







Find us at: www.thebridgesfederation.org.uk

Newsletter 3rd May 2024

Dear Parents and Carers,

THE BRIDGES Federation

Well done to all the children who earned a green wristband for 100% attendance and punctuality for Spring 2 and the three families who were drawn from the attendance hamper raffle for 98% attendance and above. Children are working for a blue wristband for summer 1. Thank you for supporting your children to come to school every day ontime. Every moment in school counts and days missed add up quickly. You can check your child's attendance on the scholarpack app. If you need support with your child's attendance please speak to a member of the Leadership Team on the gate.

Our year 6 classes continue to work extremely hard as they prepare for their SATs which begin on Monday 13th May until Thursday 16th May.

Please take a look at the dates for your diary box for events happening during this half term.

We hope you are looking forward to the long weekend, we return to school on Tuesday 7th May, gates open at 8:45am

Squirrels

The 20th Bermondsey Scout Group are looking for volunteers to start up the Squirrels group which is the Scout section for 4 and 5 year olds.

https://join.southsoutheastlondonscouts.org.uk/m ap/20th-bermondsey-scout-group

If you think you might be able to support or have any questions please email: info@20thbermondsey.com Dates For Your Diary

Tower Bridge

Monday 13th May - Year 6 Test Week Friday 24th May - INSET DAY school closed Monday 27th May- Friday 31st May- HALF TERM WEEK Friday 12th July - Summer Fair Wednesday 24th July - Break up at 1pm

Robert Browning

Tues 7th May - Year 5 Reading Cafe 9am, Weds 8th May - Year 3 Reading Cafe 9am, Thurs 9th May - Year 4 Reading Cafe 9am, Fri 10th May - Year 1 Reading Cafe 9am Monday 13th May - Year 6 Test Week Mon 20th May-Year 6 9am & Rainbow 3pm -Reading Cafe,

Tues 21st May - Year 2 Reading Cafe 9am, Weds 22nd May- EYFS Reading Cafe 9am, Friday 24th May - INSET DAY school closed Monday 27th May- Friday 31st May- HALF TERM WEEK Wednesday 24th July- Break up

Snowsfields

Mon 13th May to Thurs 16th May-Year 6 Test Week Wednesday 22nd May - EYFS Fundraiser Friday 24th May - INSET Day school closed Monday 27th May - Friday 31st May- HALF TERM WEEK Tuesday 11th June - NEST Parents' Workshop 24th - 28th June - Health Week 24th July - Break up at 1pm

Term Dates for 2023-2024 and 2024-2025 are on the Federation website

<u>Term Dates – The Bridges Federation</u> Please note there has been a change to our term dates for 2024-25. See our website for details. <u>Term time holidays will not be authorised.</u>

Other important dates for this year can also be found on the school website here: <u>Diary – The Bridges Federation</u>



Well done to these children in Blue class who wrote stories for a writing competition. They found out this week that their writing will be published!





Some of our students took part in the LPESSN SEND Festival of Sport this week. Thank you so much to Robert Browning Primary School and their Sports Leaders for being smashing hosts and making us feel so welcome!

resilience and responsibility encouraged

[value of the week] T O W E R B **R** I D G E



Monday 6th May - Bank Holiday - school closed Monday 13th - Thursday 16th May - Year 6 SATs Week Friday 25th May - INSET Day school closed Friday 28th June - Sports Day Y1 - Y6 Friday 12th July - Summer Fair





Thank you so much to the parents who were able to attend the reading cafes in Green and Purple class this week!



DRAWING

SUDI















AT TOWER BRIDGE

MSIBIA





Robert Browning Primary School





Red Class enjoyed a walk around Faraday Gardens to identify flowers and leaves!



Orange Class created these wonderful skyline pictures, inspired by Sonia Boyce



Yellow Class have been busy planting seeds. Over the next few weeks they will observe the changes that take place.



Butterfly Class are looking after some caterpillars- they cannot wait to see them turn into butterflies.



Rainbow Class have been learning about saving the planet and have been clearing some litter in the playground!

Check next week's newsletter for photos from the SEND festival of sport, our intra-school athletics competition and the mini marathon in school! Thank you to everyone who supported the Year 3 fundraiser by donating or buying cakes!



Stay and Read sessions!

Come at 9am (or 3pm- see below) for a short 'Stay and Read' session with your child. (see below for dates and an exception!)



Tues 7th May - Year 5 -9am Weds 8th May- Year 3-9am Thurs 9th May- Year 4-9am Fri 10th May- Year 1-9am Mon 20th - Rainbow- at 3pm Mon 20th - Y6-9am Tues 21st May- Year 2-9am Weds 22nd May - EYFS-9am



snowsfields Primary School

Thanks to all the parents who supported the KS1 fundraiser! The fairy cakes were scrumptious!

topper and

The children in Green class love reading to their buddies in Year 1.

IL OF STREET

& LEADER

The children had a great day at the Sport t Festival which took place at Robert (Browning School.

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Our family garden session was a success! Many families enjoyed their time in the garden. If you would like to join us, the next session is on June 1st. It's Pizza timel Orange class had a fun morning at Pizza Express. The Pizzas were delicious

> Children from Rainbow had a great time during their bike workshop!



	Absence	Lates	Total
Year 1	2	4	275
Year 2	11	11	50
Year 3	7 ½	10	200
Year 4	12	15	0
Year 5	10	4	150
Year 6	8	4	200



Overall whole school attendance for week beginning 22/4/2024: 93.4%

1st Place Attendance: Year 1 1st Place Punctuality: Year 1, Year 5 and Year 6



Overall whole school attendance for week beginning: 22/4/2024: 96.09%

> 1st Place Attendance: Y3 1st Place Punctuality: Y1

	Absence	Lates	Total
Year 1	16	9	93.85%
Year 2	10	14	96.67%
Year 3	4	17	98.40%
Year 4	12	12	96.00%
Year 5	8	17	97.33%
Year 6	16	10	94.29%



	Absence	Lates	Total
Year 1	15	7	50
Year 2	23	1	225
Year 3	25	6	0
Year 4	17	6	50
Year 5	14	4	175
Year 6	17	2	175

Overall whole school attendance for week beginning: 22/4/2024: 92.88%

1st Place Attendance: Y5 1st Place Punctuality: Y2



ParentLine Number

We are here during school holidays too! The ParentLine number is a text number only. It cannot receive phone calls. This number is confidential and is for use by parents and carers of children and young people in Lambeth and Southwark.

A text message service is also available for young people, find out more about ChatHealth.

About ParentLine

ParentLine and ChatHealth are supported by the Children and Young People's Health Partnership which brings together organisations and families in Lambeth and Southwark to improve everyday healthcare for local children and young people.

Confidentiality

We might inform someone if we are concerned about the safety of you, your child or someone else but we would usually speak to you first. Your messages are stored and can be seen by other healthcare staff who follow the same confidentiality rules.

We aim to reply to you within one working day and you should get an immediate message back to confirm we have received your text. Texts will only be seen between 9am and 5pm Monday to Friday (excluding bank holidays). If you need help before you hear back from us, contact your GP, nearest walk-in centre or dial 111. If it is an emergency call 999 or go to the emergency department (A&E).

Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (which does not include messages sent from landlines, international mobile numbers and some 'number masking' mobile apps). To prevent the health professional from sending messages to you, text STOP to our number.

Messages are charged at your usual rates.



MARLBOROUGH SPORTS GARDEN Summer Half-Term Camp



VENUE

Marlborough Sports Garden

Union Street, SE1 1SD

ADROUGH A

Join us at Marlborough Sports Garden for a week of action-packed fun. With 5-a-side football, beach volleyball, table tennis, netball, boxing, basketball, mini athletics, tennis and much more, our multisport holiday camps are the perfect way to keep children aged 4-11 active all Summer Half Term!

DATES (9am-3pm)

COST

- Tuesday 28th May to Friday 31st May
- £20 per day per child
- £60 for the full camp (4 days)

Funded places are available, kindly supported by Riverside and Mount Anvil. These places are allocated via local schools.



Mount Anvil, better London living



SCAN TO BOOK

bit.ly/spring-half-term www.bost.org.uk Registered Charity No: 1085454





FREE COACHING!

Girls' FOOTBALL

FROM 16 APRIL TO 16 JULY

Are you a Lioness ready to roar?

Join our FREE afterschool girls' football sessions with **Girls United** - dedicated to empowering players through football skills sessions, fun matches and making new friends.

Time and dates:

Tuesdays: 3:45pm-5:15pm



Scan to register, or visit www.bost.org.uk/ afterschoolsports

S 020 7403 3393 (www.bost.org.uk (Marlborough Sports Garden 11 - 25 Union St, London SE1 1SD

How c	an you l	help you	rseif?
The BLUE zone	The GREEN zone	The YELLOW zone	The RED zone
ZZZ How might you feel? sad tired bored moving slowly	How might you feel? happy okay focussed ready to learn	How might you feel? How might you feel? nervous confused silly not ready to learn	How might you feel? Angry frustrated scared out of control
What might help you? Talk to someone Stretch Take a brain break Stand Take a walk Close my eyes	What might help you? The goal of this exercise is to get to the GREEN zone. What can you do to be happy, calm and ready to learn?	What might help you? Talk to someone Count to 20 Take deep breaths Squeeze something Draw a picture Take a brain break	What might help you? Stop what I'm doing Make sensible choices Take deep breaths Ask for a break Find a safe space Ask for help
[Wh	at 7 and		
Blue	al Zone	Are You Vellow	In? 💱

HELPING YOUR CHILD MANAGE THEIR FEARS AND WORRIES

MAY-JUNE 2024

5 WEEK ONLINE GROUP FOR PARENTS/CARERS AIMED AT HELPING YOU SUPPORT YOUR CHILD IN OVERCOMING ANXIETY WHILST DEVELOPING THEIR INDEPENDENCE AND BRAVE BEHAVIOURS.

THIS COURSE IS BASED ON COT EVIDENCE-BASED GUIDED SELF-HELP TECHNIQUES.

TUESDAY 1-2PM

TTH MAY, 14TH MAY, 21ST MAY, 4TH JUNE, 11TH JUNE

TO SIGN UP. PLEASE CONTACT ROSA OR REBECCA :

ROSA.KORNFEIN@GROUNDWORK.ORG.UK 07999 402 360

REBECCA.SKINNER@GROUNDWORK.ORG.UK 07872 400882



CHANGING PLACES

Parent / Carer Workshops Online

Thursdays 1pm - 2pm



Parent / Carer Workshops at The Nest Thursdays 6pm - 7:30pm

MARCH APRIL MAY 18 Talking to Dealing with Online Safety & Teens Difference Social Media JUNE SEPTEMBER JULY 12 Transitions to Sleep Hygiene Secondary CBT & Anxiety for Teens school NOVEMBER OCTOBER For more information, please contact rebecca.skinner@ groundwork.org.uk CBT & Low Mood or rosa kornfein@ Self Esteem groundwork.org.uk The Nest, Unit 4, Co-Operative House, Rye Lane, London SEI5 4UP

Run by Southwark MHST - Groundwork London









Join jus for a play session where you and your little ones can meet other children and male carers.

Upcoming dates:

April 6th 20th May 11th 18th June 1st 15th 29th July 13th 27th

1st Place Family Hub 12 Chumleigh St, SE5 ORN

Download our full timetable

www.1stplace.uk.com







Online - Empowering Parents Empowering Communities - Being a Parent Together Parenting Programme (EPEC-BAPT)

Both parents must attend this programme. This programme is specifically designed for parents where there are issues relating to conflict in the home or disagreements around parenting styles. The parents that attend this group do not have to reside in the same home, but need to both commit to attending each weekly session.

For both parents of children aged 2 to 11yrs

10 Weekly sessions

Start date: Monday 13th May 2024

Venue: Online Time: 10:00am - 12:00pm

For more information, please contact Ben Campbell on (T) 07738 860 768 or (E) ben.campbell@southwark.gov.uk or earlyhelp@southwark.gov.uk

Incredible Years Autism Support programme

To support parents and carers to interact with their children in ways that promote their language skills, school readiness, emotional self-regulation, social skills, empathy and positive relationships. The course will enhance their parenting confidence and understanding of their children's development

This is a 14-week programme for parents with children 2-5 years who either have or awaiting an Autism diagnosis.

Start Date: May 2024. There are limited crèche facilities available on request.

10:00am - 12:00noon

Venue;- Rye Oak Children's Centre- Whorlton Rd, London SE15 3PD

Facilitator: Sue Spencer

For more information, please contact Sue Spencer on: (T) 020 3848 5780 ext 2006 or 07932622572 or (E) sspencer@ivydale.southwark.sch.uk or earlyhelp@southwark.gov.uk

Autism Support

A range of support services are offered for children who have been diagnosed with autism. Names are being taken for Cygnet (5-18) and Next Steps (Under 5s) parenting courses.

Contact: AutismSupportTeam@southwark.gov.uk directly with the family details to put their names down.

Wellbeing for All

Looking after your mental and physical wellbeing and that of your family is really important. Here are some links and resources that you may find useful.







Stop.Breathe.Think gives eligible young people aged 8-21 access to free 1-1 counselling sessions. No wait times and available nationally, we provide vital support to those who need it right now.



https://maudsleycharity.org/familiesunderpressure/

Welcome to Southwark Leisure.

Swimming, gym, fitness classes and more in your local leisure centre run by Southwark Council.

Get active with Southwark Leisure! https://southwarkleisure.co.uk/

You can get free swim and gym including free swimming lessons at certain times at Southwark leisure centres <u>https://www.southwark.gov.uk/leisure-and-sport/free-swim-and-gym</u>

Southwark Parenting Circle: Unite, Support, Thrive. Bringing together parents of Southwark to support each other. Strengthening Families Programme - offers families a safe space to strengthen bonds.

<u>https://thenestsouthwark.or</u> <u>g.uk/for-parent-carers/</u>



the hub project

A warm and welcoming space to relax with free tea, activities and wi-fi; all day every Wednesday <u>https://www.thebridgeuk.org/hub</u>

Good Thinking is a free digital resource that supports Londoners looking for help with stress, sleep, anxiety and low mood

https://www.good-thinking.uk/





Good to Grow! Tuesday After School Family Fun

from 30th April - 21st May 3.45 till 5pm at the Centre for Wildlife Gardening, 28 Marsden Road, SE15 4EE



Have fun growing plants for yourself and for wildlife. Composting, sowing seeds, making plant food, exploring our wildlife garden and discovering plants and animals on this 4 week after school course for families living in Southwark. One adult may bring up to 3 children.

Aimed at primary school aged children but you are welcome to bring your little ones or older ones too. To book visit www.wildlondon.org.uk/events

London Wildlife Trust Protecting London's wildlife for the future To find out more about the London Wildlife Trust and for other events visit **www.wildlondon.org.uk** Or email dwallace@wildlondon.org.uk





Parents of 11-18 year olds

Strengthening families, strengthening communities

Parents of 11-18 year olds

Programme Details

Location: Get Rid of and Donate CIC, Green Space Works Studio 1 LJ Works, 7 Gastineau Yard, London SW9 7FA

Date: Every Tuesday, from 16th April 2024 to 17th July 2024

Time: 6pm -9pm

Facilities: Evening meal provided and some help with childcare available (speak to Joy)

Contact: Joy Ohen 07701048479

Sign up at https://bit.ly/SFSCLambeth



Scan here to book a place "I found it very supportive being part of a group and sharing ideas with other parents."







Help for parents/carers of children with behaviour problems



Is your child aged between 4-9 years old?

Have you tried parenting groups, but not found them helpful? OR decided they were not right for you?

We are a leading NHS team offering a personalised alternative



FIND OUT MORE





A space for families to meet an artist and get drawing!

With artists Anna Paterson, Dunya Kalantery, Habiba Nabisubi, Olivia Twist and Rhys Coren.

5th November, 3rd December, 14th January, 4th February, 3rd March, 7th April, 5th May, 2nd June, 7th July, 4th August

Drawing Room, New Tannery Way, Bermondsey London, SEI 5WS. Enter from Grange Road

Bus Routes: I, 78, CIO, 42 Stations: Bermondsey, London Bridge 07438 277 020 genevieve@drawingroam.org.uk www.drawingroam.org.uk @drawingroam_idn/ Supported by Enclands Foundation Drop-in 10.30–3.00pm All Free! All Welcome!

DRAWING ROOM



CISSO

Do you love sewing? We needle you!

We're looking for the next bunch of talented home sewers to showcase their creativity and technical skills on the new series of BBC 1's The Great British Sewing Bee!

If you or someone you know is a brilliant amateur sewer then apply now!



2012

applyforsewingbee.co.uk

Applications close Wed 15th May 2024

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Can Learn from the OFCOM MEDIA REPORT 2024

Each year, Ofcom - the UK's regulatory body for communications - produces an overview of children and parents' media experiences over the course of the previous year. At the time of writing, the latest of these reports, 'Children and parents: media use and attitudes 2024' has just been published, and we've plucked out some of its most thought-provoking findings regarding online safety.

