Robert Browning, Snowsfields and Tower Bridge Primary Schools We learn and succeed together











@robertbrowning.bsky.social @towerbridgeschool.bsky.social @snsprimary.bsky.social Find us at: www.thebridgesfederation.org.uk

Newsletter 7th February 2025

Dear Parents and Carers,

Please check your schools 'dates for your diary' box for upcoming events.

During Wellbeing Week next week the children will be learning about sleep hygiene, online safety they will bring home their AUPs (acceptable online use at home and school) and they will take part in the NSPCC 'Speak out. Stay safe.' programme. Please see page 2 and page 3 of the newsletter for additional information and resources for parents.

Please take a look at the resources available for parents and carers at the UK Safer Internet Centre to help you to keep your child safe online: Parents and Carers - UK Safer Internet Centre

To order branded school uniform from the 11th February please make sure you use the new links on our school website or follow the instructions on the flyer on page 11. Price and Buckland have a new website. Remember you don't have to buy branded items, just make sure your child is wearing the correct colour for your school: Uniform - The Bridges Federation

Thank you to our year three classes for wonderful assemblies which included: narrating, acting and singing. Thank you to our year three staff teams and to you parents for supporting your children by attending the assembly.

Have a lovely weekend, the gates open at 8:45am, many children are still arriving to school after 9am which disrupts their learning. Please support your child to arrive at school on time every day.

<u>Parent and Pupil Review Meetings</u> (<u>Guardian Consultations</u>)

On Monday 3rd February at 9.30am, bookings will be open on the Arbor App for you to choose your pupil review meeting time for each child attending the school. You will need to make sure:

- you book a different time for each child attending the school
- you ensure you have enough time to walk to each classroom

Guardian Consultation bookings can only be made via the Arbor app, and will be available to book from 9.30am on Monday 3rd February until Thursday 20th February at 3.30pm. Parent and Pupil Review day is on Wednesday 5th March.



Dates For Your Diary



Tower Bridge

DON'T FORGET TO BOOK YOUR PUPIL REVIEW MEETING ON ARBOR BY 20/2/25 3.30pm

10th - 14th February - Wellbeing Week including Safer Internet Day on 11th February

Wednesday 12th February - NSPCC Fundraiser - £1 donation to wear green

Friday 14th February- Break up for Half Term 17th - 21st February - Half Term Week Wednesday 5th March- Parent and Pupil Review Meetings

Robert Browning

DON'T FORGET TO BOOK YOUR PUPIL REVIEW MEETING ON ARBOR BY 20/2/25 3.30pm

10th - 14th February - Wellbeing Week including Safer Internet Day on 11th February
Thursday 13th February- Year 2 Fundraiser

Friday 14th February- NSPCC Fundraiser
Friday 14th February- Break up for Half Term
February 17th- 121st - Half Term Week

Wednesday 5th March- Parent and Pupil Review Meetings- school closed

Snowsfields

DON'T FORGET TO BOOK YOUR PUPIL REVIEW MEETING ON ARBOR BY 20/2/25 3.30pm

Monday 10th February NSPCC Day: £1 donation, wear green, bake sale at 3:30pm

Tuesday 11th February Safer Internet Day Friday 14th February- Break up for Half Term February 17th- 21st - Half Term Week Wednesday 5th March - Parent and Pupil Review

Meetings

Term Dates 2024-2025 are on the Federation website

<u>Term Dates – The Bridges Federation</u>

Term time holidays will not be authorised.

Other important dates for this year can also be found on the school website here:

Diary - The Bridges Federation



NSPCC's Speak out. Stay safe. programme

We are participating in the **NSPCC's Speak out. Stay safe. Programme** this term. *Speak out. Stay safe.* is a programme for children aged 5-11 which aims to help children understand abuse in all its forms and to recognise the signs of abuse. Children are taught to speak out if they are worried, either to a safe adult or Childline.

This child friendly programme is aligned with the curriculum and consists of age appropriate virtual assemblies and supporting classroom based activities which we have reviewed. The content is delivered in an engaging and interactive way with the help of the NSPCC mascot Buddy.

Parents and carers are asked to let school know if their child may have experienced anything (in the past or happening now) which may mean they need extra support before, during or after taking part in this programme.

If you would like to know more about the *Speak out. Stay safe.* programme visit www.nspcc.org.uk/speakout.

Feedback survey for pupils aged 7-11

The NSPCC would like to gather feedback from pupils aged between 7-11 about the *Speak out. Stay safe.* programme to gauge their learning.

Additional NSPCC resources for families to help keep children safe

The NSPCC have shared some important information below on wider NSPCC resources and support to help keep children safe.

We hope you find this information about the NSPCC and the *Speak out. Stay safe.* programme helpful.

Parent/Carer support

Take a look at information, support, advice and activities from NSPCC for parent and carers.

www.nspcc.org.uk/parents

Activities to extend learning at home

Take part in games and activities at home to help children learn about speaking out and staying safe.

www.nspcc.org.uk/activities

Online Safety Hub

For information on a range of different online safety topics including gaming, social media, sharing images, parental controls and more.

www.nspcc.org.uk/onlinesafety

Childline – under 12's

Childline have an accessible website with advice, support, games and activities. Children can change the language, enlarge text and also listen to the content.

www.childline.org.uk/buddy (5-7) www.childline.org.uk/kids (7-11)

Talk PANTS with your children

Talk PANTS is a simple conversation to help keep children safe from sexual abuse. From P through to S, each letter of PANTS provides simple but important messages. Download the free resources at www.nspcc.org.uk/pants.

The Sleep Factor

Research shows that only 42% of young people are getting 8.5 hours of sleep on a school night, in addition to this there is also a worrying decline in young people's happiness. There is ongoing research into the relationship between mental health and sleep, highlighting that quality sleep is crucial for good mental health.



Did you know, 5-11 year olds need 10-11 hours of sleep per night?

Sleep Advice

Recommendations

- Children of this age need a regular sleep schedule, waking up and going to sleep at the same time every day (including at the weekends). Bedtime for this age group should be before 9pm.
- Routines before bed should include calming activities such as reading and one-to-one time with a parent/carer. The hour before bedtime should avoid screen use (e.g. TV, phones, tablets etc.) or overly energetic activities.
- Children should avoid caffeinated or high-sugar products such as fizzy drinks, tea or coffee and sweets, particularly during the afternoon and evening.

As part of Wellbeing Week, the children have been learning about sleep and it's importance.



NHS advice: www.nhs.uk/every-mind-matters/mental-health-issues/sleep

The Sleep Charity:

www.thesleepcharity.org.uk/informat ion-support/children/relaxationtips/

The Evelina London Children's healthcare:

www.evelinalondon.nhs.uk/ourservices/hospital/sleep-medicinedepartment/how-to-sleep-well-forteenagerS.QSDX

Tower Thank you Yellow Class for an

children.

informative and fantastic assembly this week. Thank you to all the parents and

carers who came to support the

You can follow us on Blue Sky: @towerbridgeschool.bsky.social respect for

[value of the week] TOWER BRIDGE



Arbor

Thank you to all the parents who have booked Pupil Review Meetings so far via the Arbor App. If you haven't booked Guardian Consultations yet, please do so to secure a preferred time slot. Please ensure you:

- you book a different time for each child attending the school
- you ensure you have enough time to walk to each classroom

Guardian Consultations can only be made via the Arbor app, and will be available to book until Thursday 20th February at 3.30pm.









Well done to all the children who answered this half term's STEAM (Science, Technology, Engineering, Art and Maths) Question:

If you could build a house out of any material, what would it be and why?

As you can see, we had lots of creative responses. All children who answered the question will have the chance to win a book in assembly next week.

Next half term, our STEAM question is: 100 years from now, what do you hope has been invented?

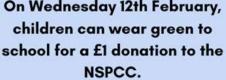
You could spend half term designing your answer and hand it in when we come back to school.

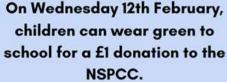












Wellbeing Coffee Morning

Meet the Groundwork Wellbeing Support Team

Supporting the wellbeing of children and families



Tuesday 11th February 09.00 Art Room

Join us for an introduction on who we are and to discuss wellbeing

For more information, contact either:

Vinisha (Whole School Approach Coordinator): vinisha.kurup@groundwork.org.uk

Office:

office@towerbridge.southwark.sch.uk





Robert Browning Primary School



Yellow Class Assembly!

We really enjoyed Year 3's assembly on Tuesday afternoon. They performed a version of Flat Stanley, touring Ancient Egypt.

Thank you to Tessa, Diane and Flore for all your hard work preparing the children and thank you to all the parents who attended!

Wellbeing Week

Next week the children will be taking part in Wellbeing Week. This will include participating in Safer Internet Day and learning about their Mental Health. On Friday they will be raising money for the NSPCC by wearing pyjamas or green clothes and donating £1.



Rainbow Class Learning

Rainbow class have been busy! They have been finding 2d shapes in the playground, learning about different customs associated with Lunar New Year. They have also been playing a turn taking game as part of their reverse integration with children from Year 3 & Year 5





Valentine's Spedal! Thursday 13th February











Our school value this week is: R - Respect For All

Reading Raffle Winners



Reading Raffle Winners

Our core value this week is: Kindness







Times Tables Rock Stars

Our school value this week is: I - Inclusive and Inspirational

Reading Raffle Winners







	% present	Lates	Total
Year 1	91.7%	2	200
Year 2	98.5%	3	375
Year 3	96.5%	3	125
Year 4	96.7%	8	150
Year 5	98.1%	9	200
Year 6	97.6%	1	325



Overall whole school attendance for week beginning 27/1/2025: 96.54%

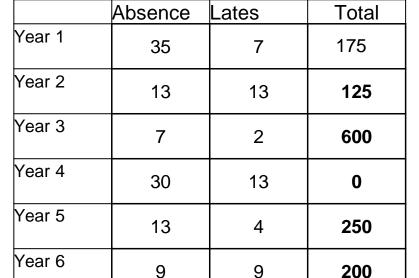
1st Place Attendance: Year 2 1st Place Punctuality: Year 6



Overall whole school attendance for week beginning: 27/1/2025: 94.21%

1st Place Attendance: Y2
1st Place Punctuality: Y1 Y2 and Y5

	Absence	Lates	Total
Year 1	16	4	93.33%
Year 2	8	4	96.67%
Year 3	19	6	93.67%
Year 4	16	6	93.60%
Year 5	10	4	96.43%
Year 6	23	5	92.33%





Overall whole school attendance for week beginning: 27/1/2025:

91.86%

1st Place Attendance: Y3
1st Place Punctuality: Y3

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ATTENDANCE UPDATE

Being in school and having the best attendance possible underpins all the many benefits of school for your child, such as their learning, wellbeing and wider development. We want to work with you to ensure that attendance for pupils at the Bridges Federation is the best it can be.

As a parent, you are legally responsible for making sure your child gets a suitable full time education. This means making sure your child is in school every day except when

- Your child is too ill to go to school.
- You have permission for a leave of absence from your child's school for them not to attend. You should only
 ask for this in exceptional circumstances. Generally, a holiday will not be classed as an exceptional
 circumstance.
- Your religious body has a day especially for religious observance.

If my child needs to be absent from school, what do I need to do?

You should contact us as early as possible (no later than 10am) on the first day of absence to explain why. If you do not, we will contact you to find out where they are.

My child is ill. What should I do?

If your child is ill, read the NHS's 'Is my child too ill for school?' advice to help you decide whether they can go to school. Contact us as soon as possible to let us know that they will be absent.

Do I need to provide medical evidence to support my child's illness related absence?

We may ask for medical evidence when your child is absent due to illness. This may be in cases where:

- Your child is regularly absent due to illness, to assess how we can help by putting support in place.
- We have reason to believe your child was not too ill to attend and a conversation has not resolved the issue.

If you are asked to provide evidence this does not need to be a letter from your doctor or consultant, and doctors will not usually provide such letters. It can, instead, be appointment cards, prescriptions, or notes of previous consultations (including from the NHS App.)

To avoid disruption to your child's attendance, medical and dental appointments should not be booked during the school day whenever reasonably possible.

My child is struggling to attend school. What can I do?

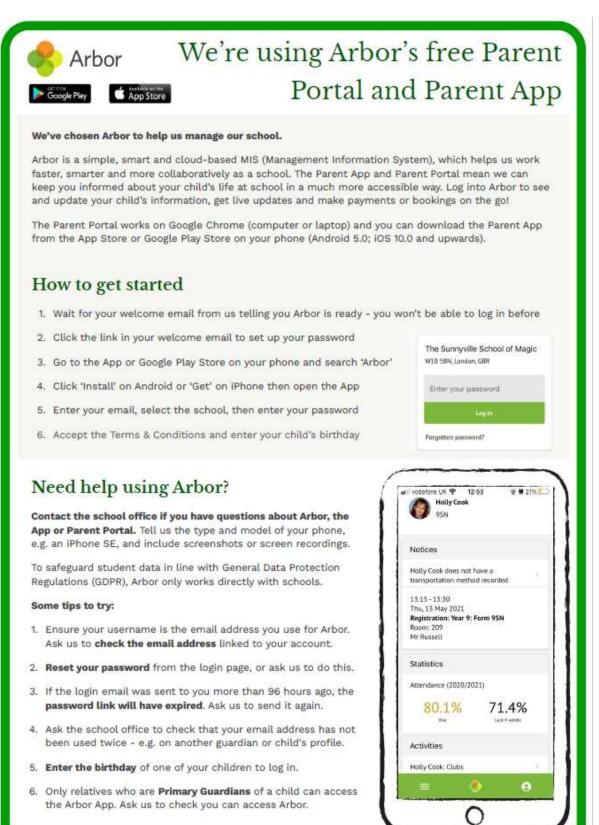
The first step is to talk to us about why your child is missing school, and what help we can give. You should still do everything you can to help your child attend as much as possible whilst waiting for help and support to be put into place. Information on who you can contact for help, including the school's senior leader responsible for attendance, can be found in our attendance policy on the website. We follow the expectations laid out in the DfE guidance 'Working together to improve school attendance.'

https://assets.childrenscommissioner.gov.uk/wpuploads/2024/07/aaa-guide-for-parents-on-school-attendance-19th-Aug-version.pdf

https://thebridgesfederation.org.uk/home/attendance/

On **January 6th 2025** all 3 schools are moving to Arbor. We will no longer be using Scholarpack.

Parents please see below guidance explaining what you need to do. From **January 6th** you will no longer be able to send or receive messages with the school via Scholarpack. If you need any help please contact your child's school.



FATHER'S GROUP



Join a 12-week course to improve your parenting skills.

Whether you are a father, granafather or stepdad, receive advice and figs on topics such as positive enting. Improving relationships and rate madeling. Creche provided.

13 Churchyl Steet Bayers Fort. 325 (86)

BOOK A PLACE

Email: ben.campbell@southwark.gov.uk Phone: 07738 860 768













Free Workshops for Parents and Carers





- You control of or: 020 3404 7499







The Nest - Wellbeing Hub

The Nest operates a drop-in service every Saturday between 10:30 and 14:30. Therapeutic practitioners and support workers can offer 1:1 emotional support, information & advice and signpost you to the appropriate services.

Drop-In Service | The Nest

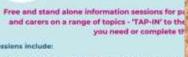












- Digital Safety how to support children to be safe Ages and Stages how to support different developmental stages Parental Wellbeing how to communicate our neer Parenting and Autom Parenting and ADND JOIN N

Beth Gilbey

07394 865 98 bethany.gilbey@ssuthwar EARLYHELP@SOUTHWARI





Air Quality Munituring & Engagement Project for to in Year 6 and above

This project will see air quality sensors placed in Observation and the feathers of English with Jakhton, offering a live require this the air.

es and caudients will garticipate in a specially desapped durn to despeis their anciestanding of air quality's effects on and discovery their anciestanding of air quality's effects on

This initiative habb, or entring air quality effects and positive as a dedicated uniquest and monitoring devices schools in foatening a cleaner, healthier educational a

chood staff and parents can register rainest by filling out the form on this tyl-ade or by constitut



Let's talk PANTS with Pantosaurus! | NSPCC

NSPCC



Privates are private	0
Always remember your body belongs to you	0
No means no	٥
Talk about secrets that upset you	0
Speak up, someone can help	0







Award in Support Work in Schools

Wednesdays 9.30am - 12.30pm rum 26th February to 25th June 2025







Lu



Classes will be on Tuesdays & Thursdays at 10am-12.30pm

25th February - 26th June 2025

plus pnline Conversation Clubs

This course will take place on Zoom. Applicants should live in Southwork

To apply for a place on the course in advance places use this link:

nowakatesia ende est com tim percentana Spaces are Emitted to book soon.

Enjoy FREE access to classes

Sign in or download the Southwark Leisure App and click on the 'free online classes' button

Over 20 adult class programs, Kids Born To Move classes, 2000 plus workouts, plans and challenges. Stream from the web, your mobile and TV

Parent/carer support at Robert Browning

With Anna and Toni



We offer non-judgemental and confidential support for parent/carers of children with anxiety and challenging behaviour

Tea/ coffee Morning



· 21st January - Welcome back! Meet and greet/catch-up

- · 4th February- Managing strong emotions
- · 25th February Calming/relaxation technique
- · 11th March- Understanding anxiety
- · 25th March-Reflection week

For more information please contact: anna.geissmann@groundwork.org.uk









NATIONWIDE CRICKET HUBS



We run a network of cricket Hubs that provide free-to-access training and match play to 6,500 state-educated young cricketers at 164 sites across the UK. The Hubs focus on talent helping promising youngsters who have been engaged through mass participation activities or non-traditional formats to join cricket clubs, develop their hard-ball skills, and access the formal talent pathways. The Hubs also bave a transformational impact off the cricket pitch, helping participants to feel happier and more confident, and improving their focus and performance at school.

https://www.lords.org/mcc/mcc-foundation/mcc-foundation-in-the-uk

What Parents & Educators Need to Know about

WHAT ARE THE RISKS? JusTalk Kids is a child's version of the JusTalk app - a highly popular social networking platform - designed for users up to 13 years of age, allowing them to video call, message and participate in group chats. While adults can link their own JusTalk account to their child's and make use of parental controls, it's important to understand the risks associated with the app.

SUBSCRIPTION FOR PREMIUM ACCESS

RESISTANCE TO CONTROLS

KNOWING THE PARENT

POTENTIAL DATA

TOO MUCH



Advice for Parents & Educators

JUSTIFY THE CONTROLS

If parents allow their child to use Judish Kids, they should explain that they re-putting parental controls in place to make the app saler. Make sure the child knows not to put their hill name on the account and desert use a photo of thermselves as their porfile picture. This type of open discussion will help to aroune that a child is aware of the appropriate inches and knows how to reduce them.

TALK ABOUT ONLINE FRIENDSHIPS

Young children could be excited to use this app. However, highlight that they must do so in a positive, respectful and responsible manner. While It can be easy to get cought up in a group chat, it's important to talk to others politicly and eal out any unpleasant behaviour. Discuss the importance of limiting their confacts to people they know in real life and use parental confacts to enforce this.

Meet Our Expert

Dr Cligire Sutherland is an online safety consultant, edresearcher who has developed and implemented anti-bullying and cyber solety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



DOS AND DON'TS OF SHARING

Some children might not understand the potential dangers of oversharing online is clear guidelines around what is and isn't safe to share on the internet, and sliccuss the concept of a digital footprint. Children need to understand that the things they say and shore colline can rever be completely ensued. Even if they delete is themselves, it can be saved and distributed by others.

ENCOURAGE OPEN COMMUNICATION

Apps like Justait can sametimes tend themselves to bullying behaviours. Parents should monitor what their child is sending and receiving, chieck in with them regularly and encourings them is shore their feelings (buth positive and negative) or home. Remind them that they can black a contact if sameone is treating them disrespectfully.



National College

source, See full reference list on guide page at: https://nationalcollege.com/guides/justain kids





f /www.thenationalcollege



(O) @wake.up.wednesday

