

As is usual at this point in the year, our attention shifts towards transition planning for children moving from nursery to reception as well as all children moving up into a new academic year or on to Secondary School. We encourage this to be a collaborative conversation between all those supporting the child.

Whether it be to create more predictability, reduce anxiety, prepare for a change in activity, setting, or in a schedule, it is important to support and give tools to autistic learners ahead of any change.

Changing classroom, changing school is a very big event and needs adequate preparation to be successful.

Links for information

From the **National Autistic Society**, transition tips on changing year group and changing school:

<https://www.autism.org.uk/advice-and-guidance/topics/transitions/transition-tips/teachers>

From the **Autism Education Trust**, here is an information tool on how to support autistic learners during transition:

<https://www.autismeducationtrust.org.uk/sites/default/files/2021-11/Supporting-learners-with-autism-during-transition.pdf>

Transition Supports

Visual calendars can be used to support children knowing when they will be in school. Here is an editable calendar for [July](#), [August](#), [September](#).

[Here](#) are instructions and symbols for the calendar and [here](#) is a guide for parents

A one page profile is a simple summary of what is important to a child and how best to support them, it allows information to be shared quickly.

A template and guide for Early Years [here](#)

A template and guide for KS1 & 2 [here](#)

A parent information gathering sheet is [here](#).

Booklet to complete with child to support in year transitions [here](#)

Secondary Transition [Guide](#) and [workbook](#)

For Parents

- Practice your journey to school (make a map, take pictures along the way).
- Look at pictures/school website to familiarise the child with the new school setting.
- Meet up with/video chat with friends from school.
- Make a list of things they are looking forward to at school.
- Write a letter/draw a picture to share with your child's teacher.
- Take some photos of your child with favourite things to show the teacher.
- Practice putting on school uniform.

Transition Checklist for parents and schools to complete together, can be found [here](#)