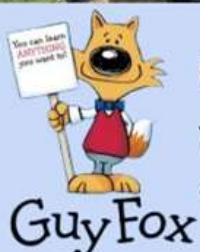
STEM LEADERS



CREATIVE ARTS LEADERS

SCHOOL COUNCIL AND SCHOOL LEADERS

We are proud to introduce this year's School Council (wearing red jumpers) who have been voted for by their classmates. Our School Leaders, (wearing purple jumpers) wrote applications and were interviewed for their roles. This year we have teams of Sports Leaders, STEM Leaders (science, technology, engineering and maths) and Creative Arts Leaders (music, art, drama). Our Head Boy and Head Girl statements can be found on the school website.



BLUE CLASS TRIP: This week Blue Class, along with Guy Fox volunteers, visited the Houses of Parliament, the Palace of Westminster and travelled on the Thames Clipper as part of their learning about the Constitution.



On Tuesday Year 4 went on a Roman tour of London! They visited the temple of Mithras and walked through the Roman road, Watling Street! They also visited the Church of St Stephen Walbrook built after the Great Fire of London

It has been great to get our Library trips back up and running this term. Orange Class enjoyed a visit to the Library on Tuesday afternoon. **Why not visit Walworth Library and pick up some lovely books to read at home?**



Our After School Clubs are now back up and running! It is great to see the children taking part in these extra curricular activities! Here are some action shots from running club this week. **Please remember that clubs finish at 4.30pm. Children MUST be collected promptly or they risk losing their place in the club.**



SCHOOL PHOTOGRAPHS

A photographer will be in school on **Monday 2nd October** to take photographs of the children.



Red and Orange Class had a visit from Sharon and Sally from Southwark Council to talk about the plans for the development of **Nursery Row Park**. You can also contribute to the consultation.

NURSERY ROW CONSULTATION



SECONDARY TRANSFER SUPPORT! Come and meet with Maureen and get support with your Year 7 applications- on **Thursday 5th October at 9am**

Snowsfields Primary School



Our newly appointed **Creative Arts Leaders** are truly passionate about different art forms such as drama, drawing, painting, and music. They are role models for all the children, sharing their talent and love of art.



Our **STEM Leaders** are enthusiastic and knowledgeable about Science, Technology, Engineering and Maths. Throughout the year, they will support their peers in developing problem solving and critical thinking skills. They will also take part in planning and organising a range of events.

Shout out

Shout out

Tell a Good Tale



Through their applications and interviews the **Sports Leaders** have shown dedication to promoting a positive sports culture and a love of physical activity around the school. The Sports Leaders will support the children during the Daily Mile, lead games at playtimes and help organise Sports Day.

These are our newly elected **School Council members**. They have been chosen by their classmates to represent their views and ideas. They will be holding regular meetings with staff members to organise events such as fundraising days and put forward initiatives and projects that would promote a positive school environment. Our Headboy and Headgirl mission statements are published on our school website.



Our school value this week is:
E - Excellence, Enjoyment and Effort



Reading Raffle Winners



Reading Raffle
Winners



Our value this week is:
independence



Times Tables
Rock Stars

O - Outstanding Learning

Reading Raffle
Winners





	Absence	Lates	Total
Year 1	1	4	325
Year 2	5	8	50
Year 3	2	11	125
Year 4	8	13	50
Year 5	4	7	150
Year 6	1	2	250

Overall whole school attendance for week beginning 18/09/2023: 95.01%

1st Place Attendance: Year 1 and Year 6
1st Place Punctuality: Year 1



Overall whole school attendance for week beginning: 18/9/2023: 96.76%

1st Place Attendance: Y5
1st Place Punctuality: Y6

	Absence	Lates	Total
Year 1	6	7	97.50%
Year 2	18	11	94.19%
Year 3	9	3	96.09%
Year 4	4	9	98.75%
Year 5	14	1	95.33%
Year 6	3	2	98.87%



	Absence	Lates	Total
Year 1	16	2	175
Year 2	20	1	325
Year 3	15	9	100
Year 4	22	5	25
Year 5	22	5	150
Year 6	7	20	375

Overall whole school attendance for week beginning: 18/09/2023: 93.06%

1st Place Attendance: Y6

1st Place Punctuality: Y6



Walk to School Month

Street Safari

This October, to celebrate International Walk to School month, we are inviting families to snap photos of wildlife they see on the way to and from school.



Animal, plant, or fungus- simply see it, snap it, and record it for a chance to win some amazing prizes. Scan the QR code for more information as part of the NHM 'Nature Overheard Project'.



**Hounslow and Richmond
Community Healthcare**
NHS Trust

Flu Immunisation Consent Form 2023

Would you like your child to have the flu immunisation at school?

Please scan the QR code below using your smartphone camera to direct you to the consent form website

Please do not fill out another form if you have already

Southwark Schools



This form should take no longer than 2 minutes to complete.

If you have any queries, please contact the Southwark and Lambeth
Immunisation Team 0208 614 5496 / 5495

Hrch.ImmunisationTeamMailboxSouthwark@nhs.net

Hrch.ImmunisationTeamMailboxLambeth@nhs.net

Southwark and Lambeth School Age Immunisation Team



OPEN DAY

Old Kent Road Fire Station

Saturday, 30th September 2023 12pm–4pm

- Your chance to meet local firefighters and get fire safety advice.
- See our latest fire and rescue service equipment.
- VR headsets, line rescue demonstrations, 64 metre turntable ladder, hydraulic car cutting equipment, facepainting, sand art.

405 Old Kent Road London SE1 5JH

For more info contact Old Kent Road fire station:

T 02085551200 ex 84535

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LONDON FIRE BRIGADE

SEND Multi Sports Sessions

Tennis, dodgeball, football, basketball, cricket and more!

- Inclusive multi sports sessions for D/deaf, disabled and/or neurodivergent children young people and their families
- All disabilities/ abilities welcome!
- Sessions adapted to the needs of the group
- All genders welcome!

- Where: Marlborough Sports Gardens, Union Street, SE1 1NJ
- When: Saturdays (term time)
- Time: 3 - 4 pm
- Ages: 6 - 16 years old
- Cost: First session free, £4 thereafter - booked each week on Coacha




Register here:


<https://bit.ly/RegansSEND-MultiSports>

Or scan the QR code



For more information, please contact:

 020 7993 9883

 Disability.Inclusion@AccessSport.org.uk

Supported by:



EPEC Being a Parent Together:

This 10 week online course helps co-parents learn practical skills for everyday life.

For co-parents with children aged 2-11 years.

Starting Thursday 5th October 2023

Dads and Mums want the best for their children, and sometimes it can be hard to agree about how to parent our children. This course, delivered by parents who have already benefited from this learning with their own children and families, will help you be the best for your children, whether you are living together or apart. Both parents need to attend and the group will help you to work together for your children. This course includes:

- Looking after yourselves as parents
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience
- Work together as a team to support your children

For more information please contact Claire Gager at Southwark Family Early Help Parenting Team;

07547 659 646

Claire.gager@southwark.gov.uk

"It's been such a beneficial course for both of us, not just as parents but as individuals"

EPEC Being a Parent:

For parents of children aged 2 – 11 years

This 9 week course helps parents learn practical skills for everyday life

- Looking after yourself as a parent
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience

<p>Tuesdays 10am-12pm At 1st Place Children's Centre, 12 Chumleigh St, London SE5 0RN (Burgess Park) (Starting 3rd October 2023)</p>	<p>Wednesdays 10am-12pm At Crawford Children & Family Centre, 5 Crawford Rd, London SE5 9NF (Starting 4th October 2023)</p>
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For more information, please contact

Claire Gager at Southwark Family Early Help Parenting Team;

07547 659 646 Claire.gager@southwark.gov.uk

"I found the EPEC parenting course amazing. I learnt new things and I feel more relaxed when I come to a challenge with my child."



STREETS FOR PEOPLE

LONDON BOROUGH OF SOUTHWARK

FREE

Family Cycle Sessions for all abilities

1 July – 29 October
weekdays and weekends

Please visit www.joyriders.org.uk

Please click on the link here to book:

<https://www.eventbrite.co.uk/o/joyriders-britain-42543996813>

What Parents & Carers Need to Know about THE DANGERS OF VAPING

Data collected for ASH (Action on Smoking and Health) shows an increase in 11 to 17-year-olds experimenting with vaping: from 7.7% in 2022 to 11.6% in 2023. It's concerning that these age-restricted products are getting into the hands of under 18s as most contain nicotine, which can be detrimental to brain development and cause long-term addiction. Some schools have reported students having their focus in lessons affected by nicotine cravings; vaping in school toilets; and even trying vapes found in their local park. Raising awareness of the risks among young people could help to prevent these problems from escalating and reduce the number of young vapers.

WHAT ARE THE RISKS?

NICOTINE ADDICTION

Since they were initially developed to help people stop smoking, the vast majority of vape liquids contain nicotine. Not only is this a highly addictive stimulant, but it can also have detrimental effects on brain development in the under-25s. Nicotine can decrease the ability to pay attention, weaken impulse control, affect mood and increase the likelihood of substance addiction as an adult.

WHAT IS VAPING?

Vapes contain a liquid (vape juice/e-liquid) that is heated by a battery and evaporates, creating a chemical vapour which the user inhales. They can be disposable (once the liquid or battery runs out, the vape is thrown away) or rechargeable (the user replaces the liquid and recharges the battery on demand). Most vape liquids contain nicotine and other chemicals.

LACK OF AWARENESS

A proportion of young people tend to view vapes as harmless, mainly because of the products' appearance and the perception (often strengthened on social media) that "vaping is cool" and on trend. In many instances, young people don't fully appreciate the concept of addiction: that is, they aren't adequately aware of the risk of becoming hooked on nicotine before trying a vape.

POTENTIAL TOXICITY

Many vape liquids have been found to contain 'heavy' metals such as lead, tin, nickel and (in some cases) mercury – all of which are toxic. These metals often take the form of tiny shards inside a device's liquid tank, which are then inhaled into the body. Some media reports have suggested these metals are particularly prevalent in illegally imported vapes which don't comply with UK regulations.

UNCLEAR LONG-TERM CONSEQUENCES

The liquids in vapes also contain solvents, which can create carcinogens at the point of evaporation. Vapes were only introduced into the UK in 2005 – and, because of the relatively short timeframe involved, there is insufficient medical evidence to assess the long-term harms that regular inhalation of these chemical fluids might have on the human body.

ATTRACTIVE PACKAGING

The packaging of many disposable vapes is very appealing to young people, frequently echoing the colours and flavours of the sweets or fizzy drinks they're used to buying. There's a relative lack of regulation around vape marketing, and vaping is often depicted positively on social media – which can lead young people to develop favourable views of vaping and overlook the possible harms.

ENVIRONMENTAL EFFECTS

In the UK alone, around 1.3 million disposable vapes go to landfill every week. Due to such significant numbers of these products not being recycled, their components – a lithium battery and a chemical liquid – pose a toxic risk to the environment, the ecosystem and wildlife. Vapes are also predominantly made of plastic and metal; materials that, of course, do not naturally decompose.

WIDER HEALTH CONCERNS

Studies are already showing a link between vaping and oral health problems such as tooth decay and gum disease. This is because vaping reduces the amount of saliva in the mouth, while increasing bacteria – resulting in bad breath and a build-up of plaque. There are also concerns that, in some users, vaping could lead to the development of asthma, a persistent cough and breathing difficulties.

UNREGULATED VAPING PRODUCTS

The number of retailers willing to sell vapes to under-18s is a worry, as the chance of these products being unregulated (and therefore containing illegal chemicals and higher levels of nicotine) is high. A related concern is that the mechanisms inside unregulated products are unlikely to have been tested and safety checked – presenting a possible fire risk if the liquid and battery come into contact.

SCARCE INFORMATION

The lack of information about the ingredients and potentially harmful chemicals in a vape is troubling. Some vape fluids (unregulated in the UK) contain traces of nuts, which can cause an allergic reaction or anaphylactic shock. To date, medical warnings aren't required on vape packaging – with only medical disclaimers being found on the websites of the various brands.

VAGUE INGREDIENTS LISTS

Early research has suggested that the chemicals used to produce some strawberry and banana flavour e-liquids can kill cells in the blood vessels and heart. These ingredients aren't identified on the packaging, instead falling under the umbrella term 'natural and artificial flavourings'. Such vague listings mean that consumers aren't aware of the liquid's content so can't identify potential risks.

Meet Our Expert

Run by the Cambridgeshire and Peterborough Healthy Schools Service (commissioned by Cambridgeshire County Council and Peterborough City Council), Catch Your Breath is a school-based project aimed at young people. Its goal is to embed a proactive, coordinated approach among both primary and secondary schools in discouraging smoking and vaping behaviours.



HEALTHY SCHOOLS
CAMBRIDGESHIRE & PETERBOROUGH

The National College

Source: <https://www.bbc.co.uk/news/health-65909924>



www.thenationalcollege.co.uk



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